# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) January 11, 1979


## TUITION ASSISTANCE PROGRAM CLARIFIED

The Tuition Assistance Program, designed to encourage eligible full-time employees who have completed six months of service to pursue their own educational and career development, has been modified into a more clearly defined procedure utilizing a revised three-part application form.

The program allows an employee to receive tuition and laboratory fee reimbursements of up to $500 per semester, but not exceeding $1,500 in any academic year.

As the program is now defined, an employee may take courses at any accredited institution or technical school approved under government education and training guidelines or, on occasion, a noncredit course sponsored by a professional association or accredited institution if it meets criteria identified in the new description of the policy and procedure.

Course work must be directly job-related or directly related to another position in the hospital which the employee can realistically be considered for. Basic education towards completion of a high school diploma is also covered.

In order to receive tuition reimbursement, an employee must remain on the hospital's active payroll during the period of the course work. The employee must also indicate an intention to continue employment at the hospital for a minimum of six months following completion of the course.

If an employee wishes to apply for tuition aid, he or she should complete the Tuition Assistance Application form available at

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EDUCATION & TRAINING OFFICE MOVES...Page 2

## PURCHASING PERSPECTIVE

Two important changes have recently been made in the MGH requisition forms.

First, the Special Purchase and the Special Fund Purchase requisitions now have shaded areas which indicate blocks to be completed only by Purchasing. All other known information should be filled in by the requester in the appropriate blocks.

Second, the Special Purchase requisition, Form #10797, used only for Cost Center purchases, is now a two-part carbonless NCR form. This is to provide you with a duplicate copy of your requisition without having to place a carbon paper between two sheets of the old form. The first copy (white) is for Purchasing's records. The second copy (canary) is for the requesting department's records which should be kept by the department. This form is now available at the Upper Store.

Keeping the canary copy of the new Special Purchase requisition, Form #10797, and the pink copy of the current three part Special Fund Purchase requisition, Form #10796, will enable Purchasing to, in the event of a problem, trace your requisition faster until the department's copy of the purchase order is received.

Since all requisition forms are now carbonless NCR forms, it is important to use the correct requisition form. Incorrect selection will cost the hospital more money.

## GENERAL STORE OPEN ON SATURDAYS

The General Store, located on Gray 1, is now open on Saturdays from 1 to 4 p.m. The store is now also accepting Master Charge, VISA, and personal checks with proper identification.

TUITION AID (continued from page 1)

the Tuition Assistance Office, part of the Education and Planning Office now located on Bulfinch 2 (see related story and map). The application should then be signed by the supervisor or department head and returned to the Tuition Assistance Office prior to registration of the course.

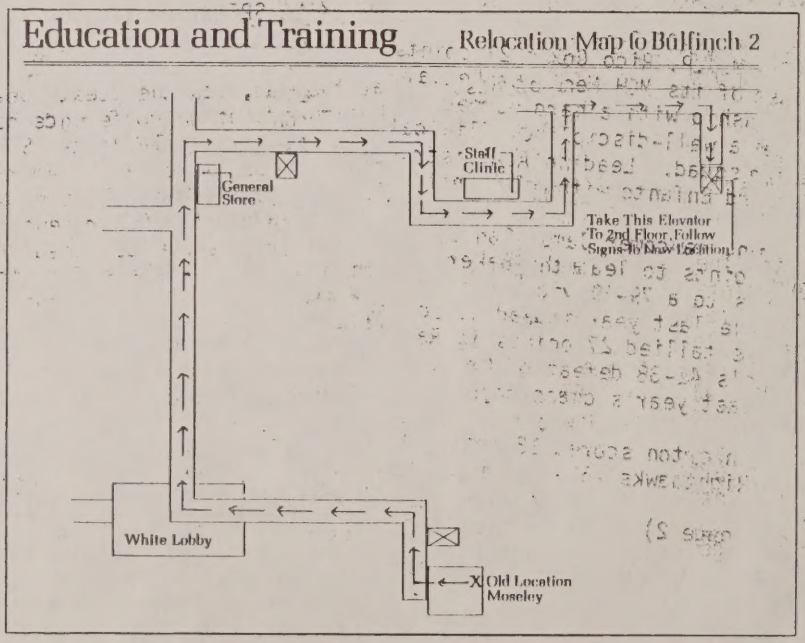
Upon successfully completing the course, the employee should fill in the Request for Tuition Reimbursement portion of the assistance application. A grade report or official document of satisfactory completion of the course plus an official itemized receipt from the school or university should be included. This material should be submitted to the Tuition Assistance Office within 60 days of the course's end.

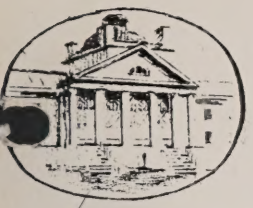
Reimbursement is made through a special refund check distributed through the payroll department. The check is not subject to normal payroll taxes. A Statement of Miscellaneous Income will be given to the employee at year's end for use in federal and state income tax reports. In many instances an employee may be able to deduct this amount as nontaxable income under IRS guidelines for educational expense deductions.

For further information on this program, employees are invited to contact the Tuition Assistance Office, Ext. 2230.

## EDUCATION AND TRAINING OFFICE MOVES

The Education and Training Office, which handles the Tuition Assistance Program and maintains a library of educational and health career information for MGH employees, has moved from the Moseley Rotunda to the East Wing of Bulfinch 2. For directions, note the signs posted throughout the hospital or consult the map below.


Education and Training
Relocation Map to Bulfinch 2
Staff Clinic
General Store
Take This Elevator To 2nd Floor, Follow Signs To New Location
White Lobby
Old Location Moseley



# The MGH Hot Line

BOSTON, MASSACHUSETTS

NEWS OFFICE, BIGELOW 12 (2206) January 17, 1979

*Hoop Roundup*

WOMEN'S LEAGUE DEBUTS...

In the inaugural game of the MGH Women's Basketball League, Susan Robinson and Nancy Schaeffer led the well-balanced Softball Team to a 41-25 win over a stubborn Runners squad. The Runners were paced by Valerie Spicer's 13 points and strong all-around play from Linda Jackson. The second game, pitting Radiation Medicine against Radiology, was postponed due to a scheduling conflict.

In this week's action, the Runners will meet the Radiology Rayettes in the first game with the Softball Team taking on Radiation Medicine in the second half of the twin bill.

...AS WHITE KITCHEN CONTINUES OLD WAYS

The White Kitchen Warriors, paced by last year's Playoff M.V.P. Rico Cox's 21 points, opened defense of its MGH Men's Basketball League Championship with a hard-earned 45-40 win over a well-disciplined Clinical Administration squad. Leading Administration was Richard Enfanto with 18 points.

In other action, newcomer James Sanders poured in 38 points to lead the Baker Kitchen Warhogs to a 79-39 victory over Psychiatry while last year's leading scorer Peter Manimonis tallied 27 points in Radiation Medicine's 41-38 defeat of Ortho-E.W., finalists in last year's championship series.

Also, Henry Pinkerton scored 18 points in the Security Nighthawks' 51-28 win over

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LEVY, WILKINSON HEADLINE CHAPEL CONCERT

The duo of Amonon Levy, violinist for the Boston Symphony Orchestra, and Alice Wilkinson, pianist and member of the faculty at the Longy School of Music in Cambridge, will be the featured performers in the Chapel Concert program to be held at 3 p.m., Wednesday, January 17, in the hospital chapel.

Appearing January 31 as part of the ongoing concert series will be Tesair Lauve, who will play the harpsichord. She will be accompanied by singer Mary Lou Stamos, flutist Susan Bull, and violinist Roland Hutchinson. Mses. Lauve, Stamos, and Bull are students at the N.E. Conservatory of Music in Boston, and Mr. Hutchinson is an accomplished local musician.

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DR. KING SPEAKS AT HEALTH CONFERENCE

Dr. Marietta King, Pediatric Cardiologist at the MGH, was the guest speaker at a health education conference held recently at the Minuteman Technical School in Lexington. Cosponsored by the American Heart Association, Greater Boston Division, and the Massachusetts Department of Education, the conference was designed to impress upon school decision-makers from the Greater Boston area the need to promote cardiovascular health awareness at an early age.

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IN MEMORIAM: Al White, Marie Cuff....page 2

SERVICE LEAGUE, WHITE 11 LAUDED....page 2

ALIEN REGISTRATION REMINDER....page 2

## THANKS and PRAISE

The MGH Service League, a group of more than 300 volunteers who are involved in a host of hospital-related activities, including the Chapel Concert series and providing living quarters for visiting foreign doctors, recently received a letter of gratitude from Dr. and Mrs. David McAuley of New Zealand. The McAuleys, who received a temporary home and furniture during their stay at the hospital, were one of almost 100 such visitors last year.

"We are writing to thank you for the help we received from the Service League during our stay in Boston over the past year," they wrote. "Your wives' social gatherings were enjoyed immensely. We wish to extend our warm thanks to the entire staff and hope that they will continue in their good work which is much appreciated."

* * *

In extending other kudos, a patient from Chelsea who was in the MGH for an eye operation during the holidays lauded the staff of White 11 for "making you feel that you weren't in the hospital...that you were at home" by especially singing carols on Christmas Eve.

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## ALIEN REGISTRATION

The Office of Human Resources, in conjunction with the federal Immigration and Naturalization Service, reminds all noncitizens that they are required by law to complete and return the Annual Alien Address Report before January 31, 1979. The report is available at any U.S. Post Office or Immigration and Naturalization Service Office during business hours.

## IN MEMORIAM

Alexander W. White, 39, son of the late Dr. Paul Dudley White, world renowned heart specialist and former Chief of Cardiology at the MGH, died suddenly January 8. At the age of 21, Mr. White founded the Massachusetts Emergency Service, Inc., after his sister nearly died in an automobile accident because of the lack of an ambulance service. A nonprofit, all-volunteer outfit, the service has been credited with saving the lives of hundreds of Massachusetts residents. Living in Belmont at the time of his death, Mr. White leaves his mother; a daughter; a sister, and a niece. Dr. White died on October 31, 1973.

* * *

Marie L. Cuff, 81, of Somerville, Mass., a registered nurse for 58 years, several of which were spent at the Phillips House, died December 27 at Somerville Hospital. A native of Lowell, Mrs. Cuff was graduated from Morton Hospital College in Taunton before embarking on her long and distinguished nursing career. On the staff at the Phillips House during the 1960s, she was lauded for being a "loyal and faithful worker" and "much loved by all her patients" upon her retirement in November 1967. She is survived by two sons, a brother, and three sisters.

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HOOP ROUNDUP (continued from page 1)

Medicine, and Elton Jackson's 15 points paced a well-balanced Materials Majestics team past Pathology, 44-26. Norris Jackson dropped in 15 points to lead Lightning 7 to a 37-10 victory over Neurology.

# The MGH Hot Line

Boston, Massachusetts
News Office, Bigelow 12 (2206)

February 1, 1979

## Raymond Hawkins Named Black Achiever for 1979

Raymond Hawkins, who began his career 15 years ago at the MGH as a window cleaner and through various promotions is now an indispensable member of the open-heart surgery team, has been named a Black Achiever of 1979 by the Greater Boston YMCA.

"I consider myself one of the luckiest people around today," he said, "because of the help I have received and the opportunities that have been given me."

A perfusionist in the cardiac surgery team, Mr. Hawkins operates the heart-lung machine, which takes the place of the patient's heart during surgery and essentially keeps him alive.

A native of North Carolina, he enlisted in the Navy after graduating from high school. During his service career, he distinguished himself as both a welterweight boxer, reaching the National A.A.U. Championships, and as a track star, winning various championships in the 100-yard dash.

Upon leaving the Navy, he settled in the Boston area, where he eventually came to the MGH in 1964.

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*Drs. Dorothy H. Kelly (left) and Daniel C. Shannon at news conference.*

## MGH Home Monitoring Program A Guard Against "Crib Death"

The Home Monitoring Program for apnea-stricken children, administered by the MGH Children's Respiratory Laboratory, has received a great deal of local and national media attention in the wake of an *MGH News* article (January-February 1979) in which the program, its devices, and its benefits were discussed. The ongoing study was originally reported in the professional journal *Pediatrics* in April 1978.

Apnea, an ailment that results in long pauses in a child's breathing, is believed to be one of the major causes of what is vaguely referred to as the "Sudden Infant Death Syndrome," (S.I.D.S.) often called "Crib Death." It is estimated that 10,000 seemingly healthy babies die of this each year. How many S.I.D.S. babies have apnea and could potentially benefit from the monitoring program is unknown.

Occurring normally among infants less than four months old, apnea is a pause in breathing usually lasting less than 15 seconds and causes no harm. However, some children, such as the more than 100 currently enrolled in the Home Monitoring Program, do not automatically snap out of an apneic spell. In these cases, an alarm system protecting against such prolonged breathing pauses is attached to the infant during sleep.

In the event a child's breathing stops for longer than 20 seconds, an alarm is sounded alerting parents to the crisis. They then have 10 seconds to reach the child, stimulate him as required, from gently massaging the infant's back to shaking him abruptly, or providing to-mouth resuscitation.

(continued on page 2)

*Agnes Reilly, recently named WITS' "Person of the Year," is flanked by Lucy Ann Shannon, supervisor of residents at Walcott House where Mrs. Reilly works, and Bernard Speaks, her supervisor.*

## Agnes Reilly: "Person of the Year"

President Jimmy Carter was an early contestant but was quickly cast aside as was Israeli Prime Minister Menachem Begin and fellow Nobel laureate, Egyptian President Anwar Sadat. Others, like former Mass. Gov. and 1978 blizzard hero Michael S. Dukakis; Boston Pops maestro Arthur Fiedler; and comedian Jerry Lewis, were there at the beginning but were nowhere to be found at the finish.

For in the end, it was the big-hearted efforts of a diminutive woman who slew these media darlings, in the person of four-foot six-inch Agnes Reilly, of the MGH Building Service, who was popularly elected as WITS radio's "Person of the Year."

"I am very, very happy and very thankful for all the people who helped me," the

(continued on page 4)

## On Chad Green

*The following is excerpted from an article scheduled for the March MGH News.*

The protracted matter of Chad Green, 3-year-old leukemia patient, took a bizarre turn last week when his parents brought him to a Mexican border town laetrile clinic.

The clinic is operated by Dr. Ernesto Contreras, who in January testified for the Greens in Superior Court. Dr. Contreras had surprised observers by admitting that it would be unethical to take Chad off the chemotherapy that had put his leukemia in remission and made him an active, healthy, happy-looking boy. The laetrile advocate said only chemotherapy works on leukemia.

Under cross-examination Dr. Contreras, a pathologist by training, admitted he had never heard of either null cells or T cells, an important distinction in

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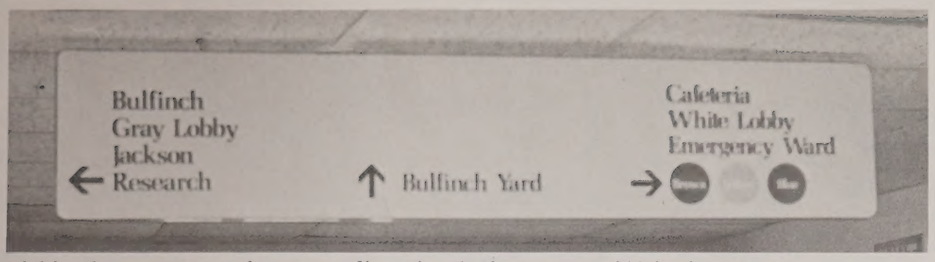


*Within the next few weeks, a new directional sign system will be installed throughout the first floor of the hospital. This system is intended to assist patients, visitors, and employees find their destinations. A representative group within the hospital, including members from the Department of Nursing, Clinical Administration, Patient Care Representatives, Diagnostic and Therapeutic Support Services, the Ladies Visiting Committee, the Ambulatory Care Division, and the Emergency Ward, worked with the Planning Office to develop this new system.*

*With this help, the Planning Office developed a concept that divided the hospital into five color-coded zones. A person can find a destination within any zone by following the appropriately colored dot on overhead signs throughout the corridors. A directory and map of the system will be in each lobby to identify departments and the color zones in which they are located.*

*This concept was tested in the corridor between the Warren Lobby and the General Store and received favorable response. After some refinements and modifications, installation of the new directional sign system has now begun, and over the next few weeks the balance of the signs will be installed throughout the first floor. It is hoped that all employees will familiarize themselves with the system in order to use it and help others with it. The Planning Office wishes to thank the many people who assisted in this project.*

# Dr. Ulfelder New Cancer Society Head

Dr. Howard Ulfelder, Deputy to the General Director for Cancer Affairs, and Consulting Visiting Gynecologist at the MGH, was recently named President of the American Cancer Society, Massachusetts Division.

He has been associated with the society since 1946, when he was asked to join in wake of his investigations of the use of the Pap test as an early detection for cervical cancer. He has been a member of its Board of Directors since 1964.

Upon assuming the presidency, Dr. Ulfelder said he would like to expand the society's involvement in the Regional Cancer Control Committee and put a greater emphasis on the power of antismoking education in the home.

A former smoker, he quit long before the original Surgeon General report linking cigarette smoking with cancer. "It was messy and inconvenient," he said of his reason for quitting, "and I didn't want my boys to see me that way."

A second Surgeon General report, issued last month, further documented the cancer-causing effects of smoking.

A graduate of the Harvard Medical School, Dr. Ulfelder first came to the MGH in 1939 as a surgical intern, later becoming a surgical resident before leaving in 1941 to become Chief of Surgical Service for the United States Army Medical Corps, 55th General Hospital. After a seven-year stint on the staff at the Pondville State Hospital, he returned to the MGH in 1955 as Chief of the Vincent Memorial Hospital, gynecological service of the MGH.

Included among his many contributions to the hospital was his assistance in designing the Cox Cancer Center, which he said he wanted to make "aesthetically pleasing to patients and their families, a place where they would feel at home."

Dr. Ulfelder has been on the staff at the Harvard Medical School since 1940 and was awarded the title of Joe V. Meigs Professor of Gynecology in 1962.

He has also been associated with nearly 40 professional groups, including the Federation Internationale de Gynecologie et d'Obstetrigue, for which he chairs its Cancer Committee.

## Monitoring Program (continued from page 1)

Since the program began in 1973, some 260 infants have been enrolled. During the first three years, four infants died, one because of an airway obstruction and the others because their parents did not hear the initial sounds of the alarm. Because of these deaths, equipment and the support methods have undergone changes, thus the effectiveness of the entire program has increased.

"We have not had any deaths in the past two years," said Dr. Daniel C. Shannon, Director of Pulmonary Research in the MGH Children's Service, "even though in that period we have cared for three times as many babies as we treated during the earlier phase of the program."

Heralded as a guard against danger of crib death, the program and its supporting devices are not the total answer to this puzzling problem as may have been misconstrued from initial news media reports. The program is, as stated previously, very effective for infants who have been diagnosed as having this ailment.

"When an infant is referred to us for treatment of sleep apnea," said Dr. Dorothy H. Kelly, Medical Director of the Home Monitoring Program, "we first determine whether there already has been a diagnosis attributing the condition to one of a number of known causes of apnea, such as heartbeat irregularities or pneumonia.

"If a particular abnormality is reported, we check it out and treat it. If no specific problem is evident, we then evaluate the child's ability to breathe properly."

If an infant is found in need of a monitor, the parents must complete an extensive four-day teaching program held at the hospital before the equipment can be installed at home. The parents learn what the problem is, how long it can affect the child, how to use the home care equipment, and proper resuscitation methods.

The MGH has the largest home monitoring program in the country. Similiar studies are being carried out at the University of Maryland and Stanford University Medical Center.

Also involved in the ongoing MGH program is Dr. Lucienne A. Cahen.

# Dr. Klerman: Alcohol Abuse Programs Working

A decreased cirrhosis of the liver death rate and an increased effectiveness of prevention programs were described in a recent speech by Dr. Gerald L. Klerman, an MGH psychiatrist presently on leave to direct the U.S. Alcohol, Drug Abuse, and Mental Health Administration (ADAMHA). Dr. Klerman cited these facts as evidence that a new public health approach to alcoholism is apparently working.

"We are on the verge of a new national consensus involving research in alcoholsim as a health rather than a moral problem," he said in remarks made recently to the medical staff of the Veterans Administration Hospital in Boston and the *Boston Globe*. Dr. Klerman also expressed similar views about the federal government's programs in the November/December issue of *Public Health Reports*.

In recent studies, he told the hospital staff, public health researchers have found that only 9 percent of the American population consumes 60 percent of the alcoholic beverages produced in the country. In addition, he said, young people and women are now in high risk groups, along with unattached middle-aged men who have been regarded as the traditional victims.

In all, he said, approximately 10 million Americans have drinking problems, which also adversely affect the lives of an estimated 28 million other people. Alcoholism and its related illnesses, including cirrhosis of the liver, account for almost 20 percent of all hospital care, he said. Additionally, the annual cost of alcohol abuse to the country is estimated at close to $43 billion.

In industry, where losses due to alcoholism are estimated at $20 billion annually, preventive programs are beginning to show effective results, Dr. Klerman said. One federal researcher found that 80 percent of the workers who have gone into such assistance programs have experienced significant improvement.

It is through these preventive measures, rather than the development of an anti-alcholism vaccine, that the fight against the disease will be most effective, he said.

"There is growing evidence that treatment alone will not solve all the health problems connect with alcoholism," he said, "and that many may be at least partially preventable by application of present knowledge."

Complementing the decreasing death rate due to alcohol-related illnesses and the growing effectiveness of prevention centers is the fact that people generally are drinking less. According to Dr. Klerman, a 30 percent increase in consumption in the 1960s brought the average alcohol intake to 2.7 gallons per capita. There has been no reported increase since then, he said.

On the staff of the Psychiatry Service at the MGH and a Professor of Psychiatry at the Harvard Medical School since 1970, Dr. Klerman had been the Director of the Stanley Cobb Laboratories for Psychiatric Research until he was named head of ADAMHA by President Carter in 1977.

Well known for his studies of affective disorders, including drug abuse, Dr. Klerman had also been superintendent of the Erich Lindemann Mental Health Center in Boston from its opening in 1971 until he decided in 1976 to return to full-time patient care, teaching, and research.

Among the honors he has been awarded are the Hofheimer Prize of the American Psychiatric Association, which he received in 1969 for his participation in the study of phenothiazine treatment of acute schizophrenia, and honorary membership in the Societe Royale de Medecine Mentale de Belgique.

# Mrs. Carole Demille, MGH Nurse Epidemiologist, Dies

Mrs. Carole M. DeMille, 47, a pioneer in the development of the role of a nurse epidemiologist and a registered nurse at the MGH for more than 25 years, died of cancer January 20 at the hospital.

"The Department of Nursing has lost a strong support and a loyal friend," said Miss Mary E. Macdonald, Director of the Department of Nursing. "Despite her area of specialization, she never lost interest in departmental efforts and was always in the wings when we needed her. We will miss her warm presence greatly."

"Her loss is a great personal and professional one to all of us," said Dr. Cyrus C. Hopkins, chairman of the infection control committee. "She was a remarkable person with great ability and contributed of herself ceaselessly. She was an invaluable friend and an invaluable resource."

A native of Boston, Mrs. DeMille graduated from the MGH School of Nursing in 1953 and worked in various positions within the hospital until in 1967 she was named to the then developing role of an infection control nurse.

As such, she was responsible for investigating and controlling infections. (Although recognized as a "developing field," the control at the MGH of such hospital-related infections began in 1956 when the hospital established a committee to investigate this area. See January-February 1976 *MGH News.*)

A noted expert in nurse epidemiology, Mrs. DeMille was instrumental in helping others who entered the field in both the United States and Europe. She also was influential in planning a historic worldwide meeting on hospital infection control, sponsored by the World Health Organization in November, and attended one of the earliest courses conducted in this area by the U.S. Center for Disease Control in Atlanta.

"Mrs. DeMille was an innovative person who was a primary developer of nurse epidemiology in the country," said Dr. John F. Burke, internationally known for his expertise in infection control and a long time associate of Mrs. DeMille. "Her activities greatly enhanced the effectiveness of the hospital's ability to deal with the complicated area of infection control."

She was one of the founders of the National Association for Practitioners in Infection Control in 1972, later going on to serve as its president, chairman of the board, and principal fund raiser. She also organized an infection control association in New England.

In 1978, Mrs. DeMille was the first nurse appointed to the Board of Directors of the National Foundation for Infectious Diseases.

She was a much sought-after speaker in her field both here and abroad, including a talk before a regional conference in San Francisco in September.

She leaves her husband, a son, a daughter, and her mother. Mrs. DeMille had been living in Manchester before entering the hospital in Decemb[illegible]

# Lobby Day '79

*Mrs. Nelson A. Aldrich, of the Ladies Visiting Committee, stands atop a ladder in order to reach the top branches of one of the dozens of plants and trees located in the hospital lobbies. Under the direction of Mrs. Francis U. Paige, 14 members of the Ladies Visiting Committee grabbed their cleaning rags, ladders, and assorted horticultural paraphernalia and spruced up the hospital greenery as part of the first Lobby Day January 15. The Ladies Visiting Committee is now responsible for stocking and maintaining the ornaments and supplemental items in all of the hospital lobbies.*

## Chad Green (continued from page 1)

the treatment of acute lymphocytic leukemia, Chad's type. When asked by Asst. Atty. General Jonathan Brant if he was aware of "Leukemia Group B," Dr. Contreras said there are two types of leukemia, acute and chronic, and Chad has the "B" type. (Actually, Leukemia Group B is an international medical group well-known for its role in the turning of acute lymphocytic leukemia, the most common childhood form, from a death sentence into a disease that is apparently "curable" in about 67 percent of afflicted children.)

Another laetrile advocate who testified for the Greens in the Superior Court action they brought against the state was Dr. Bruce Halstead of California. Dr. Halstead testified that the Greens should take Chad to him rather than Dr. Contreras because the latter uses poor quality laetrile.

Several weeks before the Superior Court case brought by the Greens against the state, Judge Volterra had dismissed Chad's former physician Dr. John Truman, MGH Chief of Pediatric Hematology, as a codefendant with the state.

Two important reasons for the dismissal were: 1. Dr. Truman was originally forced to bring the matter to court last February because of a new state law. 2. Under the original Superior Court decision ordering continuance of chemotherapy, the Greens were free to take Chad to any board-certified hematologist but chose Dr. Truman.

The Greens were quoted by United Press International as saying that they felt that they were under "communist control."

The hospital issued the following statement: "Our original role was to follow state law in bringing the matter to court last February. Since then the state has assumed full legal jurisdiction, and the MGH has been selected by the parents until now to carry out the court-ordered chemotherapy.

"The fact that Chad has had 11 months of effective treatment and has shown no detectable sign of leukemia is hopeful. However, the normal course of treatment to bring about apparent cures is a minimum of three years. Dr. Truman said that to stop competently administered chemotherapy now would drastically lower Chad's nearly 50 percent chance for an apparent cure. If there are any undetectable leukemia cells still present, Chad will ultimately relapse without adequately administered chemotherapy.

"Everyone here caring for Chad has grown extremely fond of him and very happy with his progress.

"We sympathize with the Greens but plead with them not to severely reduce Chad's good opportunity for a healthy, normal, leukemia-free life."

Dr. Contreras had admitted under cross-examination by the assistant attorney general that he holds a financial interest in the factory which manufactures the laetrile used on patients treated at his clinic and that he had been convicted of smuggling laetrile.

Newspaper accounts had referred to Dr. Contreras as Harvard educated. Actually neither Harvard University nor Harvard Medical School have any record of his ever attending. He did, however, spend one year studying pathology at the Farber Center in Boston. Dr. Emil Frei, who heads the center, was one of a number of witnesses for the state who testified against using laetrile. Another of these was Dr. Victor Herbert of Downstate Medical Center in New York City who told the court that Chad has low-grade cyanide poisoning from the laetrile given him by his parents. Dr. Herbert said the poisoning was the same type as that used by the People's Cult Temple in Guyana to commit suicide. Since Chad is getting comparatively small amounts, he implied the potential side effects would take a couple of years or so to occur but could include blindness and neurological problems.

Judge Guy Volterra issued an interim decision after the Superior Court trial ordering the Greens to stop giving Chad laetrile, to continue chemotherapy, and to have him regularly monitored for laetrile cyanide poisoning and for overdose of vitamin A which witnesses had testified he was suffering from as a result of large doses given him by his parents.

By taking Chad to the Mexican clinic the Greens violated the court order. Mr. Brant has filed a charge of contempt of court against the parents, but said that his sole interest is in protecting Chad.

The MGH HOTLINE is published three times a month by and for the employees of the Massachusetts General Hospital, Boston.

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Margaret B. Hogan, *Typist*

*Nancy Schaeffer (number 12) of the Softball Team and Valerie Spicer of the Runners reach high for the tapoff opening the inaugural season of the MGH Women's Basketball League. For other information on both the women's and men's league play, see the accompanying story.*

*Hoop Roundup*

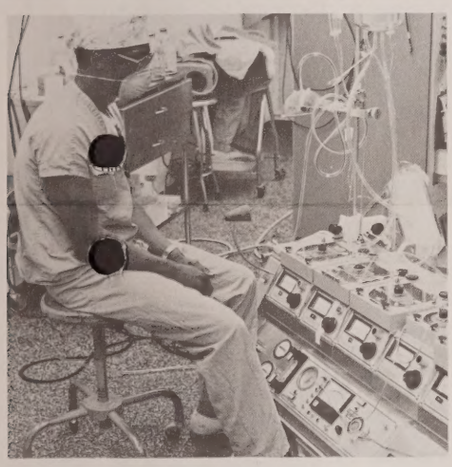
## White, Baker Lead Men; Softball Team Top Women

There have been only a few surprises after the first three weeks of play in the MGH Men's Basketball League as both the White Kitchen Warriors and the Baker Kitchen Warhogs have used well-balanced scoring attacks in posting the only undefeated records.

In the MGH Women's Basketball League, the Softball Team, behind the high scoring duo of Nancy Schaeffer and Susan Robinson, have taken the early lead with a perfect 3-0 record in a tight race with the Radiology Rayettes, Radiation Medicine, and the Runners.

In one of the upsets of the young season, Ortho-E.W. knocked the Security Nighthawks from the ranks of the undefeated in men's play with a 56-53 win in overtime. The victory was the first of the year for Ortho-E.W., which took White Kitchen to five games in last year's championship round.

For more information on both the men's and women's leagues, including team standings and leading scorers, please see future HOT LINES.



## Mr. Hawkins (continued from page 1)

"The service was my first contact with the medical field," he said, "so when I got out, I tried anything to get my foot in the door."

Through his own hard work, and with the assistance of Dr. Mortimer J. Buckley and Dr. Charles A. Sanders, General Director, then a resident cardiologist, Mr. Hawkins earned his way to a job as an operating room technician before becoming one of six hospital perfusionists four years ago.

Today, he is attending the University of Massachusetts at Boston on his way towards a Bachelor's degree and has recently completed the first part of a two-step certification program to expand his duties.

"I have a lot of people to thank for both this award and for where I am now," he said, "in particular Dr. Buckley, who has helped me a great deal, and Dr. Sanders."

Mr. Hawkins received his award January 19 at a reception at the Park Plaza Hotel in Boston. As a recipient, he is given the opportunity to work with Boston area youths who are seeking encouragement, advice, and models of ambition and advancement.

He is the fifth MGH employee to receive the honor since the program began four years ago. Louis J. Green and John Bufford were named Black Achievers in 1978, Veetlyn Forde in 1977, and the late Jimmy A. Young was the original MGH recipient in 1976.

*Employees of the Overnight Ward (above) stand around their rather unusual Christmas Tree. The brainchild of Karen Morgan, the tree carries miniature doll-like figures depicting 26 of the ward's employees and their favorite sayings. With identities intact, the sayings ranged from the mundane "I'll be at Extension..." to the univeral "I'm not late; your clock is fast" and the distressful "Oh, Mother of God, what a mess."*

## Reilly (continued from page 1)

soft-spoken Mrs. Reilly said. "I am truly very honored."

"I was surprised a nonpolitician won," said WITS talkmaster Pat Whitley, who conducted the first annual poll, during the award presentation. Earlier, Mr. Whitley said, "it appeared the poll would become a political affair, with several votes being cast for figures such as Anwar Sadat, Prime Minister Begin, and President Carter. But now the pendulum appears to be swinging toward humanitarians...and local humanitarians at that."

An employee at the MGH for 14 years, Mrs. Reilly was nominated for the award several weeks ago by a caller to Mr. Whitley's daytime program who lauded her for her volunteer work at the Youville Rehabilitation and Chronic Disease Hospital in Cambridge, which she has been doing seven days a week for the last 10 years.

"As soon as her name was entered, we knew she would win," said Bernard Speaks, her supervisor in Walcott. "Agnes is an excellent worker and a really dedicated person. I don't think there is a person here who doesn't love her. Everybody has a special story about Agnes."

One particular story that sticks out in Mr. Speak's mind occurred last February during the infamous blizzard. "She didn't miss a day here at the hospital," he said, "and missed only one day at Youville. And was she mad at that."

The day after bad weather forced her to miss that day at Youville, Agnes and coworker Rosa White set out on foot towards the Cambridge hospital when they were stopped by an Army jeep assigned to the MGH.

"As it turned out," Mr. Speaks said, "the driver knew Agnes from when [redacted] helped his mother, so he personally drove them over there."

It was stories like this that, after her name was entered in the contest, produced a flood of calls and cards to WITS. At last count, Agnes received over 5,000 votes, a station spokesperson said, making her "the winner by a landslide."

"The poignancy of this story," said Joann Haskell, Director of Volunteers at Youville, is that people felt compelled to vote for a person who works every day, "where the only benefit she receives is the peace of mind she gets from helping other people."

A native of Ireland, Mrs. Reilly lived in Montreal, Canada, for 35 years before moving to Boston to rejoin her sisters when her husband died 15 years ago. It was in Montreal that she first began working as a hospital volunteer and, seeing the need for volunteers at Youville while visiting a friend, she resumed her goodwill efforts there.

Today, in addition to working her 40 hours at the MGH, Mrs. Reilly spends at least four hours a day at Youville, where she helps feed patients, entertains them, and lends them moral support.

"Agnes Reilly," said Sister Annette Caron, Executive Director of Youville, "lives out the great human gift we all have, to bring love and meaning to the lives of others."

For being honored as "Person of the Year," Mrs. Reilly received a plaque commemorating the event and a week-long vacation for two in the Bahamas, which she plans to take later this month with her sister.

Trailing her in the balloting were Tommy Marr, a local restaurateur who is active in several charitable causes; Paul Sullivan of the Pine Street Inn for Men Without Homes in Boston; Carl Yastrzemski of the Boston Red Sox; and David McGilvery, the Medford marathoner who ran across the country for the Jimmy Fund.

# The MGH Hot Line

Boston, Massachusetts
News Office, Bigelow 12 (2206)

March 8, 1979


## Cost Reduction Program Nets $363,000 Saving

The Cost Reduction Program instituted at the MGH during 1978 brought about a savings of more than $363,000, surpassing the goal of $300,000, according to Thomas W. Kelly, Director of Purchasing.

The program has also led to a savings of about $175,000 so far this year, he said, with additional savings to come.

"A cost reduction is defined as the buying of an item at a price less than what was paid for it or a similar item in the previous fiscal year, Mr. Kelly said. It is understood, however, that "we do not and cannot sacrifice quality or patient care in seeking cost reduction. In these times of rising costs due to inflation, cost reduction to say the least is a difficult task."

Much of the success of the program can be attributed to the cooperation of many departments throughout the hospital, Mr. Kelly said. Last year's savings were spread among 40 cost centers. Examples of where buyers from the Purchasing Department and represenatives of various departments teamed to bring about a substantial saving can be seen in the cost of printing, where the expertise of Ralph Cluff, Forms Coordinator, and Don Crasco, Buyer, led to a saving of more than $20,000.

An additional example can be seen in the purchase of grounding pads; in this instance the Operating Room Standardization Committee and buyer Nick Sassani brought about a saving of almost $20,000. In another case buyer Barbara MacLeod worked with Steve Hall and Dr. Lawrence Kunz of Bacteriology to reduce costs on lab photos by more than $11,000 through both negotiation and vendor distribution changes. Also, Helen Kukak's efforts with the Prestandardization Nursing Committee was instrumental in saving $9,000 through product substitution.

(continued on page 2)

## National Nutrition Week March 4 through 10

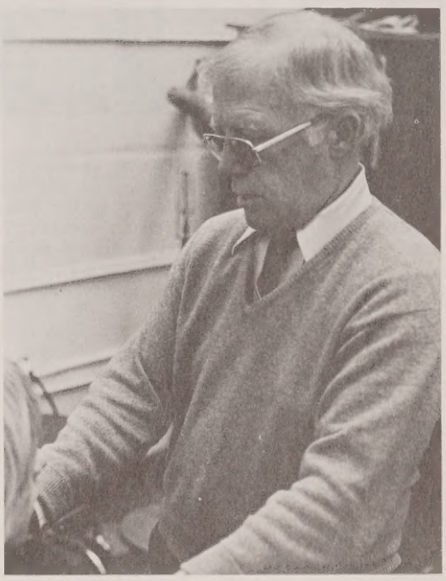
Keeping fit! What's in it for you? Good health and a trim appearance are two of the rewards for staying in shape. Eating the right foods along with regular exercise are the keys to success.

With this in mind, "Eat and Exercise for Fitness" is the theme for the seventh annual National Nutrition Week, March 4 through 10. Designed to provide the public with the latest information about nutrition and food selection for health and fitness, a variety of programs and activities will be launched statewide beginning with a proclamation by Gov. Edward J. King.

At the MGH, National Nutrition Week will feature exhibits in the Warren and Treadwell Libraries and an information booth in the Gray Lobby staffed by hospital dietitians and dietetic interns.

"Good health is a very personal responsibility," said Ms. Johnnie Morgan, MGH dietitian and state chairperson for the Massachusetts Dietetic Association's National Nutrition Week program. "Nutrition and exercise are important factors contributing to health."

(continued on page 4)



*Dr. Andrew D. Guthrie, Jr.*

## New School Clinic Aids Chelsea Teens

Eighteen-year-old Marty C. had come into the Chelsea High School nurse's office complaining of an earache and a problem that may be related to an inherited metabolic process that also troubles other members of his family.

In a "normal" high school setting, Marty may have been examined briefly by the school nurse and sent home with instructions to see the family physician. But because of a pilot program begun last September at the school, Marty was examined on the spot by the "family" physician--in this case Dr. Andrew D. Guthrie, Jr., MGH Pediatrician and Director of Adolescent Health Services of the Children Service at the hospital. The program was started by Dr. Guthrie and Bruce D. Cummings, MPH, former Unit Manager at the MGH-Chelsea Health Center, in cooperation with the city's school and public health departments.

The immediate analysis was that Marty needed a hearing test and a physical examination, which, because he had dropped out of school during his original sophomore year in 1977, he had not received as is required of all 10th graders by the state. A quick check of his school medical record also revealed he never was given a Td booster immunization. One was immediately administered by Miss Georgianna Innes, Nurse Practitioner. Involved with the Chelsea public school system for more than 20 years, Miss Innes is a vital cog to the success of the program because of both her medical capabilities and her easy manner with the students.

"Marty is both typical and atypical of the kind of student we treat here," Dr. Guthrie said. "Typical in the sense that the need for medical care has been there but never sought and atypical in the actual kind of care needed."

It is this need for medical care but the lack of its availability to large segments of the teenage population that prompted Dr. Guthrie and Mr. Cummings to submit a

(continued on page 3)

## MGH in *U.S. News*

...see page 3

## Foster Care Program to Expand this Summer

Initial success of an MGH program to provide foster home care for elderly or frail patients will lead to an expansion of the program by summer, according to Eleanor Clark, Director of Social Service.

"Since November, when we placed our first patients, I have been absolutely astonished by the degree of improvement in the physical capacity and overall quality of life of these people," she said. "We have placed patients with a greater level of care needs than we originally anticipated we would be able to handle, but all has gone relatively well."

Participants in the program claim it has brought a change for the better in their lives, offering them companionship and social stimulation, Miss Clark said.

The original goal of placing 30 patients in the first phase of the pilot project has been altered to provide the placement of as many as 55 patients by the end of June, she said.

Legislation signed into law last summer is making expansion of the program possible and has also cleared the way for four other pilot projects in Hyannis, Arlington, Lowell, and Worcester. The MGH has offered to conduct training seminars for the staff personnel of these other projects.

Proposed after a nine-month study by Miss Clark, the foster home care program has been a pioneering effort to reduce patient dependence on institutions, which are often costly and overcrowded, while assuring continuation of needed care at less expense.

A family furnishing foster home care receives $300 a month to provide board, room, laundry, limited personal care, and supervision. Patients, many of whom receive supplemental security income, contribute from their own resources but are still entitled to keep $78 a month for personal use. The difference between the patient's contribution and the monthly stipent to the caretaker is made up by Medicaid.

The $300 a month given to the foster home compares with an average monthly cost of

(continued on page 4)

*Graduates of MGH's first Smoking Cessation Group pose with their citations during recent award presentation in the Moseley Rotunda. The group, under the direction of Carol Stolberg of the Cancer Control Office and Paul King of Ambulatory Care, began its "no smoking" pledge last November as part of the Great American Smokeout. Through a mixture of informational talks, antismoking reading material, and strong group support, many of those involved stopped smoking completely while others cut down their habit significantly.*

*Additional Smoking Cessation Groups for MGH employees will be starting soon. Announcements for registration into these groups will appear in upcoming HOT LINES.*

## Cost Reduction Nets Big Saving (continued from page 1)

Basica[illegible] cost reduction opportunities become available when purchasers strive for competition among sellers and when the supplier becomes increasingly aware that the hospital is not "locked in" to any pa[illegible]ular product, Mr. Kelly said.

Another procedure frequently employed is a concept known as "value analysis," in which the function of the product or service is reviewed to see if it is effectively utilized. An example of this method can be seen in the use of heat resistance plates and bowls used to store cold food items. In a cooperative effort between Joseph Blanchard of the Purchasing Department and Barbara Buswell of Dietary, the heat resistance specifications were eliminated, thereby reducing the price of the product by 18 percent or $2,700.

In all, Mr. Kelly said, 230 cost reductions were realized in 1978, ranging from a $10 saving on the purchase of plastic liners to a $40,000 saving in the cost of floor gloves.

The hospital spends almost $65 million annually in supplies and services and is ranked among the largest buyers in Massachusetts, making it very attractive to all of the 3,200 vendors doing business here, he said.

"In a business this size, there are numerous opportunities for cost reduction," he said. "We have to look for them, and then the cooperative efforts of many people make it happen."

The MGH HOTLINE is published three times a month by and for the employees of the Massachusetts General Hospital, Boston.

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## Nutrition Quiz

*This is the first of a two-part quiz testing your nutrition and exercise IQ. Please answer [illegible]e or false to the following questi[illegible]s. The answers will appear in the March 22 HOT LINE.*

1). When buying be[illegible] choose prime cuts for [illegible]e best source of protein.

2). Polyunsaturated fats contain less calories than saturated fats.

3). If "X" amount of vitamins is good for you, twice that amount is even better.

4). Sodium may be in high concentrations in a food without giving a salty flavor.

5). Natural vitamins are used more efficiently by the body than synthetic vitamins.

6). Popcorn is the best snack for weight watchers since it has almost no calories.

### FROM THE BENEFITS OFFICE

The Union Mutual Annuity Statements which were expected to be available to participating employees have been held up because some are not ready. An announcement will appear in the HOTLINE when the statements are available.

### MGH INDIVIDUAL TERM LIFE INSURANCE PLAN DECLARES INCREASED DIVIDEND

The MGH Individual Term Life Insurance Plan introduced in September 1975 has completed another successful year. This success enables Boston Mutual Life Insurance Company to declare the plan's second consecutive dividend.

For those employees enrolled in the plan prior to March 1, 1979, life insurance coverage will be free during April, May, and June. Coverage will continue during these three months at no cost.

The annual enrollment will take place the week of April 16. Look for more information in the four-page April HOTLINE.

## Retirements

The hospital wishes health and happiness to the following members of the MGH family who have retired in the past few months:

Elvira DeRosa, Nutrition Service, 38 years

James Franklin, Carpenter Shop, 30 years

Marian York, Building Service, 27 years

John Slattery, Nursing, 26 years

Hermann Hansen, Respiratory Care, 25 years

Muriel Nelson, Building Service, 23 years

Rose V. Brown, OR Administration, 22 years

Luke Callan, Nursing, 21 years

Dorothy Rock, OR Nursing, 17 years

Esther Gibson, Nursing, 15 years

Clementine Burns, Credit and Collection, 14 years

Dorothy King, Nursing, 13 years

Jean Streich, Clinical Administration, 12 years

Robert Kullich, Building Service, 11 years

James Murphy, Jr., Security, 10 years

Eva Taylor, Nursing, 10 years

Albert Hatem, Pharmacy, 7 years

*Mrs. Clementine Burns (right) receives a gift from Mr. Frank Sullivan, Director of Patient Accounts, on behalf of her fellow employees during a reception held in her honor December 28. Mrs. Burns retired that day after 14 years of service in the Credit and Collection Department.*

*Dr. Guthrie examines a student*

## Chelsea (continued from page 1)

proposal last spring to the Massachusetts Department of Public Health for the establishment of a clinic staffed by a pediatrician and a nurse practitioner inside the high school.

Called the Chelsea High School Adolescent Health Care Project, the program is one of the first in the Greater Boston area, and one of only a handful nationwide, to place such a health care facility inside the school with such easy accessibility. Its purpose, Dr. Guthrie said, is to bring good health care and good health education to adolescents who, as a host of statistics will bear out, have been without it for the most part.

The causes for this, the program's sponsors noted, are not altogether clear, but there are several contributing factors. Among them may be the tendencies of teens as a group not to treat a "problem" (such as alcoholism, drug abuse, obesity, pregnancy [illegible]iety) until it reaches a crisis point; to be wary of "official" or "establishment" tags; or to question confidentiality in regard to sensitive problems.

In the particular case of Chelsea, an old industrial city of about 25,000 residents situated two miles northeast of Boston, the problem of bringing good health care and education to the teenager is complicated: like many older cities, Chelsea has lost thousands of people to the more affluent suburbs, leaving behind large pockets of older and low to lower-middle income families, and a group of businessmen and city officials struggling to get the city back on its feet.

Many students who attend public school there come from one-parent homes. Welfare and unemployment are no strangers to the area. Family physicians are few and far between. Universal problems among teens such as alcohol abuse, drug use, and early sexual activity are also present in the city.

As a result of any or all of these, health care practices are poor, if existent at all, for much of the student and general population. Dr. Guthrie cited a national survey that found up to 37 percent of students have not seen a doctor in the last two years. "It many be higher here," he said. "Unfortunately," Miss Innes said, "those who usually need health care the most don't seek it. Many just don't know what proper medical care is."

To combat the problem, the program's sponsors first had to define it. "As we saw it," Dr. Guthrie said, "the present system of delivering health care to the adolescent did not invite things like preventive measures, early intervention, and follow-up treatment."

According to the program's sponsors, delivering such health care was hampered by four things: reaching the teens; assuring them confidentiality in regard to sensitive medical matters; educating them as to how the health system works and what it can do; and the cost of care.

To solve this, the sponsors borrowed from both the strengths of the traditional doctor-oriented medical system and the popularity of the alternative health agencies that arose in the 1960s. These types of agencies, the sponsors said, tended to specialize more in such areas as family planning, drug rehabilitation, and venereal disease and relied more on the nurse practitioner.

With this mixture, the sponsors said the teens could be reached and their confidentiality assured. Costs were reduced to nominal or free with the support of the city, the Chelsea Health Center, the state Department of Public Health, and the Massachusetts Department of Public Welfare where Medicaid-eligible students were concerned. Health education would be handled initially through direct patient services, they said.

Once funding was approved, most of the summer was spent winning the support of the city's Board of Health and School Committee, which finally came in August. The program began September 1.

"The initial response on the part of the students was slow," Miss Innes said. Only 46 students frequented the clinic that first week, but by later in the month and into October, over 200 visits were recorded weekly. Despite some slow periods, the clinic has averaged over 200 students since, having twice recorded over 300 visits a week this winter. Since it began, the clinic has seen over 900 of the school's 1,169 students and will probably surpass 5,000 visits by the end of the school year.

"Now that we have been here awhile," Dr. Guthrie said last month, "it is important to analyze the type of problem the student comes in with and the number of times he or she comes in."

The types of problems have been categorized into six significant areas: the upper respiratory tract symptom (sore throat, ear infection, cold); [illegible]strual symptoms; trauma (sports or gym injury, classroom or other type of accident); acute medical problem (eye injury, abdominal pain); chronic medical problem (asthma, diabetes); and mental health problems (depression, poor self-image).

"And then," Dr. Guthrie said, "we have the frivolous visit." The plague of school nurses everywhere, the frivolous visitor--the malingerer, the attention getter, the student who wants to skip a class--has actually been weeded out at Chelsea High School and is dealt "with firmness, but in a gentle way," he said. "A troublesome mental or personal problem which the student may be hiding is overlooked if you just whisk these people aside." The clinic has referred a couple of psychological problems which were not known to school officials.

The exact number of each type of visit was not immediately available, but figures do show over 25 percent of the students have frequented the clinic for medical reasons more than five times this year. In addition, 184 students have been registered for continuing care which, more or less, makes the clinic staff the student's family doctor.

"The ability to provide follow-up treatment is vital in satisfying the need for a program such as this," Dr. Guthrie said. "That is an important step in making it work. It will allow us the opportunity to provide much needed continuing care."

Students are also coming in "asking very good questions," he said, a sign that they indeed are concerned about their health care which in turn will help them become "better consumers," another goal of the program.

"When we give a student a physical, we tell him never to settle for anything less than a thorough physical," Dr. Guthrie said. "If we can reach him now, we hope that he'll continue these good habits for the rest of his life."

This lasting effect the program aims to foster, and the general overall excellence in providing both immediate and preventive health care has won the praise of the school's administration and faculty. "The program has surely heightened the students' awareness of good health care," said Vincent Franco, the school principal. "The concerned care, plus the personal qualities of the people involved, have made the program work, which is for the good of everyone," added Helene Teitelbaum, school psychologist.

Even the students, the target audience and ultimate winners, realize the effectiveness of the program. "Sure, I think the program has made us more aware of our health," an unidentified sophomore said, "and by the time I leave here, I suppose I'll have a pretty good idea of what good health is all about.

"But I'll tell you something else. It's not as easy skippin' class with them here."

---

# MGH Featured in *U.S. News;* Dr. Dorothy Kelly Lauded in *Boston*

The MGH is featured in the March 5 edition of U.S. News and World Report as part of the magazine's special report, "Inside Our Hospitals."

Included in the report is a two-page photo spread and accompanying chronology depicting MGHers in "A Day in the Life of a Big Hospital." Shown in the photo feature were Dr. William P. Harbin of Radiology, Dr. Michael G. Ehrlich of Orthopaedic Surgery, and Dr. Charles A. Sanders, General Director. Also shown were scenes of student nurses in consultation, of an operating room, of Surgical Grand Rounds, of an emergency patient en route to the Respiratory Intensive Care Unit, of radio therapy, and of a young patient in the Newborn Intensive Care Unit.

The article and photos are the result of nearly a week-long visit in late January and early February by a magazine staff writer, photo editor, and photographers.

Copies of the magazine were still on sale at the General Store as the HOT LINE went to press.

In addition, Dr. Dorothy H. Kelly of Pediatrics was profiled in a glowing article appearing in the March edition of Boston magazine.

The article dealt with Dr. Kelly's work in the Home Monitoring Program for apnea-stricken children administered by the MGH Children's Respiratory Laboratory. She, Dr. Daniel C. Shannon, and their staff have received a great deal of media attention as a result of their work.

The article was written by the father of one of Dr. Kelly's apnea-stricken patients.

Although the article itself was well written, the headline writer's choice of words was unfortunately not accurate.

*Proving they are not afraid of the heavy going underneath the basket, players from the Softball Team and the Runners battle for a loose ball during play in the MGH Women's League.*



# Baker Kitchen, Softball Team Unbeaten; Playoff Scramble in Both Leagues

With the MGH Men's Basketball League at its midseason break, there remains only one undefeated team and wide-open scrambles in both divisions for playoff berths.

Meanwhile, in the Women's Basketball League, the Softball Team has twice beaten back strong challenges by the Radiology Rayettes on its way to posting a 6-0 record. League officials are presently finalizing a playoff format for the women.

In men's play, the Baker Kitchen Warhogs have utilized the addition of newcomer James Sanders to an already well-balanced team offense to record its 6-0 overall mark, 3-0 in its division. As currently planned, the top two teams in each division will qualify for the playoffs.

Despite its fine play, Baker Kitchen cannot shake a strong Pathology team led by Roy Williams. Pathology is also 3-0 in Division II play but 4-2 overall after an opening loss to Materials Majestics and a four-point defeat to the Nighthawks. Baker Kitchen and Pathology meet March 21 in a contest that could decide the division crown.

Following behind the conference leaders is Medicine Housestaff, a new team in the league which has surprised some people with its 1-2 division record and 2-4 overall mark. Among its losses was a one-point defeat at the hands of Pathology. Radiation Medicine, now with former Nighthawk star James Walker playing with high scoring Peter Manimonis, is also at 1-2 in the conference and 3-3 overall. Ortho-E.W., which gave the Nighthawks its only defeat of the year, a 56-53 overtime thriller, has fallen to 1-3 in the division and 2-4 overall. Featuring several good scorers, Ortho-E.W. could prove spoilers as it was scheduled to meet Baker Kitchen March 5 and Materials Majestics March 21 while it tries to keep diminishing playoff chances alive. Psychiatry, 1-5 overall but only 0-2 in the division, can also prove to be a tough opponent with efforts as shown in past play.

In Division I, Materials Majestics, sporting the flashiest uniforms in the league, are atop the conference at 3-0 behind fine all-around team play and hot shooting guard Elton Jackson. Materials is 5-1 overall--its only blemish a 54-39 defeat to Baker Kitchen despite leading at halftime--and meets divisional rivals the Nighthawks March 14 and White Kitchen March 28.

The Nighthawks, despite a midseason shakeup, are also 5-1 overall and 2-0 in the division. Led by Henry Pinkerton, it is the only team to beat defending champion White Kitchen, 66-59, but still must face Materials, Baker Kitchen, and upset-minded Radiation Medicine. The White Kitchen Warriors, playing without star forward Rico Cox in the defeat by the Nighthawks, are 2-1 in the conference and 5-1 in the league. In addition to the game with Materials, which could go a long way in settling the division title, the Warriors play archrival Baker Kitchen March 14 which pits James Sanders against Rico Cox, considered to be the two best big men in the league, and could be a preview of the league championship.

Clinical Administration, with Richard Enfanto and John Favorito providing the scoring punch, is now 1-2 in the conference, tied with Lightning 7 for fourth place. The young Lightning 7 squad has ridden the strong scoring attack of forward Norris Jackson to several respectable showings, although its overall record now stands at 1-4, identical with Clinical Administration's league mark. The game between those two teams scheduled for February 7 was postponed due to bad weather and will be replayed if necessary. Neurology, loser of all six of its games, four within the division, continues to improve with a strong effort of late against Radiation Medicine, a 55-50 defeat in double overtime.

In Women's League action, the Softball Team has withheld strong challenges by the Radiology Rayettes to post its 6-0 record. In their two meetings to date, the Softball Team, behind the high scoring duo of Nancy Schaeffer and Susan Robinson, have defeated the Rayettes 26-24 and 29-24. The Softball Team has also been helped by several other players who have performed well in supportive roles.

The Rayettes, now 4-2, have combined the consistent scoring of Jean Spindler with the outstanding defensive play of Lorraine Concannon to move into second place in the league, where they have received strong pressure from the Runners.

Paced by the all-around play of Valerie Spicer, Linda Jacobsen, and Carol O'Keefe, the third-place Runners were narrowly defeated by the Rayettes, 30-27, in their last encounter and have played the Softball Team tough in two of their other losses. They are now 2-4.

Radiation Medicine, winless in six tries, is in last place in the league but has shown it can put the ball in the basket and cannot be taken lightly.

Although no playoff format has been devised at this time, newly named League Commissioner Kim Plummer said the league is working on it and should have a plan shortly.

Games to watch as the league begins its second half are the rematch between the Softball Team and Radiology on March 22 and the contests between Radiology and the Runners on March 8 and 29.

*All eyes are cast upward as members of Materials Majestics and Pathology await a rebound in early season action in the MGH Men's Basketball League.*

## Care (continued from page 1)

more than $800 for a bed in an intermediate care nursing facility. With such nursing home accommodations in short supply, many patients have had to remain in acute care hospitals longer than medically necessary.

Funding to launch the pilot programs was passed last year by the Massachusetts legislature which directed the state Public Welfare Department to establish and try out foster home care plans on a broader scale. The Medical Division of the Public Welfare Department joined forces at that time with the state Department of Elder Affairs to make maximum use of existing funds to launch the programs.

Financial arrangements for administrative costs are now handled by the Department of Elder Affairs, which will continue to do so at least until June. Medicaid helps to pay for actual support services.

The hospital is desirous of hearing from more families who would like to furnish foster home care. Interested persons are asked to write to the MGH Social Service Department or call Ext. 2601.

## Nutrition (continued from page 1)

Visitors are welcome to stop at the booth to browse and ask the staff questions pertaining to health and nutrition. In addition, WMGH, the hospital's closed circuit patient education television network, will run a variety of features on nutrition and diet during the week.

As part of the statewide program, the Boston Globe, the Boston Herald-American, and the South Middlesex News will be among several area newspapers which will carry special articles on nutrition and exercise. Radio and television programs will also be featured. School and public libraries throughout the state will serve as resource centers with reading lists and information pamphlets.

To assist hospital employees sort out the wealth of information which will be available, the HOT LINE, in cooperation with the Dietary Department, will carry two more articles during the month to help answer questions and provide the latest information on nutrition and athletics. Also, the first of a two-part quiz testing your nutrition and exercise IQ appears on page 2.

National Nutrition Week is sponsored by the American Dietetic Association, the Massachusetts Cooperative Extension Service, and the Massachusetts Home Economic Association.

# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) March 22, 1979


## VINCENT CLUB'S BETTER THAN EVER OPENS APRIL 4 AT N.E. LIFE HALL

It may have been banned in New Orleans, but Mardi Gras in Boston is BETTER THAN EVER as the 1979 Vincent Club show, not too coincidentally entitled BETTER THAN EVER, opens April 4 at New England Life Hall. The show will run through April 7.

Set in The Hotel Lafitte in New Orleans, BETTER THAN EVER features a fine cast of dancing hotel employees who combine with a host of unusual guests to make for an entertaining evening of comedy, song, and dance.

For more information on the show and tickets, a booth will be set up by the Vincent Club from 11-1, Wednesday, March 21, and again on March 28, in the brick corridor between the White Lobby and the Moseley Building.

* * *

## TWILIGHT GOLF LEAGUE MEETS APRIL 4

Duffers and scratch golfers alike are invited to the MGH Twilight Golf League's tee-off meeting at 12 p.m., Wednesday, April 4, in the Moseley Rotunda. Anyone interested in playing this year is also invited to bring along a light lunch if the meeting coincides with the lunch hour. If you are unable to attend this meeting but are interested in playing, please call Bob Rhodes, League President, at Ext. 2445.

* * *

## GENEVIEVE FOLEY ON "GOOD DAY

Genevieve V. Foley, R.N., of Pediatrics appeared on WCVB-TV's (Channel 5) "Good Day Show" March 8 to present the MGH's

(continued on page 2)

## MGH DONATES $50,373 TO UNITED WAY DRIVE

The recently completed United Way drive raised a total of $50,373 from nonprofessional and professional members of the MGH family.

Dr. Charles A. Sanders, General Director, Lawrence E. Martin, Associate General Director, and Eleanor Clark, Director of the Social Service Department, wish to thank all those who participated for their thoughtfulness and kindness in this splendid performance.

## NUTRITION: FOOD FALLACIES

In the wealth of nutrition information now available, there are often contradictory or misleading statements which can be confusing and discouraging to someone wanting better knowledge of his or her dietary habits. As part of their series on nutrition and exercise, MGH dietitians present these helpful hints:

(1). Natural vs. Synthetic Vitamins

"Natural" may falsely connote "better," but because they are chemically identical, the body cannot distinguish between the two. "Natural" may, however, be more expensive.

(2). Human Vitamin Requirements

We must consume certain vitamins daily. Approximate requirements are known through research, but exact needs depend largely on the individual. The current trend to take excessive doses of vitamins may be harmful. The body uses only what it needs, and excessive amounts can build up to a toxic level. Mega doses of Vitamin A, for example, can lead to liver failure.

(continued on page 2)

FOLEY (continued from page 1)

counterpoints to accusations made by Mr. and Mrs. Gerald Green on the nationally syndicated "Phil Donahue Show."

On the Donahue program, the Greens, parents of three-year-old Chad, who had been treated at the hospital for leukemia before the family left for Mexico in January to avoid obeying the court decision, had made statements which the hospital felt were erroneous and misleading.

On the "Good Day Show," Miss Foley, who had been Chad's primary-care nurse at the MGH and had assisted Dr. John T. Truman in Chad's therapy program, said in answer to questioning by host John Willis that the main issue the hospital is concerned with is the right of the child to live as evidenced by the fact that courts for 30 years have said, "Parents have a right to make martyrs of themselves but not their children." The Greens have contended since the case first went to court and reiterated on the Donahue program that the issue surrounding Chad's treatment is a matter of the parents' right to decide versus the right of the court.

Also, again under questioning by Willis and cohost Merle Comer, Miss Foley said that the hospital from the start has urged the courts not to take Chad from his parents. The Greens said on the Donahue show that they had to fight through the courts to prevent Chad from being placed in a foster home.

In addition, Miss Foley presented a general overview of Chad's treatment at the MGH, the hospital's lack of information from the Mexican clinic treating the child, and facts surrounding the cyanide poisoning found in the boy from the laetrile given as part of the metabolic treatment favored by the parents. Chad has been found to have a low-grade cyanide poisoning; the effects of which may not show up for a long time.

The one-hour Donahue show was seen locally on Channel 5 immediately following the 14-minute segment of the Good Day program on which Miss Foley appeared. Her appearance on the show was a result of an agreement between officials at the station and the hospital. After previewing the Donahue show earlier that week, a hospital official asked for time to correct what he said were misstatements made on it. Of major concern was that unanswered, the statements could have led to other parents making decisions which would adversely affect their children's health.

Because time ran out, many points Miss Foley intended to make were not covered, but she was able to respond to most of the more serious comments of the Greens. One left unmentioned was the efforts Dr. Truman made to listen to the viewpoint of "experts" on laetrile and nutrition recommended by the Greens and to get all the scientific information available on laetrile.

* * *

NUTRITION (continued from page 1)

(3). Protein Needs

A few basic points to keep in mind:

- --you need protein in your daily diet.
- --it can be obtained from a wide variety of foods, including dairy products, meats, grains, nuts, etc.
- --red meats are a good protein source but are higher in fat and calories than an equal portion of fish or poultry.
- --your protein needs depend more on your size than on your activity level.

(4). Weight Control

There is no magic to weight loss despite what some may claim. To lose weight, a person must have a calorie deficit. The only way to do this is to know what you are eating. Here are some helpful hints:

- --calories come from carbohydrates, fats, proteins, and alcohol.
- --butter and margarine contain the same number of calories.
- --plain breads and potatoes are not high calorie foods. However, margarine and sour cream can change this.
- --dietetic foods do have calories which will add up. Eat in moderation.
- --no food is capable of burning away in the human body.

# The MGH Hot Line

Boston, Massachusetts
News Office, Bigelow 12 (2206)

April 5, 1979

*DR. ZAPOL (1975 photo)*

## Dr. Zapol's 'Best Birthday'

"She just looked up and smiled. That was the best kind of birthday present. The best I've ever had."

And so with those words the wearisome intercontinental odyssey of Dr. Warren M. Zapol of Anesthesia neared completion, almost three weeks after he was whisked aboard a Moscow-bound plane to treat a comatose patient the doctor himself said had only "an eight percent survival chance."

For Dr. Zapol, potential state-side celebrations of his 37th birthday, which was March 16, were postponed when he received a call March 2 asking for his assistance in the treatment of a 28-year-old Moscow woman who slipped into a coma on February 25 following surgery to remove an infected ovarian cyst.

The woman's condition grew progressively more grave and, after an automatic respiratory machine failed to produce satisfactory results, Soviet surgeons eventually enlisted the help of Dr. Zapol, who is Director of the MGH Specialized Center of Research in Adult Respiratory Failure.

Skirting usual visa procedures--which generally take at least 10 days providing there are no complications--Dr. Zapol boarded a plane headed for Moscow within five hours after receiving the call for help. His visa was provided later.

Upon landing in the Soviet capital, Dr. Zapol rushed to the hospital and went to work alongside the attending physicians, getting by on just six to eight hours' sleep during his first three days there.

At a Soviet-American news conference March 20 reporters learned the woman was sitting up watching television reading, and preparing to go home in two or three weeks.

According to Dr. Zapol, the woman developed septicemia--a bacterial infection of the blood--which led to her lungs becoming clogged with excess fluid seeping in from infected blood capillaries.

(continued on page 3)

## MGH Pops Night Thursday, June 21, Tickets Available

Tickets are now on sale for the 15th annual MGH Night at the Pops, which will be held at 8 p.m., Thursday, June 21, at Boston's Symphony Hall.

Tickets are $9.50 and $11 and can be obtained by filling out the applications distributed through Payroll. Additional information and applications can be obtained through the Personnel Office or by consulting the posters which will be distributed throughout the hospital.

As spring gradually makes its presence felt, the good-weather athlete comes out of winter hibernation to join the more diligent sportspersons in a variety of athletic endeavors. In the next few weeks, alone, the Boston Marathon will be run, softball programs will be in full gear, and golfers will be back into the swing of things. Oftentimes nutrition is overlooked by many people, but the right foods can be as important as the proper shoe, glove, or grip. With this in mind, the MGH dietitians present NUTRITIONAL HINTS FOR THE ATHLETE, which can be found on page 4 of this HOT LINE.

*The Cookie Monster, Big Bird, and some new friends will be on hand to greet visitors at the annual MGH Night at the Museum of Science, which will be held Tuesday, May 8, from 6 to 9 p.m. Please consult future HOT LINES for additional information.*

*MARY RYAN, Medical Clinics*

## Nurse Practitioners 'There to Help'

For Jean Delaney, RN, Pediatric Nurse Practitioner, the switch from a staff nurse to a nurse practitioner was as natural as, well, motherhood.

With five children of her own, Mrs. Delaney was a logical choice of officials at the then-fledgling MGH-Chelsea Health Center to be trained as the nurse practitioner in pediatrics when she began work in September 1971.

"They figured that since I handled five children of my own, it would be a breeze to handle the kids at the Health Center, almost an extension of my family life," she said. "Although it is far from easy, I was able to expand my role here and assist in developing the program, which I don't think I would have been able to do as the staff nurse."

The development of the nurse practitioner role in both pediatric and adult ambulatory care was in response to the public's demand for increasing health care and an accompanying shortage of doctors, particularly pediatricians, in the early 1960s.

Today, there are 36 nurse practitioners in the hospital, and more than 7,000 nationwide, working in such areas as Pediatrics, Neurology, the Emergency Ward, the Medical Clinics, and in the satellite health centers. As defined by the MGH Department of Nursing, their major responsibility is to provide direct care to individuals, families, and other groups, utilizing skills gained in an Adult or Pediatric Nurse Practitioners' Course or Master's level program with associated clinical nursing experience under MD and/or RN preceptorship.

The reasons why many nurses take on such additional duties generally coincide with the increased responsibilities of the position, a sampling of nurse practitioners indicated.

"Our most important asset, I think, is that we are the most accessible people in the health care system," said Mrs. Delaney. "We can give the patient the time not available to a doctor. We are there to help, to advise, and to just listen."

(continued on page 3)

*Photo collage of Dr. Knowles*

# In Memory of Dr. Knowles

The MGH family paid its respects to the family of Dr. John H. Knowles and to his memory at a gathering on March 15 in the Walcott Lounge. Everyone had fond stories to relate about the former General Director.

"You could almost hear John's voice and his hearty laugh," someone said. A collage of photographs of Dr. Knowles, who died March 6 at the MGH, sat atop a piano, an instrument he relished playing. Outside, the hospital flag was at half staff.

The following day some 1,000 people from Treasury Secretary Blumenthal and Former Secretary of State Dean Rusk to people who knew John Knowles in sports filled Harvard Memorial Church for a special service.

When he was dying, he asked that a celebration of his life replace a mourning of his death. Interspersed with traditional hymns were recollections of his life. Anecdotes about him brought peals of laughter from the MGH employees and others who knew him so well.

As family, friends, employees, and former employees filed out of the church, John Uhler (Jack) Lemmon played on the piano a medley of songs he and Dr. Knowles once performed together in establishments at Scollay Square.

In the speaking program the Rev. Theodore M. Hesburgh, C.S.C., Chairman of the Board of the Rockefeller Foundation which Dr. Knowles headed the past seven years, and President of the University of Notre Dame, described Dr. Knowles' career. Miss Mary E. Macdonald, RN, Director of the MGH Department of Nursing, told the story of his 20 years at the MGH.

Richard Sears Humphrey, Jr., a classmate of Dr. Knowles at Harvard University, recalled John Knowles, the athlete and friend. And John (Joe) Hilton Knowles, Jr., spoke of the father who bequeathed a sense of humor as well as a purpose in life.

Mr. Humphrey recounted the first time he met Dr. Knowles. The scene was a hockey game in which young Knowles was goalie for Belmont Hill, and young Humphrey was goalie for Phillips Exeter Academy. After two periods Exeter, the favorite, trailed 2-0. As the teams left the ice, young Knowles skated past the opposing goaltender and said, "Hello, sieve." The youthful Humphrey was so shaken that three more goals zipped past him in the final period.

Joe Knowles told about the time his father took the children on a fishing trip to Canada. As Dr. Knowles tossed the anchor over the side of the boat, he discovered the anchor was not fastened. In his excitement, first his fishing rod and then his camera slipped into the water.

A torrent of angry words followed. Then all of a sudden Dr. Knowles began to laugh infectiously. "Fellows," he said. "When you can't do anything about it, you've got to laugh." He would have enjoyed his own memorial service.

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## FROM THE BENEFITS OFFICE

The 1978 Union Mutual Annuity Statements are now available at the Benefits Office, Walcott 308, for those employees involved in the program. Anyone wanting his or her statement immediately may pick it up at the Benefits Office. For those who wish to wait, the statements will be mailed at the end of April.

Also, the MGH Individual Term Life Insurance Plan introduced in September 1975 has completed another successful year. This has enabled Boston Mutual Life Insurance Company to declare the Plan's second consecutive dividend.

For those employees enrolled prior to March 1, 1979, life insurance coverage will be FREE during April, May, and June.

The Plan offers employees the opportunity to fulfill their personal life insurance needs at attractive rates through payroll deduction.

The Benefit Office will be glad to assist any employee who may have any questions---simply call Ext. 8133. Group meetings can be arranged in the same way. An application form and general information may also be obtained from the Benefits Office.

Full information about the Plan will be included in a notice distributed through payroll on April 12 for weekly employees and at the end of the month for monthly employees. The HOT LINE also will carry some of the Plan's features next week to coincide with the Benefits Office announcement.

## SMOKING CESSATION GROUP TO BEGIN

Plans are now under way to organize another Smoking Cessation Group for MGH employees to begin later this month. For further information, contact the Cancer Control Office, Ext. 5130, or look for the registration form in next week's HOT LINE.

# MGH Researchers In DES Study

A multicenter investigation, including researchers from the MGH, has lowered fears that DES (diethylstilbestrol) poses a serious threat to most women whose mothers took the estrogenic hormone during pregnancy to avoid miscarriage.

Reassuring reports based on findings from an examination of 3,339 young women exposed or suspected of having been exposed to DES were published last month in the medical journal Obstetrics and Gynecology. The results were also reported at the March 6 meeting of the International Academy of Pathology's U.S.-Canadian Division in San Francisco.

Researchers in the study from the MGH included Drs. Stanley J. Robboy, prinicipal author of one of the two articles and spokesman for the cooperative study, Jaime Prat, Robert E. Scully, and William R. Welch, all of Pathology, and Dr. Ann B. Barnes of the Gynecological Service. Other study invesigators came from the Baylor College of Medicine, Houston; the Mayo Clinic, Rochester, Minn.; and the University of Southern California, Los Angeles.

Among the 1,275 women in the study whose DES exposure was identified by review of their mothers' obstetrical records:

- --no cancers were discovered;
- --occurrence of abnormal squamous cells (which are not cancerous) in either the vagina or cervix was rare;
- --changes in the lining of the wall of the vagina were found in only 34 percent of the women (much less than had been suspected in some previous investigations). These changes included adenosis, the presence of a noncancerous glandular tissue that normally disappears during the development of the genital tract before birth;
- --and women 26 years of age or older had changes in the vagina less frequently than did younger participants, suggesing that some effects of DES exposure may disappear as women grow older.

The National Cancer Institute's Division of Cancer Control and Rehabilitation commissioned the study in 1974 to determine the risk of developing DES-associated conditions by daughters whose mothers took DES during pregnancy.

Drs. Arthur L. Herbst, Howard Ulfelder, and David C. Poskanzer of the MGH reported in 1971 that the mothers of seven of eight female children who had developed clear cell adenocarcinoma (a rare form of vaginal cancer with an unusual glandlike appearance) had taken DES while pregnant. (Dr. Herbst is now Chairman of the Department of Obstetrics and Gynecology at Chicago Lying-In Hospital.)

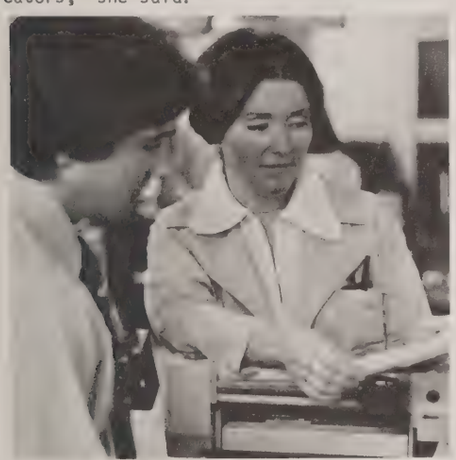
Data from the new study have been analyzed according to the ways in which the participants were recruited. In addition to the large group of DES-exposed daughters identified by reviewing their mothers' obstetrical records, participants include women referred to the study by physicians because of their documented exposure, and "walk-ins" with known genital tract abnormalities associated with DES exposure before birth.

Peter C. O'Brien, Ph.D., Mayo statistician and senior author of one of the papers, said that although the examination of walk-in and referral groups was useful in the description of patient population, "reliable inferences to the general population of DES-exposed women should be based on the examination of women identified by record review." In other words, the women located by record review represent more logically the overall DES-exposed offspring.

Only four participants in the entire study had clear cell adenocarcinoma. These four had been referred to the study by physicians.

# Practitioners
## (continued from page 1)

Like a lot of people who become involved in this work, Helen Freniere, RN and Adult Nurse Practitioner of the Medical Clinics Complex, wanted more input into the continued care of the patients. "As a staff nurse," she said, "I was not able to provide the follow-up care and the patient education that I am doing now. I think that these are important parts of this position and were instrumental in my decision."
Judith Shea, RN and Pediatric Nurse Practitioner of the Chelsea Health Center and the Chelsea Lead Screening Program, said that in the current trend to "health thyself," the nurse practitioner is in the best situation to indeed help people do so. "We can and should be excellent health educators," she said.



*M.B. MAUGHAN, Emergency Ward*

As an example of the follow-up care and patient education duties associated with the program, several nurse practitioners, including M.B. Maughan, RN, Adult Nurse Practitioner, of the Emergency Ward, give patients business cards telling them where, and usually when, the practitioner can be reached.
"The cards help to break down the occasional awkward relationship between the patient and the medical person," she said. "We encourage the patients to call and ask the picky little questions they would never ask an MD. And we have more time to explain to them, to teach them, and to make sure they understand. Teaching health maintenance is vital to our role."

*HELEN FRENIERE, Medical Clinics*

The MGH HOTLINE is published three times a month by and for the employees of the Massachusetts General Hospital, Boston.

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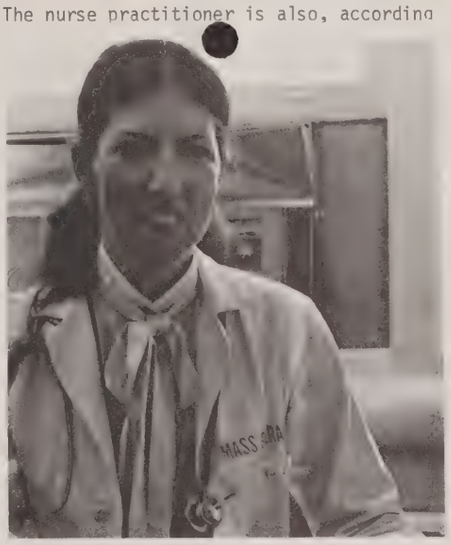
*JUDY SHEA (left) and JEAN DELANEY, both of the Chelsea Health Center*

The original intention of transferring some of the physician's less demanding functions to other professionally trained people, i.e., the nurse practitioner, thereby freeing time for the doctor to perform other patient care tasks, has won the advocacy of several staff members, like Dr. John D. Stoeckle.

In the Internal Medical Associates clinics, which Dr. Stoeckle heads, almost 14 percent of the 38,679 patient visits made between October 1977 and September 1978 were handled by the Adult Nurse Practitioner and the Physician Assistant (who works under more physician supervision than the nurse practitioner). There are nine adult nurse practitioners and one physician assistant in that area providing direct patient care for scheduled or walk-in patients.
"The nurse practitioner is essential in modern medical practice in dealing with chronic illness, for managing and educating patients, and for teaching them to care for themselves," Dr. Stoeckle said.

The nurse practitioner is also, according to proponents of the program, less costly to the patient than the physician because her salary is lower.



*JUDITH CASTERLINE, Urology: "I had been a head nurse in inpatient service, but I wanted to make more of an impact in patient care. This role enables me to do that."*

However, recent hearings have been held on Beacon Hill to curb such role expansion. Opponents of the nurse practitioner program as presently constituted prefer to have the participants work directly under a physician's supervision.

Such criticism does not dampen the enthusiasm of most of the nurse practitioners surveyed.

"We really are not any different from most other nurses," said Mary Ryan, RN, Adult Nurse Practitioner, of the Medical Clinics Complex, "but we are equipped and trained to handle some of the routine physician tasks because of our added skills and knowledge."

*MARIE E. KERRIGAN, Logan Airport Medical Station: "We are a little bit different in that we handle more episodic cases and inoculations than other nurse practitioners. But a good deal of what we do is health maintenance and injury prevention.*

RECEPTION FOR MISS DEMPSEY APRIL 11

The Endocrine Unit cordially invites the friends of Miss Eleanor F. Dempsey to a reception to be held in honor of her retirement after 40 years of outstanding service to the MGH. The reception will be in the Bulfinch 2 Conference Room from 1:30 - 4 p.m., Wednesday, April 11.

# Dr. Zapol
## (continued from page 1)

Through his and the Soviet doctors' efforts, and with the use of a special high pressure lung ventilation machine and high caloric feeding solutions flown in from the MGH, the woman regained consciousness, and her prospects for recovery have improved. Dr. Zapol warned, however, that it was still too early to speak of full recovery.

The procedure was hailed by Dr. Vladimir I. Burakovsky, Director of Moscow's Bakulev Institute of Cardiovascular Surgery, as "a great act of cooperation between physicians of the United States and the Soviet Union."

He also praised Dr. Zapol as a "very outstanding specialist."

(Although both Drs. Zapol and Burakovsky refused to name the patient, the Associated Press reported that she was actually Burakovsky's daughter, Marina, herself a Moscow pediatrician.)

As for his birthday plans, Dr. Zapol, who had visited the Soviet Union in 1972 to deliver a lecture in Leningrad, reiterated, "It was the nicest birthday I've ever had. My birthday present was the smile of a 28-year-old Russian."

*Marathon runners often prefer different kinds of diets than other athletes. See story below for more details.*

# Nutritional Hints For the Athlete

Since ancient Greece, where athletes trained on diets of vegetables, figs, meal cakes, and cheese, coaches have proposed numerous dietary regimes for those in training. High protein diets, vitamin supplements, carbohydrate loading, salt tablets, and wheat germ are some of the more recent dietary recommendations for the serious athlete.

Seeking improved performance, many sports and exercise enthusiasts, both amateur and professional, religiously follow dietary advice that can best be described as unscientific. On the other hand, some athletes, such as Olympic runner Wilma Rudolf and marathon champion Bill Rodgers, dismiss the need for a special diet and openly admit a penchant for soda, hot dogs, potato chips, and pizza.

In view of the current and much publicized nationwide interest in fitness and nutrition, it is difficult for the avid exerciser to separate sound nutrition advice from quackery. In accord with National Nutrition Week's focus on nutrition, fitness, food, and physical activity, and in connection with earlier HOT LINE articles on these subjects, MGH dietitians present the following facts that should serve to clarify the often confused subject and further increase the consumer's awareness of nutrition and exercise.

In truth, the optimum diet for an athlete is not essentially any different from that of any normal person. The nutritionally balanced diet of a variety of foods is still considered the most advisable approach to eating for the athlete. However, certain modifications are suggested for the particular circumstances under which the athlete will be performing. The diet should meet the calorie needs of the individual in terms of growth, maintenance, and increased energy expenditure of his or her sport.

Protein needs depend on size; the larger you are, the more protein you need. Such requirements do not increase with exercise. The amount needed by an athlete can be provided through balanced meals. Excess high quality protein in the form of red meat and milk have not been proven to increase efficiency and should not be emphasized on the basis of other health considerations, such as the prevention of atherosclerosis.

Likewise, vitamin requirements are not increased by exercise. An exception is Vitamin B1 (Thiamine), which allows the body to use carbohydrates for energy. However, it is present in so many common foods, such as enriched or whole wheat bread, that it does not have to be supplemented by other means. Studies have shown no beneficial effect with large amounts of vitamins in terms of endurance or resistance to fatigue. Any positive effects attributed to vitamin supplementation of presumably adequate diets can be considered psychological.

For sports demanding endurance and prolonged activity, such as marathon running and swimming, there is evidence that performance is better maintained by those who have eaten a high carbohydrate diet for several days before their event. This practice is known as "carbohydrate loading" and is done by, beginning a week prior to the event, exercising the muscles to be used in competition to the point of exhaustion or, as known in some circles, "carbohydrate depletion." For the next three days, a high-protein, high-fat diet is followed, further depleting the body stores of carbohydrate or glycogen. The athlete should then, four days prior to competing, feast on a diet high in complex carbohydrates, such as bread, fruits, pasta, and potatoes.

Athletes should be encouraged to eat no less than three meals per day. Particularly exhausting sports may require up to five lighter meals daily. It is recommended that the last meal be eaten three to four hours before competition.

Because the body loses salt and water during exercise, athletes should be advised to salt foods well and have an adequate fluid intake. Salt tablets are not neccessary as taste buds regulate salt intake as needed by the body.

However, strenuous exercise in conditions of extreme heat may rob the body of another mineral, potassium. As our bodies do not have a mechanism to signal a need for potassium through cravings, it may need to be provided through food sources such as orange juice, leafy green vegetables, and commercial sports drinks such as "Gatorade."

In addition to those mentioned, a multitude of other theories on sports and nutrition abound. However, at this point, most of these are merely conjecture, and little evidence exists in their favor.

For a winning combination of health and fitness, set your own pace by establishing the necessary habit of regular exercise and by following the basic principles of good nutrition.

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*Members of the cast of the Vincent Club's BETTER THAN EVER are shown in costume prior to the opening of the show, which runs through April 7 at New England Life Hall. Shown are, from left, Tina O'Connell, Kingsley Brooks, and Judy Swartwood.*

## NUTRITION QUIZ

This is the second of a two-part quiz testing your nutrition and exercise I.Q. Answers will be included in the next HOT LINE. Please answer true or false.

1). Athletes need to follow special and specific diets.

2). The more one exercises, the more protein one needs.

3). Vitamin C requirements are not increased by exercise.

4). Salt tablets are necessary when one has perspired during exercise.

5). Carbohydrate loading for marathon runners has been proven useless.

6). Double servings of high quality protein from sources such as red meat, eggs, and milk are necessary components of the training table menu.

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# Notes: Easter Services; Bouvier Cited by Navy

## HOLY WEEK AND EASTER SERVICES FOR PATIENTS AND STAFF

Maundy Thursday, April 12, MGH Chapel, 4 p.m., Mass

Good Friday, April 13, MGH Chapel 12 noon, Interfaith Service of Prayer and Meditation

Holy Saturday, April 14, MGH Chapel, 7 p.m., Easter Vigil Mass (no 4 p.m. Mass in Moseley Rotunda)

Easter Sunday, April 15, Moseley Rotunda, 4 p.m., Easter Mass

Holy Communion will be distributed on Easter Day to all Roman Catholic and Protestant patients who request it.

In accordance with the change in practice effective March 4, only those patients who request Communion will receive it. The Sacraments remain available at anytime to any person who asks for them.

## RALPH BOUVIER CITED BY NAVY

Ralph Bouvier of Building Services was recently tendered a reception in his honor aboard the U.S.S. Miller, a destroyer escort which has been stationed in East Boston while undergoing repairs. Mr. Bouvier was cited by the ship's executive officer, Commander Forrest Morton, for his work as a liaison between the community and the ship's personnel. Accompanying Mr. Bouvier was Bruce Sumoski, also of Building Services.

## WOMEN'S SOFTBALL TEAM TO MEET APRIL 9

The MGH Women's Softball Team, winners of the Division C Championship in the Boston Parks and Recreation League last year, will hold an organizational meeting at 5:30 p.m., Monday, April 9, in the Penthouse for all those women interested in playing this year. An invitation is also extended to any person wanting to coach or manage the team. For further information, please call Kim Plummer at Ext. 2442.

# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) April 12, 1979

## LIFE INSURANCE PLAN HIGHLIGHTS

The MGH Individual Term Life Insurance Plan offers employees the opportunity to fulfill their personal life insurance needs at attractive rates through payroll deduction.

Details can be found in the informational flyer distributed by the Benefits Office with the payroll checks this week.

Some of the highlights of the Plan are:

--employees can purchase as little as $5,000 or as much as $250,000 (in units of $5,000) regardless of job classification or salary;

--premiums will be waived in the case of disability occurring before age 60;

--the policy is convertible at any time, at the insured's option, to any cash value type of policy offered by Boston Mutual Life Insurance Company (underwriters of the Plan);

--policies of both the MGH employee and/or spouse will remain in force at the same rate if the MGH employee terminates employment, so long as the required premiums are paid;

--and Guaranteed Graded Benefit is provided for all employees under 50, which allows any employee or spouse who is declined for standard coverage up to $10,000 in guaranteed coverage.

For further information on the Plan, consult the flyer or call the Benefits Office at Ext. 8133. Group meetings can be arranged by also calling this office. Application forms may be obtained in Walcott 308.

## PREPARATIONS NOW UNDERWAY FOR AMBULATORY CARE CENTER

Relocation of the central oxygen station, located between the Moseley and Walcott Buildings, and the rubbish disposal center, situated between the Moseley Building and Temporary Building #2, began April 1 as part of the preparations for the construction of the new Ambulatory Care Center.

Both will be moved to a combination rubbish, oxygen, and nitrous oxide central station near the southwest corner of Bartlett Hall.

Also presently undergoing demolition are the fences surrounding the tennis court. The court itself will be discontinued to make room for the center and its associated access driveways.

In addition to these present moves, the Moseley and Walcott Buildings will be razed later this year.

* * *

## MGH MUSEUM OF SCIENCE NIGHT UPDATE

The ticket deadline for the May 8 MGH Museum of Science Night is April 18. Employees who have not yet ordered their tickets are reminded that request forms are available in the Staff Records Office, of the Personnel Department, on Moseley 1.

Admission to the museum is free but is by ticket only. Tickets will be distributed through the house mail before May 8.

There will be two special programs during the evening: Energy, the Universal Drive, a fast-paced, 25-minute live performance

(continued on page 2)

MUSEUM (continued from page 1)

featuring a perpetual motion machine, laser, and other physical science devices to illustrate the principles of energy and power; and The Stars Tonight, a 25-minute program in which the museum's Planetarium creates the illusion of a night sky viewed in the country where city lights do not dim the dazzling array of stars and planets overhead. The Stars Tonight also points out the key planets, constellations, and celestial events of the season.

Because of limited seating, tickets for both special shows will be distributed by the museum staff on a "first come-first served" basis with no choice of shows.

Other attractions will include several 15-minute demonstrations which will be repeated regularly, including:

--Live Animals, an informal show-and-tell presentation of such animals as a porcupine, a ferret, a boa constrictor, and a great horned owl;

--and Physical Science, which gives information highlighting unusual aspects of electricity plus a demonstration of a 70,000-volt Telsa Coil.

The Transparent Woman, another favorite of museum goers, will be presented at 6, 7, and 8 p.m. The Energy Slide Show will be given at 6:30, 7:30, and 8:30 p.m.. Tickets are not required for any of these attractions.

The evening promises something for children of all ages, and employees are reminded that they may bring cameras. Complimentary cookies and juice will be provided by the MGH Dietary Department in the lower lobby of the museum. In addition, the ice cream shop on the second floor east will be open until 8:30 p.m. Hamburgers, sandwiches, and soft drinks can also be purchased there.

For those employees On-Call, a special number will be available at the museum for telephone messages. That number is 723-2505.

## SEARCH FOR CPR INSTRUCTORS

The Education and Training Office is looking for any MGH employee who has a current American Heart Association or American Red Cross certification as a CPR instructor.

Persons with such accreditation who are willing to volunteer their assistance in a CPR training program at the MGH are asked to contact Regina A. Craffey, CPR Coordinator, Education and Training Office. She can also be reached at Ext. 2576.

* * *

## SMOKING CESSATION GROUP REGISTRATION

Another four-week smoking cessation group for MGH employees is presently being organized with plans to begin by the end of April. The group will meet for approximately one hour a day, two days a week.

If you are interested in joining, please call the Cancer Control Office at Ext. 5130 or complete the form below and return it to Christine Minet, Cancer Control Office, Room 231, Cox Building. The deadline for enrolling is April 19.

NAME _____

DEPT. _____

EXT. _____

1). I can attend a smoking cessation group at the following time (please indicate first and second choice and approximate time):

| | choice | time |
|---|---|---|
| a. morning | _____ | _____ |
| b. lunchtime | _____ | _____ |
| c. after work | _____ | _____ |
| d. other | _____ | _____ |

2). The following date would be best for me to start attending the group (please circle choice):

a. April 23
b. April 30
c. Other (specify _____)

3). Please indicate which two days of the week would be most convenient:

_____ and _____

# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) April 19, 1979

## THREE MGH DOCTORS ON BOSTON TV DISCUSSING PA. NUCLEAR ACCIDENT

Three MGH doctors appeared on Boston area television stations in recent weeks to discuss the situation surrounding the March 28 accident at the Three Mile Island nuclear power station near Harrisburg, Pa.

Appearing on Boston's WBZ-TV (Channel 4) March 30 and WNAC-TV (Channel 7) April 2 was Dr. Reginald E. Greene of Radiology. Dr. Edward W. Webster, MGH Radiation Safety Officer, also of Radiology, appeared live on WCVB-TV (Channel 5) March 30 and WNAC-TV March 31, and live again on WBZ-TV in a group discussion of the risks of nuclear power. Dr. Oliver Cope, a senior surgeon, was also part of that panel. (In addition, Dr. Cope was quoted in the Boston Herald American April 2 in a front-page survey of local experts in regard to the accident.) Dr. Webster also appeared on WGBH-TV (Channel 2) on the weekend of April 7-8 to discuss the special feature on radiation hazards entitled "Paul Jacobs and the Nuclear Gang."

(continued on page 2)

* * *

## DR. YOUNG NAMED MACY SCHOLAR

Dr. Robert R. Young of Neurology was recently appointed one of the 28 Macy Faculty Scholars for 1979-80 by the Josiah Macy, Jr., Foundation of New York.

Dr. Young was chosen from a group of 126 applicants from schools of medicine and public health in the United States and Canada by a selection committee that considered scholarly achievement as well as the proposed sabbatical program.

(continued on page 2)

## RECEPTION FOR LANCE HOPKINS APRIL 27

DeLanson Y. (Lance) Hopkins, Director of Operations, recently accepted an appointment as Executive Vice President at Rhode Island Hospital. To celebrate his new position, and to share in remembrances of his MGH career, the administration invites friends and fellow employees of Mr. Hopkins to a reception in his honor on April 27, from 3 to 5 p.m., in the Walcott Living Room.

* * *

## DR. ELLIS AWARDED MASTERSHIP IN AMERICAN COLLEGE OF PHYSICIANS

Dr. Daniel S. Ellis of the Department of Medicine was recently awarded a "mastership" in the American College of Physicians (A.C.P.) during its meeting in San Francisco.

A "mastership" is awarded to a member of the college whose record of achievement reflects the highest standards of clinical performance, contributions to medical scholarship, and outstanding qualities such as academic attainment, universally recognized abilities of sustained leadership, and traits of character which distinguish the recipient from his colleagues.

Regarded as "the conscience of the college" for his staunch commitment to maintaining the highest standards within the organization, Dr. Ellis was lauded by the A.C.P. for his "meticulous attention to the details of patient care and exemplary clinical judgement" which has earned him the recognition of being "a doctor's doctor and a model for younger physicians."

(continued on page 2)

DR. YOUNG (continued from page 1)

He will begin a six-month stay July 1 at University Hospital in Uppsala, Sweden, where he will study the role played by muscle spindles in the production of "nervous tremor" in human beings. Muscles spindles are thread-like sensory receptors which run parallel and between the larger muscle fibers. Activation of them is responsible for tendon jerks, stretch reflexes, and fine control of movement.

The Josiah Macy, Jr., Foundation was created in 1930 with an interest in the advancement of medicine in the United States. The Faculty Scholar Award Program was established in 1972.

In addition to Dr. Young, Dr. Joseph B. Warshaw, formerly of the MGH Children's Service, now at the Yale University School of Medicine, was also appointed a Macy Faculty Scholar. He will work on a project related to neonatal physiology at the University of Oxford, England.

* * *

DR. ELLIS (continued from page 1)

"At the Massachusetts General Hospital," the college said in its citation, "his leadership abilities have led to his participation in virtually every committee dealing with patient care."

After attending Duke University, Dr. Ellis began his medical career at Harvard Medical School and the MGH. He returned here after serving his residency in Madison, Wisconsin, and completing his military service during World War II.

A member of the faculty at Harvard Medical School, Dr. Ellis is an acknowledged expert in the varied aspects of liver disease and has written for several publications on the subject.

He presently is chairman of the Baker-Phillips House Committee; a member of MGH's Utilization Review Committee and the Trustees' Committee on Patient Care; and is a commissioner on the Joint Commission on Accreditation of Hospitals.

## FLOWER SHOP NEEDS VOLUNTEERS

The MGH Flower Shop is in need of volunteers for Mondays from 5 to 7 p.m. Persons interested in helping to staff the shop are asked to call the Volunteer Department at Ext. 8540.

* * *

## RETIREMENTS

The hospital wishes health and happiness to the following members of the MGH family who have retired as of April 1:

Conrad Sergott, Patient Accounts
29 years

Larry Lord, Radio-TV Repair Shop
28 years

Ellie Kolman, Nursing
11 years

James McCarthy, Security
8 years

* * *

## MARATHON RUNNERS TAKE NOTICE

The HOT LINE is interested in publishing the names of all MGH employees who participated in this year's Boston Marathon along with their times and order of finish. Runners are asked to contact the News Office at Ext. 2206 or drop a line care of the office, Bigelow 12.

* * *

DOCTORS (continued from page 1)

Throughout their interviews, both Dr. Greene and Dr. Webster stressed the unlikely possibility that health hazards from the Pennsylvania accident posed a threat to the Boston area. They also said during the interviews that the risks to residents living near the nuclear station were not substantial if the situation inside the reactor did not worsen. By last week, state officials said it was safe for all residents, including preschool children and pregnant women, to return to the area.

# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) May 3, 1979

## FROM THE DIETARY DEPARTMENT

Would you like us to offer the Line 3 service on weekends from 11 a.m. to 2 p.m.?

We plan a three-weekend test run beginning May 5 and 6 through May 19 and 20.

Watch for a comment form!

* * *

## DIAL EXT. 5126 FOR SAFETY

An electronic message center has been installed in the Safety Department to receive safety suggestions on a 24-hour basis.

A safety suggestion may be reported at any time by calling Ext. 5126. Each suggestion will be evaluated, and the caller will be notified about the results and recommendations stemming from the call.

The objective of the center is to provide a way for employees on all shifts to offer safety suggestions or to report unsafe acts and circumstances.

It is not absolutely necessary for an employee to be identified in order to report safety suggestions, but identification is preferred.

* * *

## LIKE GRANDMA USED TO BAKE

Masked in the anonymity of clear plastic wrap or undraped altogether, the nutritional value and pureness of the more than 700 loaves of bread and 6,000 rolls baked weekly in the MGH Bake Shop often go unnoticed to the average consumer. Head Baker Larry Stevens and his fellow co-workers

(contined on page 2)

## MAY IS BETTER SPEECH AND HEARING MONTH

More than 20 million Americans--10 percent of all children and adults in the United States --have speech, language, or hearing impairments which severely affect their ability to function as human beings. One of the major tragedies of modern health care is that so many of these individuals do not know how to get help for their communicative disorders.

For the past half century, May has been designated "Better Speech and Hearing Month" by the American Speech-Language-Hearing Association, a 30,000-member society of speech-language pathologists and audiologists.

Speech-language pathologists and audiologists are the professionals who work with individuals with speech, language, or hearing impairments in an effort to restore or improve their ability to assume a meaningful and productive place in society. Awareness of human communication problems and of the availability of professional services for persons with these problems is extremely important.

At the MGH, there are now three locations for the diagnosis and treatment of speech, language, and voice problems. The Speech-Language Pathology Unit at the hospital is located on Burnham 7 with additional units at the Bunker Hill and Chelsea Health Centers.

Audiological services are provided by the MEEI Audiology Staff or the health centers' ENT Units. Speech, language, and voice services are provided both on an inpatient and outpatient basis.

For further information regarding these communicative disorders, please contact any of the units. Their telephone numbers are: at the MGH, Ext. 2763; at Bunker Hill, Ext. 5745; and at Chelsea, Ext. 5983.

## SUMMARY ANNUAL REPORT OF THE MGH GROUP LIFE INSURANCE PLAN FOR THE PLAN YEAR JANUARY 1, 1977 THROUGH DECEMBER 31, 1977

Employer, Plan Sponsor, and Administrator: The Massachusetts General Hospital, Identification #04-1564655. Address: Fruit Street, Boston, MA 02114. Phone No.: (617) 726-8133. Plan No.: 502. Policy/Contract No.: 24021-00.

As an employee of the Massachusetts General Hospital, you are eligible to participate in this plan after one year of service provided you are regularly scheduled to work 20 or more hours per week. A summary of the plan provisions was provided by a general distribution in May 1977; new employees receive a plan summary at their orientation. If you have any questions, please contact a Benefits Office Representative at 726-8133.

Since the 1975 plan year, MGH is required to file an Annual Report with the federal government. This shortened version has been prepared based on guidelines from the Department of Labor. A participant may, upon request, inspect copies of the complete Annual Report during regular office hours at the Benefits Office.

For the 1977 plan year, the group life insurance plan was self-insured by MGH. This means that the hospital had a contractual arrangement with an insurance carrier, the John Hancock Mutual Life Insurance Company. John Hancock agreed to pay the claims for benefits provided under the plan; the company established the premium rates and billed the MGH for claims paid, administrative expenses, and commissions incurred in maintaining the plan.

The plan is an experience-rated contract--that is, the premiums are paid based upon claims that were made for benefits. For the year ending December 31, 1977, the results were as follows:

| | | |
|---|---|---|
| Premiums earned..... | | $104,800 |
| Benefit charges..... | 100,100 | |
| Increased Claim Reserves... | 1,000 | |
| Total Claim Charged..... | | 101,100 |
| Retention Charges: | | |
| Commissions | 2,271 | |
| Administrative Fees.....N/A | | |
| Other Acquisition Costs....N/A | | |
| Expenses..... | 11,635 | |
| Taxes..... | 1,835 | |
| Risk or Contingency Costs..N/A | | |
| Other Retention Charges..... | 1,503 | |
| Total Retention..... | | 17,244 |
| Dividends (in cash)..... | | -0- |
| Claim Reserves at Dec. 31,1977 | | $[illegible]00 |

There were no amendments to the plan during 1977 that would affect your benefits.

## BAKE SHOP (continued from page 1)

thought it would be interesting to the patients and cafeteria customers to know what goes into those baked goods. Here [illegible] their report:

"Our white bread and rolls are made with a super high-quality enriched white bread flour, yeast, whole milk solids, water, salt, sugar, and pure vegetable shortening; and there are eggs in some of our rolls.

"In our wheat bread and rolls, in addition to the above, we use just the right blend of whole wheat flour, crude bran flour, and molasses. As you can see, we use no additives, preservatives, or bread softeners. The result is the same type of delicious bread that grandma used to bake.

"Approximately 90 percent of the bread and rolls used at the MGH is baked right here in our own bake shop. The bread, along with the snowflake dinner rolls, is made by the early evening shift. The sandwich rolls, such as hamburg, frankfurt, egg, pepper-steak sub, onion, and whole wheat hamburg rolls, are produced on the all-night shift.

"We produce, on an average, 500 loaves of white and 200 loaves of wheat bread each week. These loaves weigh two pounds each and yield 33 slices. That is a total of more than 23,000 slices of bread each week, or about three-quarters of a ton.

"And we make over 2,000 dinner rolls weekly along with nearly 4,000 sandwich rolls and our own low sodium products.

"We hope that after reading these facts, you will enjoy our products just a little more."

* * * * *

# The MGH Hot Line

Boston, Massachusetts
News Office, Bigelow 12 (2206)

May 10, 1979


## Personnel Dept. Realigns Staff

*The Personnel Department and the Benefits Office, under the leadership of Richard C. Daggett, Director of Human Resources, have recently been reorganized, with several new positions created and some employee benefit programs transferred. In the first of a two-part series, Douglas H. Geister, Personnel Director, is interviewed about his office and staff. In an upcoming HOT LINE, William A. Wall, Director of Fringe Benefits, will speak on the roles and responsibilities of his office.*

"The MGH is a unique working environment," said Douglas H. Geister, Personnel Director, "in that the 'family' atmosphere that has been its trademark for so long is still very real today, despite the hospital's size."

As part of its multifaceted goal of developing policies and programs which will maintain this harmonious working atmosphere while also serving as an advisor to the hospital's management and staff on a wide range of personnel matters, this office has recently realigned itself so as to present a better equipped and more able professional staff.

As now organized, the Personnel Department has four "service" offices, each headed by a manager who is responsible for a specific personnel function.

One is the Employment Services Office, headed by Rollin W. Rickard. This office is responsible for recruitment and placement of employees and assisting in the hospital's Affirmative Action obligations. It also has responsibility for a wide range of programs including staff orientation, career counseling, and community career development activities. Mr. Rickard has been with the MGH for more

(continued on page 2)

*A bulldozer begins work at the site of the future Ambulatory Care Center.*

*Mrs. Palmer*

*Miss Reilly*

## Two MGH Women Cited for Voluntarism

Two women with ties to the MGH are among the nine Boston area persons awarded certificates of merit for outstanding service during 1978. The awards were given by the Voluntary Action Center of the United Way of Massachusetts Bay.

Included among the winners were Mrs. Edith M. Palmer, a volunteer at the MGH for 40 years, and Miss Agnes Reilly of Building Service, a volunteer at the Youville Rehabilitation and Chronic Disease Hospital in Cambridge and WITS radio's "Person of the Year." (See HOT LINE, February 1.)

Mrs. Palmer, Miss Reilly, and the other seven winners received their awards April 25 at the Federal Reserve Bank in Boston. The ceremony, held during National Volunteer Week, was televised live over WCVB-TV (Channel 5) as part of its "Good Day" program.

Mrs. Palmer, a graduate of the MGH School of Nursing, began volunteering at the hospital in the late 1930s in the Hypertension Clinic, even though there was no structured volunteer department at that time, and service records were not kept.

She worked as a volunteer RN during the polio epidemic of 1955 and, although she has always been willing to help where needed, she has committed herself to assisting the ambulatory patient.

Although records of her early service were not kept, a conservative estimate, combined with the recorded amount, comes to 20,000 volunteer hours as of last year. This works out to approximately 500 hours a year for her career here.

(continued on page 4)

The appointment of James H. Staton, Executive Director of the Boston Hospital for Women, as Director of Operations at the MGH was announced at press time by Dr. Charles A. Sanders, General Director.

Mr. Staton replaces DeLanson Y. Hopkins, who has accepted the position of Executive Vice President at Rhode Island Hospital (see related photo on page 2).

Additional information on Mr. Staton's appointment will be included in a future HOT LINE.

## ACC Plans Proceeding Rapidly

Plans for the new Ambulatory Care Center (ACC) are proceeding rapidly on several fronts as the September target date for the beginning of construction nears.

Dr. Jerome H. Grossman, Director of the Ambulatory Care Division and Ambulatory Care Planning, said that preliminary work is moving very smoothly. Dr. Grossman has been responsible for coordinating efforts to plan the building since the inception of the concept.

According to Burgess P. Standley, Director of Planning, the hospital now has completed the first of the three stages of the architects' drawings as well as plans to relocate the approximately 600 employees who will be displaced when the Walcott and Moseley Buildings are taken down later this summer.

Already moved have been the tennis court; the central oxygen station, previously situated between the Moseley and Walcott Buildings; and the rubbish disposal center, located between the Moseley Building and Temporary Building #2. The central oxygen station and rubbish disposal center have been moved to a temporary combination rubbish, oxygen, and nitrous oxide station just west of Bartlett Hall.

Also, Mr. Standley said, work is now underway to relocate many of the underground pipes in that area where excavation will take place. This work should be completed in June.

Construction of the new center is scheduled to begin in September and is expected to be finished in two years. Overseeing the design phase as head of the ACC Project Coordinating Committee is Lawrence E. Martin, Associate General Director.

Also assisting in the planning of the new building is Dr. George L. Nardi of Surgery.

(continued on page 2)

# MGH Researchers in PUVA Study

A 16-center study, including researchers from the MGH, has confirmed that the use of a combination light and drug treatment, known as PUVA, for severe psoriasis slightly increases the risk of two types of usually mild skin tumors in certain patients.

This report appeared in the April 12 edition of the New England Journal of Medicine.

Despite the added but expected risk of developing the skin lesions, the consensus of the study participants is that the experimental new treatment is highly effective and should remain as the treatment of choice for many severe psoriasis problems that resist conventional therapy.

Dr. Robert S. Stern of Dermatology, the principal author of the article, who is also of Beth Israel Hospital, emphasized that not only is the risk to the patient small, but the resulting tumors produce little discomfort to the patient. They are almost always treatable by exicision with local anesthesia in the doctor's office.

Both Dr. Stern and Dr. John Parrish, also of Dermatology, another member of the 16-institution team, noted that the findings have achieved a second major goal: to help determine which type of psoriasis patient should undergo PUVA.

With few exceptions, they conclude the treatment should continue to be used only for persons with severe psoriasis. In addition, patients with a previous history of developing such skin cancers without PUVA treatment, and those who have previously had a type of radiation (ionizing) treatment, are at high enough risk for these skin tumors to seriously question whether they should undergo the therapy. Light-colored skin adds to the concern for the latter two factors.

In an editorial accompanying the New England Journal article, Dr. John H. Epstein of the University of California School of Medicine called the 16-center study "one of the most thorough and well-directed evaluations of its kind, and its success is due to the meticulous care of the organizers and the dedication of the centers involved."

Dr. Murray Feingold, medical editor for WBZ-TV (Channel 4) in Boston, in an editorial aired over that station April 12, praised the MGH research team for the cautious way in which they have handled the PUVA treatment from the outset.

The MGH team established the 16-center study, one of the main purposes of which was to determine whether there would be any side effects, such as skin cancer, resulting from long-term use of the therapy.

In addition to Drs. Stern and Parrish, authors of the New England Journal article included Dr. Thomas B. Fitzpatrick, Chief of Dermatology; Ruth A. Kleinerman, A.B., of Dermatology; and Dr. Lawrence A. Thibodeau of Harvard School of Public Health. Drs. Fitzpatrick and Parrish organized the study which was coordinated by Dr. Stern.

PUVA was first reported in 1974 in the New England Journal of Medicine by the MGH. The original MGH study and follow-up articles by the 16 centers have consistently shown that PUVA is a highly effective treatment for psoriasis, a skin disease which causes severe psychological stress for many of its eight million American sufferers. The cause of psoriasis remains unknown, and there is no cure.

## Personnel Realigns Staff (continued from page 1)

than eight years, serving as a Personnel Assistant, Education and Training Coordinator, and Personnel Services Manager before being named to his current position.

Another is the Staff Records Office under the direction of Thomas Fabiano. This office maintains the official hospital personnel records and information systems and processes personnel transactions to payroll. It also administers the unemployment compensation program and verifies current and previous employment upon request by responsible outside agencies. Mr. Fabiano was with the MGH Building Service Department for more than eight years before joining the Personnel Office several months ago. He began as a foreman in Building Service, later moving on to administrative supervisor, a position which he held prior to joining the Personnel Department.

A third, the Staff Relations Office, is directed by Isabel A. Lenihan. Its responsibilities include providing advice and counsel to management and supervision in staff relations, personnel policy administration, grievance handling, and the corrective disciplinary process. This office also provides counsel to staff members on matters affecting their employment relationship and investigates complaints processed through outside agencies. On the hospital staff since 1970, Mrs. Lenihan had been the Employment Manager before being named head of Staff Relations.

The Wage and Salary Office, the fourth service area, is headed by Thomas W. Schmitt. As its title suggests, this office primarily recommends changes and improvements in the compensation program and the assorted duties involved in this area. Another responsibility is classifying all positions within the hospital in coordination with the departments involved and advising them on alternative staffing patterns. This office, in addition, administers the performance appraisal system. Mr. Schmitt came to the MGH last July from the Public Transportation Authority in Pittsburgh, Pa., where he was its personnel manager.

"The major reason for establishing these individual offices was to better define the staff member's relationship with the Personnel Department," Mr. Geister said. "Now, if a staff member has a problem, he or she should be able to locate the appropriate office and have the matter settled quickly.

"This reorganization is by no means a sign of great change. The hospital personnel function has operated well in the past, and we aren't going to tamper with success. We would just like to make sure that we are responsive to the needs of the hospital and its staff."

The department is also planning a review of hospital personnel policies as part of its intention to establish a permanent Personnel Policy Procedures Manual and an updated Staff Handbook.

"Both of these are scheduled for completion later this year," Mr. Geister said. "In the meantime, we will continue to examine other things which will better serve our staff members."

The MGH HOTLINE is published three times a month by and for the employees of the Massachusetts General Hospital, Boston.

Charles A. Sander, M.D.
*General Director*
Martin S. Bander
*Deputy to the General Director (News and Public Affairs)*
John J. Canny, *Editor*
Doris G. Schreckengaust, *Copy Editor*
Ruth Gutama, *Typist*

*DeLanson Y. Hopkins, Director of Operations, and his daughter, Abigail, greet one of the more than 200 guests who attended a reception in his honor April 27 in the Walcott Lounge.*

*Mr. Hopkins left the hospital May 4 to accept the position of Executive Vice President at Rhode Island Hospital in Providence.*

*A graduate of the University of Virginia, Mr. Hopkins first came to the MGH in 1965 as a unit coordinator in nonclinical services for several patient units. He left in 1967 to pursue a Masters of Business Administration at George Washington University in Washington D.C. He rejoined the hospital in 1969 as an administrative resident to complete his MBA requirements. He received the degree a year later. In 1970, he was named an administrative assistant, later becoming an assistant director before being named Director of Medical Support Services in 1973.*

*Mr. Hopkins was appointed Director of Operations in 1975.*

*Upon his departure, he said, "I am grateful for the many opportunities I have had at the MGH. The associations and friendships I leave will not be easy to replace because they have made my stay here exciting, challenging, and fun."*

## ACC (continued from page 1)

The Walcott Building will be taken down in August and the Moseley Building in September. The foundation for the new structure will be laid soon thereafter. In charge of the resulting relocation of employees is David M. Semple, Director of Therapeutic Support Services.

Most of the employees displaced will be moved to four major new locations: Bulfinch 2; Bartlett Hall; West End House; and 50 Staniford St. A more detailed list of the relocations will be included in a future HOT LINE.

To date, the architects have completed the "schematic drawings" of the new building, which give a rough sketch of what it will look like. The "design development" and "preparations of construction documents" phases will be completed before construction begins, Mr. Standley said.

The ACC was approved by the Massachusetts Public Health Council in February 1978. The hospital first filed for a Certificate of Need to build the project in August 1974.

The new building will house the Ambulatory Care Division including physician offices from numerous current locations; ambulatory surgical and radiology suites; a pharmacy; some specialized laboratories; and appropriate administrative services. The cost of the building is approximately $23 million.

After the ACC is completed, it is planned to remove the temporary building, Mr. Standley said.

"A side benefit of the Ambulatory Care Center," said Dr. Charles A. Sanders, General Director, "will be the chance to reclaim the Bulfinch lawn and to make the Bulfinch building once again the attractive site it always was."

*Susan Robinson of the Softball Team*

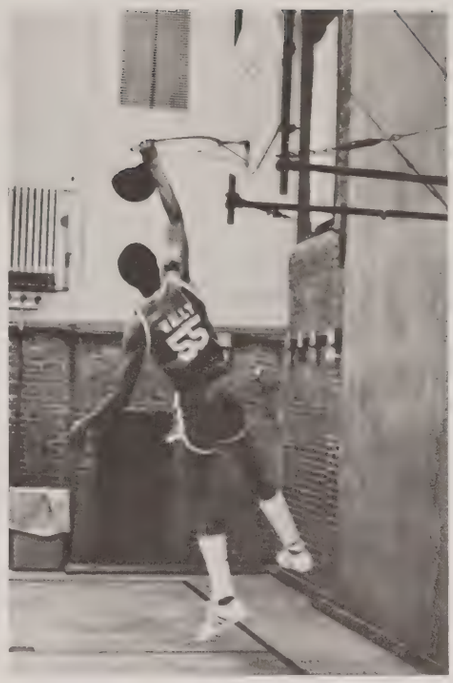
## Softball Team Sweeps Women's Hoop Title

The Softball Team, sparked by the hustling play of forward Susan Robinson, erupted for eight unanswered points midway through the second half of game two to defeat the Radiology Rayettes, 34-27, and sweep the first MGH Women's Basketball League championship playoff, two games to none.

After handily winning the first game of the best-of-three series, the Softball Team ran into a much tougher Rayette defense as neither team could muster a sustained offense in the first half of the second, and ultimately deciding, game.

Ellen Block, the Rayette center, was able to offset the hot shooting of opposing center Linda Schaefer as she scored nine first-half points before a leg injury suffered during rebound action late in the half forced her to the bench. Schaefer, who finished with 13 points, tied with teammate Robinson for game-high honors, was able to free herself for several short jumpshots. However, strong defensive rebounding by Rayette forward Dee Oxford denied several followup opportunities and, with Rayette guard Lorraine Concannon sinking two timely shots from the outside, the half ended tied, [illegible]9.

Starting the game with only six players, the Rayettes began the second half without Block but managed to stay close as the teams traded hoops until midway through the half. With the score tied at 24, Robinson ignited the Softball Team surge with two quick fast-break baskets followed by a rebound to set up a third hoop. A Robinson basket off still another fast-break increased the Softball Team lead to eight, 32-24. A Rayette foul-shot ended the run, but another Robinson basket put the Softball Team up by nine, 34-25, with time running out. A late Rayette hoop produced the final score.



*James Sanders of Baker Kitchen makes sure of these two points*

## Baker Kitchen Warhogs Top White Kitchen to Win Men's Hoop Crown

James Sanders scored 23 points and Errol Burke, 20, to lead four Baker Kitchen players in double figures as the Warhogs defeated the defending champion White Kitchen Warriors, 68-65, in game four of their best-of-five series to win the MGH Men's Basketball League title, three games to one.

The balanced Warhog scoring attack offset a brilliant individual performance by Warrior forward Ric[illegible]x, who averaged more than 26 points-per-game during the championship series.

In addition to Sanders and Burke, other Baker Kitchen players to reach double figures were Jun Dennis, with 12 points, and Walter Morgan, with 10.

The Warhogs won game one of the series, 77-66, behind Sanders' 30 points, but lost the second game, 72-66, as Cox tallied 29 points. Sanders scored 32 points in game three as the Warhogs won, 74-72, entering the fourth and final contest.

*Bernie Nee of the Tigers and Building Service shows good form but it wasn't enough as his team bowed to the Chargers.*

## Chargers Top Bowlers

The Chargers, behind the hot bowling of Joe Blanchard of Purchasing and an overall strong team effort, stormed back from a fourth-place finish in regular season play to win the MGH Bowling League Championship in a close final rolloff with the Tigers.

With Blanchard maintaining, and often bettering, his regular season average of 104 throughout the playoffs, the Chargers swept past the Orioles, two games to none, in the semi-finals while the Tigers beat the Flyers.

The Tigers, however, because of their higher overall team average, had to spot the Chargers a crucial 11-pin-per-game handicap in the final series. Although the teams finished even in total pinfall in the first game of the best-of-three series, the Chargers won on the strength of the handicap.

The Tigers overcame the deficit in the second game to post a two-pin victory but, although they were actually outbowled by nine pins in the deciding third game, the Chargers won the match and the championship when the 11 pins were added on.

In addition to Mr. Blanchard, other members of the Chargers included Ed Carter of the Computer Center; Ray Gelinas of the Electrical Shop; Gerri Pennacchio of Patient Accounts; and Vi Shepard of Clinical Administration.

Believed to be the oldest continuous sports league in the hospital, the competition was composed of 12 teams with five players--three male and two female--per team. The annual banquet will be held May 19 at the Ramada Inn in Woburn at which time the championship trophy and the individual awards will be presented.

## Dr. Wolfe Leads MGH Marathoners in "Boston"

Under gray, dismal skies-- "perfect weather for a marathon," said one participant--at least 25 persons from the MGH and its related institutions crossed the finish line at the Prudential Center completing the 26-mile, 385-yard ordeal affectionately known simply as "Boston."

Encouraged by the usual throng that line the streets from Hopkinton to Boston, the marathoners defeated hills and fatigue. Their times varied from Bill Rodgers' record of 2 hours, 9 minutes, and 27 seconds to the unkept hourage of those who came in after darkness had settled.

The MGH contingent was led by Dr. Robert R. Wolfe of the Shriners Burns Institute, whose outstanding time of 2:26.15 earned him a 163rd place finish in what was called by marathon watchers probably the most competitive field in the event's history. In all, almost 7,800 runners were officially entered in the race. They were joined by thousands of others who ran for the fun of it.

For most the goal was simply to finish.

For those who did, there was the sweet joy of success. For those who failed, there was next year.

In addition to Dr. Wolfe, other known runners from the MGH and its affiliates included, in order of their finish:

| | |
|---|---|
| George Smith, McLean | 2:55.09 |
| Dr. Frederick H. Silver, Shriners | 2:57 |
| Joseph Rubin, McLean | 2:58.23 |
| Dr. Richard W. Erbe, Genetics | 2:58.27 |
| Dr. John C. Long Pathology | 2:59 |
| Dr. C. Whitley Vick, Radiology | 3:02 |
| Dr. Allen W. Buck, Anesthesia | 3:07 |
| Dr. Ward J. Cromer, Bunker Hill | 3:11 |
| James O'Hara, McLean | 3:13 |
| Judith Perley, Surgical Nursing | 3:22.23 |
| Sherry Haydock, Ambulatory Care | 3:26.05 |
| Dr. Philip C. Amrain, Hematology and Oncology | 3:28 |
| Orland E. Donald, Neurosurgical Research | 3:33 |
| Dr. Robert K. Leet, Bunker Hill | 3:35 |
| Bill Chin, Molecular Endocrinology and Thyroid Unit | 3:38 |
| Jill Downing, Respiratory ICU | 3:40 |
| Dr. Leonard M. Zir, Medicine | 3:44 |
| Dr. John D. Goodson, Ambulatory Care | 3:45 |
| Dr. Gary M. Strauss, Medical Oncology | 3:55 |
| Jim Wieder, Computer Science | 3:55 |
| Jane Glidden, Phototherapy | 3:56 |
| Dr. Francis de Marneffe, McLean | 3:58 |
| Dr. Paul Stark, Radiology | 3:58 |
| Dr. Virginia Austin, McLean | 4:10 |
| Dr. John McDermott, Surgery | (unknown) |

*The Indian Clinic, located on White 1 in the Overnight Ward, recently celebrated its sixth anniversary with a small reception attended by many of the friends and patients of the facility.*

*Begun in April 1973 by Trudy Yukl and Robbie Klein Lonewolf, both social workers in the Emergency Ward, the clinic has been both a referral service and counseling center for many of the more than 3,000 native Americans living in the Boston area. Miss Klein Lonewolf left the hospital in November 1974.*

*The clinic presently sees more than 200 patients, representing 24 tribes, on a long-term basis. The most severe problem for the predominantly male clientele, Miss Yukl said, is alcoholism. "We don't try to change anyone's lifestyle," she said, "but we do try to arrange care for their medical problems--alcohol-related or not."*

*The clinic can refer people to the various organizations around Boston which could be best suited to handle their various problems if the MGH cannot. The unit also offers the native American a place to sit down in a relaxed and comfortable atmosphere and talk with either the counselor or other Indians.*

*Eleanor Dempsey is flanked by Dr. John T. Potts Jr. (left), Chief of the Endocrine Unit, and Lawrence E. Martin, Associate General Director, as they admire a traditional painting of the Bulfinch Building given to her during a reception honoring her retirement, effective June 1, after 40 years with the MGH.*

*More than 100 friends and fellow employees of Miss Dempsey, including Dr. Alexander Leaf, Chief of Medical Services, attended the reception held April 11.*

*Miss Dempsey is the Administrative Assistant for the Endocrine Unit. Her retirement plans include devoting more time to gardening and travel.*

## MGH Staffers Assist Special Olympics

Sue Lyons of the Neurosurgical Department will serve as a cochairperson for this year's Suffolk County Special Olympics for mentally handicapped children and adults which will be held Saturday, May 12, at Boston College High School.

Assisting Miss Lyons from the MGH in the various track and field events will be Bonnie Ingalls of Oncology, who has helped throughout the planning stages; Richard Kettell of Maintenance, who has helped in obtaining boosters and advertisements; and Natalie Hewitt of the Neurosurgical Department, who has helped with some of the clerical duties.

In addition, 13 members of the MGH School of Nursing have volunteered their assistance.

The Suffolk County Special Olympics is hosted by the Boston Jaycees in conjunction with the Greater Boston Track Club, and is sponsored by the Massachusetts State Special Olympics. The event was created and is cosponsored by the Joseph P. Kennedy Jr., Foundation.

Open to the public, the event begins at 10 a.m. In case of rain, the Special Olympics will be held May 19 at Harvard University.

## PHILLIPS KETCHUM, FORMER MGH PRESIDENT, DIES

Phillips Ketchum, former President and Treasurer of the MGH, died April 22 in the Phillips House. He was 94.

A graduate of Harvard College and Harvard Law School, Mr. Ketchum joined the firm of Herrick, Smith, Donald, Farley, and Ketchum in 1916. He began his association with the MGH in 1928 as a Trustee and as Treasurer. In addition, he chaired the Finance Committee of the Trustees which supervised the management of hospital investments. During his 11-year term as Treasurer, the Baker Memorial and the White Buildings were built.

It was on Mr. Ketchum's recommendation that a hospital research program was organized in 1935, and he later served as moderator of a joint committee of trustees and staff that monitored the research program.

Mr. Ketchum was appointed President of the Corporation in 1956 and Honorary President in 1964. He retired as a Trustee in 1964 at which time he became an Honorary Trustee.

Upon his retirement as Honorary President and Honorary Trustee in 1972, the Board of Trustees said, "His long experience at the hospital, his clear recollection of precedent, and his thoroughness of the study of the hospital's relationship to the outside agencies in the community made him a most valuable member."

Mr. Ketchum also served on the Board of Trustees of several organizations besides the hospital. He was also former chairman of the Metropolitan Boston Red Cross fund drive and served as the organization's legal counsel for many years.

Living in South Natick at the time of his death, he leaves his wife, Amey Peters; also two sons, Phillips Jr. and Jonathan, and a daughter, Rebekah Richardson, by his first wife, Margery Amory Ketchum. A library in the Huntington Laboratories is named in honor of the late Mrs. Ketchum.

## Volunteers (continued from page 1)

In addition to her work at the MGH, Mrs. Palmer has been active in several other volunteer organizations, including the Massachusetts Corrections Association, of which she is a charter member; the M.I.T. Hospitality International Program; and the Adult Education Program and the public school system in Brookline.

Despite a bout with arthritis, Mrs. Palmer continues to keep her weekly commitment to the hospital.

"To all of us who know her," said Mrs. Maeve Blackman, Director of the Volunteer Department, "Mrs. Palmer exemplifies all that is finest in voluntarism. She never looks for recognition, and we nominated her for the award because we wish to affirm to the wider community how much we appreciate the vision, compassion, courage, and service of this remarkable woman."

Miss Reilly, an employee here for 14 years, was cited for her volunteer work at Youville, where she has worked seven nights a week for the past 10 years helping to feed, entertain, and lend moral support to the patients. In 1977, for example, she logged more than 1,200 volunteer hours at the hospital.

One example of her dedication: Forced to miss a day of volunteering during the height of the February 1978 blizzard, Miss Reilly and MGH co-worker Rosa White set out of foot to Cambridge after finishing their work at the MGH. The driver of an Army jeep assigned to the MGH stopped the two women and, after recognizing Miss Reilly as having once helped his mother, drove them to Youville.

In being honored by the listeners of WITS as "Person of the Year," Miss Reilly outpolled several local, national, and international figures, including former Massachusetts Governor Michael S. Dukakis, President Jimmy Carter, comedian Jerry Lewis, Israeli Prime Minister Menachem Begin, and Egyptian President Anwar Sadat.

# The MGH Hot Line

BOSTON, MASSACHUSETTS
News Office, Bigelow 12 (2206) May 17, 1979

## MAY 13 THROUGH 19 DECLARED "HOSPITAL TELEPHONE OPERATORS WEEK"

Citing hospital telephone operators as providing "the link between physicians, hospital personnel, patients, and visitors, in an internal and external communications network essential to the delivery of health care," Massachusetts Governor Edward J. King has declared May 13 through 19 "Hospital Telephone Operators Week."

Evelyn Olschewski, Director of Communications and a founder of the New England Hospital Telecommunications Association, which made this observance possible, said, "I am pleased that recognition finally is being given to the very vital role played by the telephone operators of health care institutions. Because they are not seen, there has been little or no awareness on the part of the public of the changes in

(continued on page 2)

* * *

## WARREN LIBRARY BOOK SALE MAY 24

The Warren Library is holding a book sale in the Warren Lobby on Thursday, May 24, from 10 a.m. to 4:30 p.m.

The library is now accepting donations of hardback and paperback books, games, and magazines such as National Geographic, Antiques, Audubon, Gourmet, and Horizons, for use in the sale. These items may be dropped off in the library, located in the Bulfinch Basement, between 9:30 a.m. and 3:30 p.m., Monday through Friday.

* * *

## FLOWER SHOP NEEDS VOLUNTEERS

The Flower Shop is in need of volunteers for Tuesday and Thursday afternoons, Wednesday mornings, and Friday evenings. Contact the Volunteer Department, Ext. 8540, for further information.

## DR. ARONOW CITED BY IEEE, COOPER UNION

Dr. Saul Aronow, Associate Physicist in the Department of Radiology, was recently named a Fellow of the Institute of Electrical and Electronics Engineers (IEEE) in New York. He was honored for his "contributions to medical instrumentation, particularly in nuclear medicine and neurosurgery, and for innovative leadership in establishing clinical engineering in hospitals."

In addition, Dr. Aronow was recently awarded the Gano Dunn Medal for Profession Achievement in Science and Engineering by The Cooper Union of New York, his alma mater, for his outstanding work in his field.

The IEEE fellowship citation, awarded by the institute's Board of Directors, is given to "a person of outstanding and extraordinary qualifications and experience in the fields of electrical engineering, electronics, radio, allied branches of engineering, or the related arts and sciences, who has made important individual contributions to one or more of these fields."

Dr. Aronow, one of the first engineers to work in a hospital, has been a leader in the development of nuclear medical instrumentation, most notably in systems for measuring brain blood flow, cardiac output, and positron scanning for tumor localization. He also has been influential in the development of shared service systems to provide engineering support to smaller hospitals through the Massachusetts Hospital Association and other organizations.

In 1967, Dr. Aronow organized and became director of the Medical Engineering Group at the MGH, one of the first groups to provide technological support to clinical patient care. Much of his recent work has been concerned with the introduction of new technology to the hospital environment. In addition to his work here, he has been a

(continued on page 2)

## SUMMARY ANNUAL REPORT OF THE MGH LONG TERM DISABILITY PLAN FOR THE PLAN YEAR JANUARY 1, 1977 THROUGH DECEMBER 31, 1977

Employer, Plan Sponsor, and Administrator: The Massachusetts General Hospital, Identification #04-1564655. Address: Fruit St., Boston, MA 02114. Phone No.: (617) 726-8133. Plan No.: 503. Policy/Contract No. 24021-01.

As an employee of the Massachusetts General Hospital, you are eligible to participate in this plan after one year of service provided you are regulary scheduled to work 20 or more hours per week. A summary of the plan provisions was provided by a general distribution in May 1977; new employees receive a plan summary at their orientation. If you have any questions, please contact a Benefits Office Representative at 726-8133.

Since the 1975 plan year, MGH is required to file an Annual Report with the federal government. This shortened version has been prepared based on guidelines from the Department of Labor. A participant may, upon request, inspect copies of the complete Annual Report during regular office hours at the Benefits Office.

For the 1977 plan year, the hospital entered into a limited self-insured arrangement with an insurance carrier, John Hancock Mututal Life Insurance Company. This means that based on a contractual arrangement, John Hancock agreed to pay the claims for benefits under the plan, and bill the hospital for claims paid, administrative expenses, and commissions incurred in maintaining the plan. Premiums in excess of charges incurred by the carrier were paid into a separate account maintained by the hospital and were invested to insure against potential liabilities of the plan.

The plan is an experience-rated contract; that is, the premiums paid were based upon claims that were made for benefits. For the year ending December 31, 1977, the results were as follows:

DR. ARONOW (continued from page 1)

leader in developing safety standards for hospitals and in establishing certification programs in clinical engineering. has authored or coauthored more than 70 articles in his fields.

* * *

OPERATORS' WEEK (continued from page 1)

technology and scope that have affected the operator's role in the past few years.

"The operators duties have progressed from the routine call connections to the highly complex responsibilities of handling high intensity and high volume traffic and sophisticated equipment.

Hospital personnel are invited to visit the Communications Center, located on White 13, to observe the nerve center of MGH telephony, radio paging, and associated activities.

* * *

LONG TERM DISABILITY PLAN (continued from left column)

| | | |
|---|---|---|
| Premiums paid..... | | $200,227 |
| Benefit Charges..... | 158,842 | |
| Increased Claims Charged. | 26,017 | |
| Total Claims Charged..... | | 184,859 |
| Retention Charges: | | |
| Commissions..... | 6,137 | |
| Administrative Fees..... | N/A | |
| Other Acquisition Costs.. | N/A | |
| Expenses..... | 30,945 | |
| Taxes..... | 4,347 | |
| Risk Contingency Costs... | N/A | |
| Other Retention Charges.. | 4,146 | |
| Total Retention..... | | 45,575 |
| Dividends (in cash)..... | | -0- |
| Claim Reserves at December 31, 1977..... | | 135,572 |
| Other Reserves..... | | $ 11,967 |

There were no amendments to the plan during 1977 that would affect your benefits.

# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) May 31, 1979


## EDUCATION & TRAINING OFFICE MOVES TO WALCOTT BASEMENT

Beginning June 4, the Education and Training Office of the Human Resources Department will be located in the Walcott Basement and will remain there for the summer. The office will again be moved to an as-yet undetermined location when the Walcott Building is taken down.

The office will continue to be open for Tuition Assistance activities from 8 a.m. to 4:30 p.m., Monday through Friday. Any questions may be directed to Camille Punch, Ext. 2230.

Also, school catalogs and health career information will be available in a small library for employees. Counseling appointments with Carol Rinehart, Education and Training Coordinator, may be arranged by calling Ext. 2230.

The office's newest member, Regina Craffey, CPR Coordinator, will be located in Room G-6 in the Walcott Basement and can be contacted at Ext. 2576.

* * *

## "BETTER SPEECH AND HEARING MONTH" UPDATE

The month of May has been designated "Better Speech and Hearing Month" by the American Speech-Language-Hearing Association (HOT LINE, May 3). The Department of Health, Education, and Welfare estimates that there are 22 million Americans who suffer from some sort of communicative disorder.

But did you know:

(continued on page 2)

## MGH SCHOOL OF NURSING COMMENCEMENT EXERCISES JUNE 1

Eighty-five persons are scheduled to receive diplomas at the 104th commencement exercises of the MGH School of Nursing which will be held Friday, June 1, at 3 p.m. in John Hancock Hall.

Dr. John Wagner Grover, Associate Gynecologist at the MGH and Assistant Clinical Professor of Obstetrics and Gynecology at Harvard Medical School, will deliver the commencement address.

Dr. F. Sargent Cheever, Chairman of the Board of Trustees and the Trustees Committee to the School of Nursing and Nursing Department, will preside over the ceremony.

Miss Natalie Petzold, Director of the School of Nursing, will present the awards and diplomas. Also participating in the exercises will be the Rev. Scott H. Glidden, of Pastoral Services, who will deliver the invocation and baccalaureate message.

Speaking on behalf of the senior class will be Bernadette Conway, President. Other officers of the Class of 1979 include Marianne Curran, Vice-President; Kathy Shea, Secretary; and Mary Bridget McGrath, Treasurer.

In addition to the award presentations and speeches, Pamela Horn, a senior of the school, will sing Joni Mitchell's "Circle Game," with accompaniment by Jeanne Tomolillo, another senior, on the guitar. The entire senior class will also present its rendition of Paul McCartney and John Lennon's "In My Life," which was chosen as class song.

## SUMMARY ANNUAL REPORT OF THE MGH GROUP TRAVEL/ACCIDENT INSURANCE PLAN FOR THE PLAN YEAR BEGINNING MARCH 1, 1977 AND ENDING FEBRUARY 28, 1978

Employer, Plan Sponsor, and Administrator: The Massachusetts General Hospital, EIN # 04-1564655. Address: Fruit St., Boston, MA 02114. Phone No.: (617) 726-8133. Plan No.: 504. Policy/Contract No.: SR-68080469.

As an employee of the Massachusetts General Hospital, you are eligible to participate in this plan upon meeting or fulfilling certain requirements. A summary of the plan provisions was provided by a general distribution in May 1977; new employees receive a summary of the plan provisions at their orientation. If you have any questions about eligibility, coverage, or want further information, please contact a representative at the Benefits Office (726-8133).

Since the plan's inception in 1975, the hospital has been required to file an Annual Report with the federal government. This shortened version of the Annual Report has been prepared based on guidelines from the Department of Labor.

For the policy year indicated above, the plan was insured through Continental Casualty Company. The premiums provided by the employer were forwarded directly to the insurance carrier. The insurance carrier incurred administrative, sales and commission charges, and these were the only expenses paid in maintaining the plan.

The plan is a non-experience rated contract; that is, the plan's experience does not directly effect the premium charged. For the year ending February 28, 1978, the total premium charges paid were $1,489. The total amount of retention, that is the amount of money retained by the insurance carrier after paying commissions in fulfillment of the commissions agreement, was $1,265.65.

There were no amendments to the plan during the 1977/1978 plan year that would affect your benefits under the plan.

## BETTER SPEECH AND HEARING MONTH

(continued from page 1)

--that communicative disorders constitute the nation's number one handicapping disability;

--that the yearly loss of earnings due to communicative disorders is $1.75 billion;

--that each year 60,000 Americans suffer from aphasia--the loss of the ability to use speech and language--due to stroke or head injury;

--that three million school-age children suffer from hearing loss;

--that one of every four elderly persons --over six million people total--has a hearing disorder;

--that 11.5 million Americans suffer from uncorrected hearing handicaps;

--and that permanent hearing loss can result from loud noise. For example, exposure to noise in excess of 85 to 90 decibels over a long period of time may be hazardous. Among common sounds that exceed this level are rock music; lawn mowers; power tools; jet airplanes; factory machines; and some kitchen appliances.

* * *

## RETIREMENTS

The hospital wishes health and happiness to the following members of the MGH family who have recently retired:

Thomas Hennessey, Maintenance
35 years

Arthur Halvorsen, Maintenance
31 years

Harold E. Boyd, Building Service,
14 years

John W. Ryerson, Central Supply Room
10 years

Helen Foster, Shepard-Gill,
8 years

# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) June 7, 1979


## MOSELEY AND WALCOTT RELOCATION MOVES

Early this fall the Moseley and Walcott Buildings will be demolished to clear the way for construction of a new Ambulatory Care Center. A number of temporary changes will result with some units moving more than once. In the next few issues of the HOT LINE, the Planning Office will outline the departments affected by the demolition and provide their new locations and telephone extensions. Some of the early moves which have taken place or will soon take place include:

May 23 Patient Activities of Walcott Basement moves to the Penthouse on White 13. Ext. 2709.

May 24 School of Nursing Alumni Office has moved temporarily from Bartlett Hall to the Walcott House first floor until August, when it will move back to Bartlett 4 into renovated offices. Ext. 3314.

May 24 Some student nurses in Bartlett Hall moved to Charles River Park.

May 30 Training and Education of Bulfinch 2 moved temporarily to Walcott Basement. Ext. 2230. Regina Craffey, Ext. 2576.

June 4 Anesthesia Doctors' Offices moved from Temporary Building #1 Basement to 10 Hawthorne Place in Charles River Park, Suite #102. Ext. 8815.

June 8 Flower Shop workroom will be moving from Bulfinch 2 to Temporary Building #1 Basement.

June 8 The remaining student nurses in Bartlett Hall will move to 20 Charles Street.

## HEALTHFEST '79 JUNE 16

The public is invited to attend Healthfest '79, featuring free health screenings at the MGH and the Massachusetts Eye and Ear Infirmary, which will be held Saturday, June 16, from 10 a.m. to 2 p.m. at the corner of Charles and Fruit Streets.

The event is sponsored by the MGH Ambulatory Care Division, the MEEI, and the Beacon Hill Civic Association.

In addition to the free specialty screenings, health care informational booths will be set up in both the MGH and MEEI to answer any questions the public may have. Street entertainment and games will also be available.

Departments interested in having a booth at the fair and persons wishing to volunteer to work on an exhibit are asked to contact Donna Muffoletto at Ext. 3367.

* * *

## PHONE NUMBER CHANGED FOR REPAIR SERVICE

The telephone company has changed the number for repair service. The new number is 9-1-555-1515. The Communications Office reminds the hospital staff to immediately change this number on pages 1 and 84 of the MGH Directory.

* * *

## GEORGE PUTNAM, MGH TRUSTEE, CITED BY HARVARD BUSINESS SCHOOL ASSOCIATION

George Putnam, a member of the Board of Trustees at the MGH and Chairman of The Putnam Management Company, recently received the 1979 Business Statesman Award from the Harvard Business School Association of Boston.

(continued on page 2)

## SUMMARY ANNUAL REPORT OF THE MGH GROUP HEALTH INSURANCE PLAN FOR THE PLAN YEAR JULY 1, 1977 THROUGH JUNE 30, 1978

Employer, Plan Sponsor, and Administrator: The Massachusetts General Hospital. EIN #04-1564655. Address: Fruit St., Boston, MA 02114. Phone No.: (617) 726-8133. Plan No.: 501. Policy/Contract No.: 1471.

As an MGH employee, you are eligible to participate in this plan upon fulfilling or meeting certain requirements. For example, if you are regularly scheduled to work 20 or more hours per week, you pay a modified premium rate during the first six months of employment; after six months the hospital pays the entire cost of your coverage. A summary of the master medical provisions was provided by a general distribution in May 1977; new employees receive a plan summary at their orientation. If you have any questions, please contact a Benefits Office Representative at 726-8133.

Since the plan's inception in 1975, the hospital has been required to file an Annual Report with the federal government. This shortened version of the Annual Report has been prepared based on guidelines from the Department of Labor. A participant may, upon request, inspect copies of the complete Annual Report during regular office hours at the Benefits Office.

For the 1977 plan year, the health insurance plan was self-insured by MGH. This means that the hospital entered into a contractual arrangement with an insurance carrier, Blue Cross/Blue Shield of Massachusetts. BC/BS agreed to pay the claims for benefits provided under the plan; BC/BS, in turn, established the premium rates and billed the MGH for claims paid, administrative expenses, and commissions incurred in maintaining the plan.

The plan is an experience-rated contract; that is, the premiums paid are based upon claims that were made for benefits. For the year ending June 30, 1978, the results were as follows:

(continued in next column)

## MR. PUTNAM RECEIVES BUSINESS AWARD

(continued from page 1)

The award is given annually to a businessman in Greater Boston whose leadership and achievements are recognized as outstanding, both in business and toward the betterment of the community.

Mr. Putnam was cited for having "combined an extremely successful business career with a wide range of civic and community endeavors." He was also commended for applying "the same degree of dedication and effort to both his business and civic undertakings with the result that he is a leading member of the Boston community."

A graduate of Harvard College and Harvard Business School, Mr. Putnam began his business career as a securities analyst with The Putnam Management Company in 1951, later being elected its President and Chief Executive Officer in 1961 and Chairman in 1970. He was named a Trustee of the MGH in 1963 and presently serves as Chairman of its McLean Hospital Committee.

Mr. Putnam is also Treasurer of Harvard University and a Trustee of Wellesley College and The Colonial Williamsburg Foundation as well as being Chairman of both the George Putnam Growth Fund and The George Putnam Fund of Boston.

In addition to being Treasurer of Harvard, Mr. Putnam is Chairman of the Harvard Management Company which manages the university's endowment.

* * *

## GPOUP HEALTH INSURANCE PLAN

(continued from left column)

| | |
|---|---|
| Earned Premiums..... | $4,083,539 |
| Incurred Claims..... | 3,856,206 |
| Blue Cross/Blue Shield Expenses: | |
| Commissions..... | N/A |
| Administrative Fees..... | N/A |
| Other Expenses..... | 227,333 |
| Taxes..... | N/A |
| Research & Development.. | ------- |
| Total Expense..... | 227,333 |

There were no amendments to the plan during the 1977/78 plan year that would affect your benefits.

# The MGH Hot Line

Boston, Massachusetts
News Office, Bigelow 12 (2206)

June 21, 1979


## Disaster Drill Called Successful

The first full-scale drill of the MGH's new disaster plan held June 6 was an overall success, according to Dr. John F. Burke, chairman of the Executive Committee on Disaster Planning.

"From our point of view," Dr. Burke said, "the drill went off very well. We were able to test all the systems involved in the disaster plan by using people who volunteered as 'victims' here at the hospital, and we encountered only a few minor problems."

The drill, planned well before the May 25 crash of a DC-10 airliner in Chicago which killed 275 persons, was conducted by Massport in cooperation with several municipal and private organizations throughout the city and began with a simulated crash of an airplane at Logan Airport.

More indepth information about the new MGH disaster plan will be included in the next HOT LINE.

In all, more than 100 persons participated in the drill at the MGH, including members of the Administration, of various medical and surgical specialties, other health professionals, and a variety of units, such as Building Services, who would serve as litter bearers and directors of pedestrian traffic within the hospital.

The approximately 20 "victims" used here were other hospital employees and volunteers organized by the Volunteer Department.

The MGH was expecting about 20 additional "victims" of the simulated air crash at Logan, but these persons did not arrive here until after the drill was over. Boston newspapers reported that several "victims" were actually treated at area hospitals and health centers, including the MGH and the MGH-Logan Airport Medical Center, when they were overcome with smoke from a smoke bomb used as part of the Massport exercise. All were reportedly released within a few hours.

*William Clemons...new Director of Facilities*

*Anthony Giarrusso...Director of Maintenance*

## William Clemons Named Director of New Facilities Division

William L. Clemons, Director of Engineering and Maintenance, has been named to the newly created position of Director of Facilities.

In making this announcement, Dr. Charles A. Sanders, General Director, said that Mr. Clemons will oversee the new Facilities division which now encompasses all eight maintenance departments and a newly created Hospital Engineering Department.

This grouping will better meet the increasingly technical and complex needs of the hospital, Dr. Sanders said. "Mr. Clemons was named to head this new division in recognition of his invaluable contributions to the hospital."

Mr. Clemons came to the MGH in July 1974 as Director of Engineering and Maintenance, a position previously held by Gilbert J. Nessolini, who had earlier been promoted to Director of General Services. Mr. Clemons, a graduate of M.I.T. and a degree holder from Gordon Conwell Theological Seminary, had been a facilities engineer at Beth Israel Hospital in Boston and had worked in various capacities for Texas Instruments, Inc., in Attleboro.

As part of the realignment, the new Hospital Engineering Department will now include the services of Dennis Dickson, previously Assistant Director of Engineering and Maintenance, and Malcolm McLean, formerly Foreman of the Electrical Shop. Several newly approved but as-yet unfilled positions for facilities engineers, designers, and a project coordinator will also be included in this department.

In addition to these moves, Anthony F. Giarrusso, formerly General Foreman and a member of the hospital staff since 1953, has been named Director of the Maintenance Department. Ronald P. Prachniak will increase his responsibilities as General Foreman of Plant Operations to include the overseeing of the Electrical, Plumbing, and Refrigeration Shops, and Operating Engineers.

(continued on page 4)

*Joanne Long, RN, R.T.T., of the Respiratory Care Department, chats with Sally Hatch of Beverly, who was struck by an automobile over the Memorial Day weekend. Miss Long and a friend, Joanne Dupuis, of the Whidden Memorial Hospital School of Nursing, administered CPR to Ms. Hatch and were credited with probably saving her life. See story on page 4.*

## June 28 Reception For Dr. Grossman

Friends and fellow employees of Dr. Jerome H. Grossman, Director of the Ambulatory Care Division and Ambulatory Care Planning are invited to a reception in his honor on Thursday, June 28, from 4 to 6 p.m. in the Walcott Living Room.

Dr. Grossman is leaving the MGH later this month to become President of the New England Medical Center in Boston beginning July 1.

A graduate of M.I.T. and the University of Pennsylvania School of Medicine, Dr. Grossman has been with the MGH since 1966, when he began as a clinical and research fellow. Among his duties here have been Associate Director of the Laboratory of Computer Science and Associate Director of Medical Clinics. He was named Director of Ambulatory Care Planning in 1974 and has coordinated the planning of the new ACC building scheduled for groundbreaking this fall.

The MGH HOT LINE is published three times a month by and for the employees of the Massachusetts General Hospital, Boston.

Charles A. Sanders, M.D.
*General Director*
Martin S. Bander
*Deputy to the General Director (News and Public Affairs)*
John J. Canny, *Editor*
Doris G. Schreckengaust, *Copy Editor*
Patricia Conlon, *Typist*

*Officers of the recently graduated Class of 1979 of the MGH School of Nursing are (from left): Marianne Curran, Vice-President; Bernadette Conway, President; Kathy Shea, Secretary; and Mary Bridget McGrath, Treasurer.*

# School of Nursing Graduates 85

Eighty-five persons were awarded diplomas at the 104th commencement exercises of the MGH School of Nursing held June 1 at John Hancock Hall, Boston.

Presiding over the ceremony was Dr. F. Sargent Cheever, Chairman of the MGH Board of Trustees. Addressing the class of 80 women and five men graduates was Dr. John W. Grover, Associate Gynecologist at the MGH and Assistant Clinical Professor of Obstetrics and Gynecology at Harvard Medical School.

Miss Natalie Petzold, Director of the School of Nursing, presented the awards and diplomas. The Rev. Scott H. Glidden of Pastoral Services delivered the invocation and baccalaureate message.

Speaking on behalf of the Class of 1979 was its president, Bernadette Conway.

Guest soloist was senior Pamela Horn, who sang Joni Mitchell's "Circle Game" accompanied by fellow senior Jeanne Tomolillo on guitar. The entire class later participated in its rendition of John Lennon and Paul McCartney's "In My Life," which was chosen as class song.

This year's graduates join the more than 7,700 persons who have completed the school's program since it first was established in the 1870s as the Boston Training School. In 1896 it became the Massachusetts General Hospital Training School for Nurses and adopted its current name in 1940.

Included among the graduates were two associate degree and nine baccalaureate degree holders who earned these awards at other institutions.

*Mrs. Frances Chase, RN, (right) admires a silver bowl given to her at a reception held recently in honor of her retirement from the MGH after many years of service beginning in 1923. Looking on is Agnes M. Rockett, RN, Chairman of the Department of Operating Room Nursing.*

*At age 77, Mrs. Chase was the oldest graduate of the MGH School of Nursing still active at the hospital. She first joined the nursing staff here upon her graduation in 1923, leaving after several years at the time of her marriage. She rejoined the MGH in 1957, ultimately becoming a clinical nurse leader in the operating room.*

*More than 500 persons attended the reception, including members of the hospital Administration, the Department of Nursing, the Oral Surgery staff, friends, and fellow employees. Included among the other gifts Mrs. Chase received were the traditional portrait of the Bulfinch Building, a diamond ring and matching earrings a pewter bowl, a book authored by the oral surgeons, and a gift of money.*

NOTICE TO INTERESTED PARTIES:

All present employees eligible to participate in the MGH Pension Plan.

Massachusetts General Hospital is making an application to the Internal Revenue Service for a determination that the MGH Pension Plan (the "Plan") as amended qualifies under section 401(a) of the Internal Revenue Code of 1954.

The Internal Revenue Service has previously issued a favorable determination letter with respect to the qualification of the Plan.

All employees of the Hospital are eligible to participate in the Plan, except interns, residents, fellows, students, persons who hold Harvard University Faculty teaching appointments, and persons who actively participate in other Hospital-financed funded retirement or annuity plans. Employees who are eligible to participate generally will become Plan participants on the first day of the month coinciding with or next following attainment of age twenty-five (25) and completion of one thousand (1,000) hours of service in a twelve-month period.

An Interested Party is entitled to submit a comment on the question of whether the Plan meets the requirements for qualification under Part I of Subchapter D of Chapter 1 of the Internal Revenue Code of 1954, as amended. An Interested Party may submit such comment to the District Director of Internal Revenue referred to below, or request that the Department of Labor submit such comment to the District Director. Two or more Parties may join in a single comment or request. If a Party or Parties request the Department of Labor to submit a comment and that Department declines to do so, the Party or Parties so requesting may submit a comment to the District Director in respect of the matter or matters on which the Department of Labor declines to comment.

A comment submitted to the District Director must be received by him on or before August 13, 1979. However, if it is being submitted on a matter on which the Department of Labor was first requested but declined to comment, the comment must be received by the District Director on or before the later of August 13, 1979, or the 15th day after the day on which the Department of Labor notifies such Interested Party or Parties that it declines to comment, but in no event later than August 28, 1979. A request of the Department of Labor to submit a comment must be received by that Department on or before July 24, 1979, or if the Party or Parties making the request wish to preserve their right to submit a comment to the District Director in the event the Department of Labor declines to comment, on or before July 16, 1979.

The following information is pertinent to submitting a comment:

Name of Plan: Massachusetts General Hospital Pension Plan
Plan Number: 001
Name of Applicant: Massachusetts General Hospital
Employer Identification Number: 04-1564655
Plan Administrator: The Retirement Committee
Address of the District Director of Internal Revenue to whom the application will be submitted:
District Director
Internal Revenue Service
P.O. Box 9081
John F. Kennedy Post Office
Boston, MA 02203

Additional informational material regarding the Plan and the procedures to be followed in submitting, or requesting the Department of Labor to submit, may be obtained from the Benefits Office, Walcott 3, Ext. 8133

# MGH Night at the Museum of Science

Almost 3,000 hospital employees, their families, and their friends attended the MGH Night at the Museum of Science last month despite some stiff competition from the televised Stanley Cup match between the Boston Bruins and Montreal Canadiens.

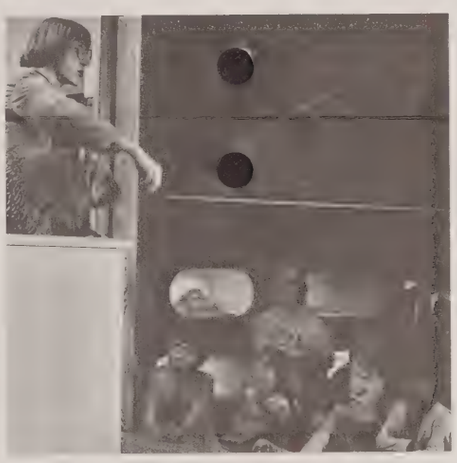
Those who went were greeted at the door by several of television's super heroes and other well-known TV characters and were entertained by the scores of museum exhibits Snacks were also provided.

Overall, as one 7-year-old said, not only was the night "excellent," but "it was even better than the Bruins." Many would agree.

*"Who says I'm not a big wheel?"*

*"These easy opening twist-off tops sure ain't what they're cracked up to be."*

*"Is that really me talking?"*



*The porcupine and its handler make a point*

*Darth Vader makes a friend*

*"It's easy. I just have to press these buttons. What does it do? Hmm..."*

*Boy meets chick*

*Dr. Mary Kraft*

## First Woman Named Anesthesia Chief Resident

Dr. Mary Kraft, a resident in Anesthesia since 1977, will become the first woman Chief Resident in that department at the MGH when she begins her appointment July 1.

Dr. Kraft's promotion was announced by Dr. Richard J. Kitz, Chief of the Department of Anesthesia and Henry Isaiah Dorr Professor at the hospital.

Dr. Kraft was recently named in the 1979-80 edition of Who's Who of American Women, where she was cited for having "demonstrated outstanding achievement" in her field and having "contributed significantly to the betterment of contemporary society."

She is also a Clinical Fellow in Anesthesia at Harvard University and is a member of the Harvard Medical School Joint Committee on the Status of Women. She is a member of the American Society of Anesthesiologists, the Massachusetts Society of Anesthesiologists, and the Society for Obstetric Anesthesia and Perinatology.

A graduate of Boston University's Six-Year Program in Liberal Arts and Medicine, Dr. Kraft spent two years at University Hospital in Boston as an intern and Junior Assistant Resident in Surgery before coming to the MGH in 1977.

*Frank McDougall...now Foreman of the Electrical Shop*

## Facilities Division

**(continued from page 1)**

A new General Foreman for Services is expected to be named in the near future to oversee the Carpenter, Metal, Labor, and Paint Shops. Both Mr. Prachniak and the new General Foreman will report to Mr. Giarrusso.

Also, Frank McDougall, presently Assistant Foreman of the Electrical Shop, will be promoted to the Foreman's position, replacing Mr. McLean. Mr. McDougall worked for several years with the contractor responsible for the electrical work and remodeling of most of the Bigelow Tower and floors eight through ten in the White Building before joining the MGH staff.

## MGH Nurse's Action Helps Save Beverly Woman

Quick action by two nearby nurses--including Joanne Long, RN, R.R.T., of Respiratory Care--has been credited with saving the life of a 31-year-old Beverly woman struck by an automobile on Beacon Street in Boston during the Memorial Day weekend.

Sally Hatch had left the Hampshire House on Beacon Street with a friend the night of May 25. As the couple was crossing the street, a passing automobile struck her, hurtling her some 50 feet before she landed on the pavement. Her companion was unhurt.

Standing on the steps of the Hampshire House at the time of the accident were Miss Long, Assistant Director of the Respiratory Care Department, and a friend, Joanne Dupuis, RN, of Whidden Memorial Hospital School of Nursing in Everett, both of who rushed to the aid of the injured woman.

"Some people thought she was dead," Miss Long said later. "We thought she had head and possible spinal cord injuries. We ascertained she was not breathing and had no pulse. I established an airway and began mouth-to-mouth resuscitation."

As Miss Long tried to restore the woman's breathing, Ms. Dupuis administered external cardiac massage to bring back a pulse, the two methods which form cardiopulmonary resuscitation (CPR). Monitoring the woman's pulse at that point was Jose DeJesus, a student at Harvard Medical School who has served a rotation in the MGH's Respiratory Unit and had also witnessed the accident.

Within two minutes, Ms. Hatch's breathing and pulse were restored and, barely conscious but alive, she was brought to the MGH. She is now in good condition with two fractured legs and a head injury. She has no recollection of the accident.

Hospital officials have said that without the immediate revival techniques administered by Miss Long and Ms. Dupuis, Ms. Hatch probably would not have survived. A delay of about four minutes would have at least led to brain damage. A check of a number of other witnesses to the accident found that none knew CPR.

Speaking to Miss Long several days after the accident, Ms. Hatch said, "I am very fortunate to be alive today and am grateful for what you two women did. I owe you both a lot."

Although her immediate plans are somewhat uncertain and hinge upon her recuperation period, Ms. Hatch said she definitely is planning to enroll in a CPR course. "I never want to be in the situation where I would be helpless in the event I came across something like this," she said.

She also commended the care she has received during her stay on White 5, saying that she "has so much faith in everyone here," but she does admit she is anxious to get home.

Although her name and hometown may seem familiar to watchers of Massachusetts politics, Ms. Hatch said she is not related to Francis W. Hatch, last year's Republican gubernatorial candidate.

*Ruth Graham (left), Dr. George Papanicolaou (center), and Dr. Maurice Fremont-Smith are pictured with laboratory staff in photo taken in 1947.*

## Dr. Fremont Smith Dies At Age 88

Dr. Maurice Fremont-Smith, internationally known pioneer in the detection of cancer of the cervix and a staff member of the Vincent Memorial Hospital (the Gynecological Service of the MGH) for almost 60 years, died May 4. He was 88.

An internist, Dr. Fremont-Smith is credited with introducing Dr. George Papanicolaou's method of detecting early vaginal cancer in women through the smear test to the Vincent Laboratory, where his labors and those of Ruth M. Graham, who was in charge of Vincent's Cytology Laboratory, hastened its acceptance by the medical world. This procedure is now commonly known as the "Pap smear."

Although initially greeted with disbelief and skepticism when the test first was published in medical journals in 1943, the method is now used throughout the world and is believed to have cut in half the death rate from cancer of the cervix.

Dr. Fremont-Smith began his MGH career in 1920 as an assistant in medicine, ultimately becoming a physician in 1952. He was named an honorary physician in 1962, serving until 1972 before being renamed in 1977. He retired from active medical practice in 1967.

"No one ever loved, consoled, or gave more hope to more people," said Dr. John C. Dalton, commenting after Dr. Fremont-Smith's death. "When his patients, his friends, or his colleagues were downhearted, afraid, or in despair, he was the beacon to whom they turned. He set an extraordinary example for every doctor who knew him."

Dr. Fremont-Smith was also a member of the faculty at Harvard Medical School and the Boston University School of Medicine, where he was a clinical professor of preventive medicine.

A music enthusiast, he was particularly fond of the piano, for which he wrote several compositions.

He leaves his wife, Mary D. (Thayer); three sons, Maurice, Jr., Thayer, and Richard; 13 grandchildren; and one great-grandchild.

FROM THE PLANNING OFFICE: Rerouting due to construction, latest relocations

Due to construction on Temporary Building #2, all persons who normally use the Moseley 1 or Basement exits to reach that building should now use the Gray 1 exit near the Gift Shop and walk across the Bulfinch patio. All persons going to the Research Building should now use the Bulfinch 1 corridor.

Also, as part of the latest moves in the Moseley and Walcott relocation plan, Patient Accounts on Gray 1 will move to the fifth floor of 50 Staniford St. and will continue to use existing telephone extensions.

In addition, Credit and Collections on Gray 1 will move to the fifth floor of 50 Staniford St. and will continue to use existing telephone extensions.

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# The MGH Hot Line

BOSTON, MASSACHUSETTS
News Office, Bigelow 12 (2206) June 28, 1979


## PERSONNEL SPONSORS OPEN HOUSE ACTIVITIES

More than 50 persons recently attended a special "Spend a Saturday at MGH" open house sponsored by the Nursing and Personnel Departments as part of an expanded effort to attract nurses both locally and nationally to the hospital.

In a similar program, more than 90 persons attended an open house for Clinical Technicians held earlier this month by the Personnel Department and Laboratory Management staff.

At the "Spend a Saturday at MGH" program, guests talked informally with members of the nursing staff and administration and with nurse recruiters. The guests were also taken on tours through various patient-care areas and were presented with fresh spring flowers.

This open house was one of several projects jointly sponsored by the Nursing and Personnel Departments as part of their efforts to reach a large number of nurses throughout the country and to heighten the nurses' awareness of the opportunities in nursing available at the MGH. Other activities have included participation in a New York job fair; campus recruiting at the University of Rhode Island and the University of Vermont; and expanded newspaper advertising both locally and out-of-state.

Plans are under way for continuing an increased recruitment effort through the coming months with participation at job fairs; campus career days; out-of-state interviewing sessions; supportive newspaper advertising; and another open house.

A number of new employees have been hired as a result of this latest program.

(continued on page 2)

## UPDATE ON NEW DISASTER PROCEDURE

The MGH's new disaster plan, tested June 6 in its first full-scale drill, was adopted in November 1978 to replace the original procedure established in 1940.

At that time, the hospital drew up a plan to be employed in the event of a war-related disaster on the eve of the United State's entrance into World War II. Although America mercifully escaped bombings, the original procedure received its first major test in November 1942 when the Cocoanut Grove nightclub fire killed 491 persons.

The basics of the 1940 plan, with various modifications over the years, stood until the latest procedure was instituted.

The present plan allows for a much greater flexibility to handle both major and less serious disasters with minumum disruption to the normal activities of the hospital. It gives the persons in charge the discretion to activate various aspects and phases of the plan as the situation warrants.

In the event of a disaster, victims would be assigned to the various participating area teaching hospitals.

Once at the MGH, the victims' medical needs would be evaluated in the Emergency Ward with the White Lobby being utilized for this procedure in the event of a larger disaster, as was simulated in the June 6 drill. If the White Lobby filled with the injured, the Clinics Area and/or Overnight Ward would be used for triage purposes.

Once evaluated, the injured would be sent to various locations throughout the hos-

(continued on page 2)

## MUSEUM OF SCIENCE NIGHT VOLUNTEERS

This year's MGH Night at the Museum of Science was a success largely due to the efforts of several hospital employees and volunteers who spent countless hours of their own time working in various areas. The following is a partial listing of volunteers; the remainder will be included in the next HOT LINE.

### Museum Party Planning Committee

Isabel A. Lenihan, Chairperson, Personnel
Anne M. Dillon, Assistant Chairperson, Personnel

### Costume Committee

Ruth Howe, Chairperson, Building Service
Larry Curtis, Building Service
Mary Deveney, Blood Transfusion Service
Denise Frangillo, White Information Desk
Nancy Kelley, Blood Transfusion Service
Jeanmarie McEachern, Communications
Buddy Smith, Dietary
Marcia Swartz, Recreational Therapy, Baker Building
A "friendly" Superman

### Dispatch Committee

Harvey Simons, Chairperson, Dispatch
Charlie Cox, Dispatch
Harold Gregory, Dispatch
Rich LaCivita, Dispatch
Derry Washington, Dispatch

### Guide Committee

Linda Peterson, Chairperson Medical Records
Yashi Benalfew, Pharmacy
Barbara Bund, Treasurer's Office
Hyacinth Haggerty, Medical Records
Etta Henry, Medical Records
Pauline Joyce, Ambulatory Registration
Jocelyn Kintzing, Communications
Frank Lee, Pharmacy
Jane MacIver, Treasurer's Office
Kathy Rice, Personnel
Arline Smith, Treasurer's Office
Deborah Spector, Personnel
Evelyn Stigger, Radiology

(continued in right column)

## PERSONNEL (contined from page 1)

At the Open House for Clinical Technicians, representatives from Bacteriology, the Blood Transfusion Service, Chemistry, Clinical Hematology, Clinical Immunology, and Pediatric Microchemistry were on hand to discuss with interested persons the immediate and future career opportunities at the hospital. Tours through some laboratories were also available.

Plans are being made for a similar program in the fall.

* * *

## DISASTER (continued from page 1)

pital where their needs would be met. In the event that a large number of victims would have to be admitted and a shortage of beds was created, hospitalized patients well enough to be moved would have to be transferred to other facilities.

Also in the event of a disaster, all areas to be used in the treating of the injured would be cleared of all but essential personnel, as was done in and around the White Lobby area during the June 6 drill.

Massport, which coordinated the drill with area hospitals and organizations, was grateful to the MGH School of Nursing for its help. Nearly half of the persons who volunteered as "victims" of the simulated plane crash at Logan Airport were MGH student nurses and instructors.

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## MUSEUM VOLUNTEERS (continued from left column)

### Health Station Committee

Rita Cummings, RN, Chairperson Nursing
Eileen Budri, RN, Bigelow Nursing

### Poster Committee

Marjorie Bennett, Chairperson, Volunteer Department
Simeon Gagney, Maintenance

The remainder of the list will be published in the next HOT LINE.

# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) July 5, 1979


## FROM THE EDUCATION & TRAINING OFFICE

A change in IRS regulations regarding tuition reimbursement brings both good news and bad news for employees who participate in the hospital's Tuition Assistance Program.

As of January 1, 1979, recipients will no longer be required to report tuition reimbursement received during the year on their federal income tax returns. In the past, any assistance received was entered as miscellaneous income, requiring use of the long form plus an effort to establish a case for deducting the sum as a business-related expense.

Unfortunately, the Commonwealth of Massachusetts has not made a change in this connection. Therefore, tuition reimbursement must be entered as income for state income tax and will be taxed at 5 percent. Recipients will receive a Statement of Miscellaneous Income (Form 1099) at the end of the tax year.

Also, employees are reminded that applications for tuition assistance must be filed and approved in advance of taking the course. Descriptions of the policy and procedures and application forms are available in the Education and Training Office, Walcott Basement, Ext. 2230.

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## RECEPTION FOR JAMES VACCARINO JULY 12

Friends and fellow employees of James M. Vaccarino, Staff Counsel, are invited to a reception in his honor on Thursday, July 12, from 4 to 6 p.m. in the Walcott Living Room. Mr. Vaccarino, associated with the MGH for 13 years, is leaving July 31 to assume the position of senior consultant in risk management at Johnson and Higgins, a Boston insurance firm.

## GAS SHORTAGE REACHES MGH

The present gas shortage has resulted in a decrease in the number of cars using the hospital garages and an increase in the number of employees wanting carpool information.

Moreover, a slight addition has been noticed in the number of employees wanting information regarding the MBTA monthly passes, although it is too early to tell if an actual increase in ridership from the MGH has been realized.

According to Catherine Cook, Commuter Service Coordinator, the decrease in the usuage of the garages has been more noticeable among the number of visitors to the hospital rather than the employees.

(continued on page 2)

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## THE DANGERS OF SIPHONING

A hazardous sidelight to the present gas shortage is siphoning. If inhaled, gasoline usually causes aspiration pneumonia, an inflammation of the lungs brought on by a foreign matter, which can be serious. Also, if swallowed, gasoline can cause gastritis, an inflammation of the stomach. And, if caught siphoning from someone else's car, a person can be subject to legal action, a deflation of the wallet.

In addition, employees are warned of the danger of carrying gasoline in containers inside their automobiles. A Nashua, N.H., man was severely burned during the shortage of 1972-73 when fumes escaping from a gas can carried next to his seat triggered an explosion. He spent many weeks undergoing treatment at the MGH.

## MUSEUM OF SCIENCE NIGHT VOLUNTEERS

This year's MGH Night at the Museum of Science was a success largely due to the efforts of several hospital employees and volunteers who spent countless hours of their own time working in various areas. The following is the remainder of the list of these volunteers; the first part of the list appeared in last week's HOT LINE.

### Refreshment Committee

Susan Barraclough, R.D., Chairperson, Dietary
Pam Cole, Dietary
Charlie Cox, Dispatch
Betty Miller, Dietary
Theresa O'Connor, Dietary
Shelley Sakofs, Dietary
Karen Salsman, Outpatient Billing
Ginny Sartolano, Building Service
Pam Stevenson, Dietary
Kathy Treat, Dietary
Annette Walters, Dietary
Derry Washington, Dispatch

### Ticket Committee

Ruta Straumanis, Chairperson, Pharmacy
Irving L. Baron, Assistant Chairperson, White Information Desk
Denise Frangillo, White Information Desk
Eleanor Irving, Baker Information Desk
Mary Randall, White Information Desk
Bernadette Sciacca, White Information Desk
Robert Thomas, Warren Information Desk
Catherine Volpe, Baker Information Desk

### Volunteer Committee (Guides and Coatroom Attendants)

Maeve Blackman, Chairperson, Volunteer Dept.
Marjorie Bennett, Assistant Chairperson, Volunteer Department
Adelaide Coleman, Volunteer Department
Sally Ann Copell, Volunteer Department
Mr. and Mrs. Ernest Farese, Volunteer Department
Ann Mootz, Volunteer Department
Catherine Mootz, Volunteer Department
Katherine Parks, Volunteer Department
Leon Weaver, Volunteer Department

## GAS SHORTAGE REACHES MGH

(continued from page 1)

There are long waiting lists for employee parking spaces, she said, so that a space forfeited by one employee is quickly assigned to another on the list.

"We have been receiving a large and increasing number of phone calls from employees asking about joining a carpool," Ms. Cook said. The Commuter Service Office first began maintaining lists by geographical locations of employees wanting to join a carpool when the Environmental Protection Agency warned of the environmental and health hazards of automobile pollution. It has been the practice of the Commuter Service Office to place requests for parking spaces for registered carpools--that is, two or more employees who ride together on a regular basis--at the top of the waiting lists.

*Employees interested in carpool information and wanting a list of other hospital employees from their hometown area are instructed to call the Commuter Service Office at Ext. 2390 and leave name, hospital address, hours of work, and hometown. A list will be sent through house mail within a couple of days.*

*Another means of beating the gas crunch, Ms. Cook said, is bicycling to work. The hospital recently constructed a new and secured bicycle parking lot near the West End House. Information on the bike lot can be obtained at the Commuter Service Office, located on the first floor of the Fruit Street Garage.*

*A pamphlet describing the MBTA pass program is available at the Payroll Office.*

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## DR. WEINBERG NOW AT EXT. 3816

Dr. Arnold N. Weinberg of the Infectious Disease Unit has changed his telephone extension to 3816. Dr. George E. Thibault remains at Ext. 2865.

# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) July 12, 1979


## DR. SCHILLER ON CHANNEL 25 JULY 29; ELEANOR CLARK ON CHANNEL 4 JULY 22

Dr. Alan L. Schiller of Pathology will appear on the "It Is Your Life" program, aired over WXNE-TV (Channel 25) in Boston, at 10:30 a.m., Sunday, July 29. The program will be repeated at 11 p.m. that same day.

Dr. Schiller, Chief of the MGH's Autopsy Pathology Service, will appear with Dr. Richard A. Thoft, head of the Massachusetts Eye Bank, an affiliate of the Massachusetts Eye and Ear Infirmary, in a discussion of organ donations with program host Tom O'Connell.

In another television appearance by an MGH staff member, Eleanor Clark, Director of the Social Service Department, will appear on "Prime Time," aired over WBZ-TV (Channel 4) in Boston at 7 a.m., Sunday, July 22. Miss Clark will appear with two foster mothers who are participating in the foster home care program. Miss Clark has been a guiding force in the establishment of the

(continued on page 2)

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## DR. SANDERS NAMED TO HEW PANEL

Dr. Charles A. Sanders, General Director, was one of 18 individuals recently named to the Department of Health, Education, and Welfare's (HEW) new National Council on Health Care Technology. The council will advise the National Center for Health Care Technology, which was set up last year by Congress to coordinate HEW's activities in testing and assessing health care technology innovations.

## DR. HACKETT RE-ELECTED CHAIRMAN OF GEC; DR. MARTIN NAMED VICE-CHAIRMAN

Dr. Thomas P. Hackett, Chief of the Psychiatry Service, has been re-elected Chairman of the General Executive Committee (GEC). Dr. Joseph B. Martin, Chief of the Neurology Service, has been elected Vice-Chairman.

Dr. Edwin O. Wheeler of Medical Services has been chosen as the third staff member-at-large to be elected to the GEC. He began his three-year term July 1. Other staff members-at-large on the GEC are Dr. John P. Remensnyder, Jr., of Surgical Services and Dr. Robert J. Boyd of Orthopaedics.

In another hospital committee election, Dr. William M. Abbott of Surgical Services, Dr. Hugh P. Chandler of Orthopaedics, Dr. Peter L. Gross of Medical Services, and Dr. Ernest H. Picard of Neuromedicine/Neurosurgery were named to the Utilization Review Committee.

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## RECEPTION FOR JOSEPH MOORE JULY 27

Friends and fellow employees of Joseph T. Moore, Director of Budgets and Cost Accounting, are invited to a reception to be held in his honor on Friday, July 27, from 4 to 6 p.m. in the Chalet, located in the Gray Building Subbasement. Mr. Moore, associated with the MGH since 1974, is leaving at the end of the month to assume the position of Director of Fiscal Affairs at the New England Medical Center in Boston.

## TELEVISION (continued from page 1)

program, which seeks to reduce elderly or frail patients' dependence on often costly and overcrowded institutions by placing them in private homes. To date, more than 50 patients have been placed in foster care homes.

Also, Dr. Ronald A. Malt of Surgical Services, regarded as the father of replantation surgery because of his first-in-history operation rejoining the severed right arm of 12-year-old Everett Knowles in 1962, has been interviewed by ABC-TV as part of a segment to appear on the nightly news. The date for the airing of that piece has not been announced.

Also appearing as part of that ABC news segment is Dr. James W. May, Jr., Chief of Hand Surgery in the hospital's Plastic Surgical Division. Dr. May spoke on the current work being done and was filmed during a microsurgical procedure.

In appearances already aired, Amy Judd of the Social Service Department was interviewed by WNAC-TV (Channel 7) in Boston at the home of a Mattapan family which is participating in the foster home care program.

Also recently appearing on Channel 7 was Dr. William Franklin of the Allergy Associates, who was interviewed on the station's evening news in regard to summer allergies.

In addition, Dr. Edwin P. Maynard of Medical Services appeared on WBZ-TV's "Woman '79" program early this week to speak on diverticulitis, an inflammation of diverticula, sometimes called "left-sided appendicitis." A diverticulum is a pouch of variable size which protrudes from the intestinal wall. When inflamed, the condition is called diverticulitis.

Also appearing today on the "Woman '79" show was Dr. Arnold N. Weinberg of the Infectious Disease Unit, who spoke on tetanus.

## THE MGH-HOLLYWOOD AFFAIR

The Boston Herald-American recently headlined a front-page article about the MGH refusing to give permission to a Hollywood company to film here. The story neglected to state that the crew asked to film at three sites, including the White Lobby and outside the entrance to the White Building. And even if the filming had been relegated to the front of the White Building, it would have taken at least several days with actors entering and exiting on cue.

With cameras grinding in front of the building for up to two weeks, hundreds of unsuspecting patients emerging from the hospital after treatment would have walked into whirring cameras. Inadvertently, these patients would have made excellent unpaid extras for a commercial film.

Secondly, the crew would have at times almost assuredly tried to block traffic to achieve the precise atmosphere needed for a particular scene. At other times, curious motorists would have slowed or stopped their cars to get a better look, thus impeding emergency traffic and presenting a serious threat to the lives of patients.

For these reasons, the MGH saw adequate cause not to make an exception to its long-standing policy of avoiding turning the hospital into a Hollywood set. In contrast, news and educational films may be allowed under appropriate circumstances.

Although the hospital carefully adheres to its policy, the MGH did reconsider in this case because of the recent interest of the state in bringing more filmings to the Commonwealth.

In addition, the production in question, "The House of God," is a fictionalized and negative account of care in another Boston hospital. Rather than bring in perhaps $200,000 to the state's economy, the film has a potential to cost the state some of the millions of dollars injected into the Massachusetts economy by that one hospital alone.

# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) August 2, 1979


## MOSELEY AND WALCOTT RELOCATION MOVES

Upcoming moves in the Moseley and Walcott Relocation include the following departments, all of which will keep their existing telephone extensions.

On or about
August 6: The Coordinated Home Care Transfer Office, currently on Bulfinch 1, will be moving to Bulfinch 2.

On August 8: Faculty from the School of Nursing currently located on Walcott 2 will be moving to Ruth Sleeper Hall.

On August 10: The Fringe Benefit Programs Office, currently on Walcott 3, will be moving to Bulfinch 2.

On August 10: The Education and Training Office, currently located in the Walcott Basement, will be moving to the 13th floor of MEEI.

On August 10: The Professional Billing Office, currently located on Walcott 3, will be moving to the 13th floor of MEEI.

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## FIRE SAFETY CLASSES MOVE

The Fire Safety Classes, mandatory for all new hospital employees, are now meeting on the first Monday of each month at 10 a.m. in the Lower Outpatient Amphitheatre, located on the first floor of the Ambulatory Care Division building. These classes, which formerly met in the Walcott Living Room, are also open to all hospital employees. Call the Safety Office at Ext. 2425 for further information.

## DR. PAUL ZAMECNIK RETIRES THIS MONTH; ACCEPTS POSITION WITH WORCESTER FOUNDATION

Dr. Paul C. Zamecnik, Director of the Huntington Laboratories at the MGH, will retire later this month after more than 40 years of service to the laboratory and the hospital.

Upon his retirement, Dr. Zamecnik will accept a position with the Worcester Foundation for Experimental Biology, where he will join former MGH staff member Dr. Mahlon B. Hoagland, now President and Scientific Director of the Foundation.

Dr. Zamecnik has compiled an impressive scientific record. His repertoire of humorous anecdotes livened many meetings.

A native of Cleveland, Ohio, he graduated from Dartmouth College and Harvard Medical School, whereupon he joined the Huntington Memorial Hospital in 1936 as a resident in medicine. He left two years later to intern at the University Hospitals in Cleveland and, in 1939, he was awarded a Moseley traveling fellowship from Harvard Medical School to study in the Carlsberg Laboratory in Copenhagen, Denmark.

He returned to the United States in 1940 to begin a two-year stint as a Finney Howell Research Fellow at the Rockefeller Institute for Medical Research in New York. After rejoining the Huntington staff, he was named Assistant in Medicine at the MGH in 1942. He became Director of the laboratory and a Physician at the hospital in 1956.

(continued on page 2)

* * * * *

LETTERS...see page 2

## DR. ZAMECNIK (continued from page 1)

Dr. Zamecnik, along with Dr. Walter Bauer, Dr. Edward D. Churchill, Prof. Francis O. Schmitt, and David C. Crockett, played a key role in the formation and development of the MGH Committee on Research during the late 1940s. Dr. Zamecnik was to later serve as Chairman of that committee.

Much honored throughout his career, Dr. Zamecnik was elected a foreign member of the Royal Danish Academy of Sciences last year, largely because of his work involving DNA and RNA research. Included among his recent findings in that area is that it is possible to stop the growth of cancer-causing viruses by exposing their cells to bits of synthetically produced DNA and RNA. By attaching itself to the RNA of the virus, the synthetic DNA would inhibit the replication machinery of the virus.

Also, in 1968, Dr. Zamecnik was named a member of the National Academy of Sciences, considered among the highest honors that can be accorded an American scientist aside from the Nobel prize.

He has also received the John Collins Warren Triennial Prize in 1946 and 1950; the 1970 Passano Award, given for his investigations of the chemical processes in both normal and cancer cells; the American Cancer Society National Award in 1968; and a Fogarty-Scholar-in-Residence award by the National Institute of Health in 1975.

Dr. Zamecnik has authored or coauthored almost 200 articles in his field, including the Presidential Address of the American Association of Cancer Research, which appeared in Cancer Research journal in 1966. He is also a member of the American Academy of Arts and Sciences; the American Society of Biological Chemistry; and the Association of American Physicians.

Upon joining the Worcester Foundation for Experimental Biology, Dr. Zamecnik will continue with his research on DNA and RNA and their effect on viruses. He and Dr. Hoagland had worked together for 12 years in research in the field of protein synthesis. Dr. Hoagland joined the Foundation in 1970.

## LETTERS

Patients and families of patients often send cards and letters to hospital personnel, and occasionally to entire floors or departments, in which they express their gratitude for care received at the MGH. Here is a sampling of some of the letters received recently:

From a Lynn, Mass., woman whose husband was on Baker 10, and later Baker 12, after open-heart surgery:

"We were so impressed with the very personal touch of everyone involved. The nurses were excellent, the anesthetists, dietary people, and the cleaning personnel, were all very kind and always willing to help. The doctors all did a tremendous job."

From a Haverill, Mass., woman to Kathy Jones, RN, and the staff of Baker 7 in a letter published in the Lawrence Eagle Tribune:

"I was treated at all times with respect, consideration, understanding, and dignity. I was not treated as a 'number' or just another patient as is generally assumed by most people who go for treatment at a large facility as Mass. General. On the contrary, I found all the personnel courteous and most helpful and the quality of medical assistance and care unsurpassed."

From a family of a patient who died here, to Acting Chaplain Nancy J. Reed:

"You were always there when needed and even more. You gave of yourself in the true spirit of love and joy of Christ. We can never adequately say thank you for the love, care, and comfort you gave Mary in her time of need."

And from the wife of a patient stricken with a kidney stone only hours before boarding a plane for home, this poem:

"Give me your weary, your feeble,
Your bewildered transients yearning to return home,
The desolate and ill from any land.
Send these, the helpless, hospital-tossed to me.
I open my doors to all,
Underneath my name,
MASSACHUSETTS GENERAL."

# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) August 9, 1979

## MGH CONTINUING EDUCATION COURSES

Nine courses covering a broad range of subjects of interest to health care professionals will be offered by the hospital beginning in September. Courses range from one- and two-day workshops on purchasing and neurological-neurosurgical nursing to longer courses on such topics as pathophysiology, practical teaching skills, and psychosocial needs of children with chronic illnesses.

A brochure, additional information on these and other courses, and tuition assistance applications are available from Anne Harper or Cynthia Snow in the Educational Planning Office, Ext. 8000. MGH employees may be eligible for tuition assistance for these courses under provisions of the tuition assistance program administered by the Education and Training Office, Ext. 2230.

* * * * *

## GRAY RECOVERY ROOM MOVES TO WHITE 3

As of August 20, the Gray Recovery Room will be located on White 3 sharing space with the existing White Recovery Room. The Gray Recovery Room will now be referred to as the White Recovery Room-Acute Care Unit.

Although the Gray Recovery Room will have changed its location and name, the services provided and hours of operation will remain the same. Postoperative or trauma patients requiring intensive care or close overnight observation and monitoring will be admitted to this unit as in the past. The Acute Care Unit hours will be: 24 hours a day, seven days a week. Visiting is permitted every two hours on the odd half hours from 11:30 a.m. to 9:30 p.m. However, unlike the present Gray Recovery Room, visitors to patients in the White Recovery Room-Acute Care Unit will be asked to wait in the Family Waiting Area in the Gray Lobby. They should be direc-

(continued on page 2)

## SMOKING CESSATION GROUP TO BEGIN

The Cancer Control Office is planning another Smoking Cessation Group for MGH employees this fall. The group will convene for approximately one hour a day, two days a week, for three weeks. The previous three groups, which have included 45 employees, have met with great success. If interested, contact the Cancer Control Office at Ext. 5130 or return the form below to Christine Minet, Cancer Control Office, Cox 231. The deadline for enrolling is August 23.

Name _____
Dept. _____
Ext. _____

1. I can attend the group at the following time (Please indicate choice and time.):

| | choice | time |
|---|---|---|
| a. morning | _____ | _____ |
| b. lunchtime | _____ | _____ |
| c. after work | _____ | _____ |
| d. other | _____ | _____ |

2. The following week would be most convenient for me to attend (Circle choice):
   a. week of Sept. 4
   b. week of Sept. 10
   c. other (please specify) _____

3. Please indicate which two days of the week would be most convenient:
   _____ and _____.

* * * * *

## PHYSICAL THERAPY NEEDS RUNNERS

The Physical Therapy Department, located on Vincent 1, is in need of male and female runners to participate in a muscle testing study for strength and endurance.

The test is painless, takes approximately 20 minutes, and is done on a Cybex II, where the user bends and straightens the leg.

(continued on page 2)

## DR. HERMAN KALCKAR RETIRES

Dr. Herman M. Kalckar, Visiting Biochemist at the MGH and a member of the hospital staff for 18 years, is retiring later this month.

A native of Copenhagen, Denmark, Dr. Kalckar joined the MGH in 1961 as Henry S. Wellcome Research Biochemist, a position he held for 13 years. Also in 1961, he was named Professor of Biological Chemistry at Harvard Medical School. He will retain the title of Professor Emeritus at Harvard University and will assume the position of Distinguished Professor of Biochemistry in the chemistry department at Boston University's School of Arts and Sciences.

Dr. Kalckar is internationally known for his research in biochemistry, where he has applied the principles of biochemical genetics to the understanding and treatment of disease. In June, he received an honorary degree from the University of Copenhagen during the week-long celebration of its 500th anniversary. Dr. Kalckar received his M.D. (1933) and Ph.D. (1938) degrees from that university.

He came to the United States in 1939 as a Rockefeller Fellow. He at one time worked with Dr. Carl F. Cori, Visiting Biochemist at the MGH and 1947 Nobel Prize winner in chemistry, while both were at the Washington University School of Medicine in St. Louis.

Among the honors bestowed upon him were a writing fellowship awarded by the W.B. Saunders Company of Philadelphia in 1963 and a scientific conference held in his honor in 1968 at the Royal Danish Academy of Sciences, which included a birthday testimonial banquet given by the Alfred Benzon Foundation of Denmark.

Dr. Kalckar will continue with his research on the regulation of transport systems found in animal cell cultures, some of which have also been transformed by tumor viruses. That work has been and will continue to be funded by a grant from the American Cancer Society. He will also give lectures before graduate students at Boston University.

* * * * *

## PHYSICAL THERAPY NEEDS RUNNERS (continued from page 1)

Participants in the study must be between 17 and 40 years of age and run at least four times per week for a total of at least 10 miles.

## NOTES FROM THE COMMUNICATIONS OFFICE

The Communications Office asks hospital employees not to call the page operators for nonemergency requests when a Code Call is in progress. The operators are very busy during this time in order to insure that the appropriate staff and equipment are directed to the right location as quickly as possible. Nonemergency requests made to the page operators during this time can interfere with this process.

On another note, the Communications Office reminds employees that, for the time being, there are two different telephone systems serving the MGH-Chelsea Health Center and the MGH-Chelsea Unit. Telephone calls to the Health Center require the "108" prefix and are followed by two digits. Extensions at the MGH-Chelsea Unit are four digits and do not require the "108" prefix. See page 108 of the MGH Telephone Directory for additional information.

* * * * *

## WHITE 3 RECOVERY ROOM (continued from page 1)

ted to the Vincent-Burnham elevators to gain access to the White Acute Care Area by following the yellow line on the third floor. The telephone extension for the Acute Care Unit will remain 8905.

The White Recovery Room will continue its present functions. Routine postoperative wake-up patients will be admitted to this area. The recovery room hours will be: Monday-Friday, 8 a.m. to 11:30 p.m.; Saturday, 8 a.m. to 6:30 p.m.; Sunday and holidays, closed. The telephone extension will remain 2835. No visiting is permitted in this area.

Due to the dual functions and high activity level of the White Recovery Room-Acute Care Unit Area, traffic must be kept at a minimum. This area may not be used as a passageway and shortcut between the Vincent Burnham Building and the Phillips House corridor.

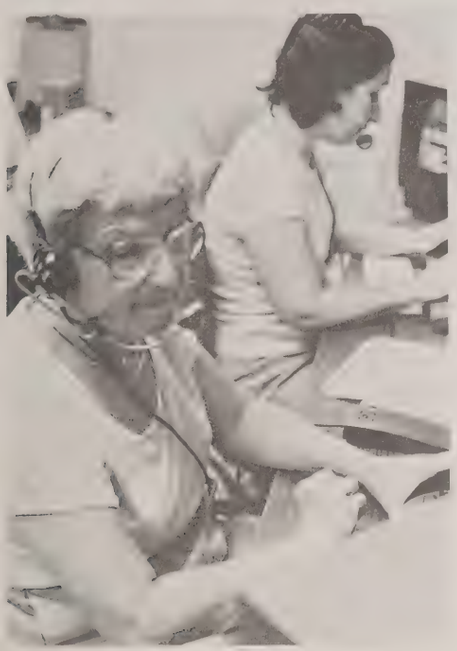
* * * * *

For further information, contact Bette Ann Harris, Cindy Laiacona, or Lisa Leffert at Ext. 2963.

# The MGH Hot Line

Boston, Massachusetts
News Office, Bigelow 12 (2206)

August 23, 1979

*Virginia Kinsley*

*Moseley Building*

MGH Spotlight

## Communications Dept.: 'You Must Be Quick'

"Patient Information," said Virginia Kinsley. "May I help you?"

"Hello," the voice at the other end of the line said, "Is this Patient Information at Massachusetts General Hospital? I would like the condition of ..."

Given the patient name, Mrs. Kinsley quickly punched the appropriate keys of her computer terminal and within a fraction of a second the patient's name, condition, building and room number, the direct telephone line to his room, and other pertinent information were flashed on a screen in front of her. Mrs. Kinsley relayed the condition to the caller, who thanked her and hung up, and quickly went to another call. The whole procedure took less than 30 seconds. But this was one of the easy calls at Patient Information. The scope was working, and this patient's location and condition were routine.

More than half of the 900 calls that come to Patient Information daily involve patients in the Emergency Ward or scheduled for surgery. The former require calls and tracking in the Emergency Ward; the latter take other procedures involving the OR schedules and the Recovery Rooms.

The Patient Condition desk, with its two positions, is one of the three major stations which, together with the administrative functions of the department, comprise the 45-member Communications Department centered on White 13.

Incoming calls to the main number of the hospital are handled by operators at the three consoles, which also receive the internally dialed "0"s.

On an average, each of these operators handles more than 100 incoming and almost 30 internal calls per hour, or slightly more than two calls per minute. That means they must be able to juggle two or three calls at a time, without the caller realizing that this is being done.

(continued on page 2)

## Moseley Photo Contest Now Under way

Would you like to preserve a slice of MGH history?

The hospital is sponsoring a photographic contest which aims at that very purpose.

The subject is the Moseley Building which will be taken down in September to accommodate construction of the new Ambulatory Care Center. Over the years, architects, engineers, and others have tried to find a way of building the center while preserving the Moseley Building and the neighboring Walcott House. Some consideration was being given to moving the structures, but the cost was prohibitive.

So the much-needed new Center will unfortunately have to take precedence over the existing buildings. In particular, Moseley is a fine piece of architecture which will have to go the way of other MGH edifices from previous eras in the hospital's history.

As a way of preserving memories of the Moseley Building, we would like to have photographs for display and for the hospital archives. That's where the contest comes in.

We can't have dozens of cameras clicking away in working areas within the buildings. But we can invite employees to take pictures of the exterior of Moseley. The contest will have first, second, and third place winners both in black and

(continued on page 4)

*Two operators man the Patient Information Desk*

## Communications

(continued from page 1)

There are almost 5,000 phones in the hospital now, and as many as 10,100 calls per hour go through the hospital's Centrex system during an average "business day" hour. 8,133 times each hour someone picks up a phone to make a call. About 2,000 calls are received from the outside during that same hour. Of those 2,000 calls, about 86 percent are dialed directly to the extension wanted, bypassing the operators.

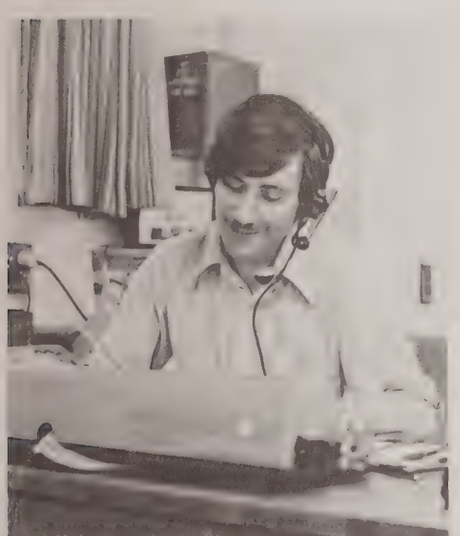
"Were it not for Centrex, if every call had to go through the operators, we would now need 15 consoles and the people to staff them rather than the three we have," said Evelyn Olschewski, who directs the department's 24-hour-a-day, seven-day-a-week operation.

"With the volume of calls continuing to increase, and no room for expansion in the department," added James Candito, Assistant Director of the department, "we are trying to hold the line with our three consoles by increasing to 93 percent the proportion of calls dialed directly to extensions. To do this, we need the cooperation of all hospital employees."

All employees are asked to learn their own telephone extensions for those times when they need to call in, and to give their number to everyone who might ever have any occasion to phone them. Letterheads, billheads, and appointment slips should be checked, also, to make sure that the direct-dial number is displayed prominently.

In addition to calls from outside for MGH extensions, the console operators handle conference calls, postmortem permission calls, and between 40 and 50 calls each day for people who should be calling the Eye and Ear Infirmary.

"The Paging Service is the most directly involved in the lifesaving aspect of our operation," said Jocelyn Kintzing, Communications Center Manager. There are 5,800 calls on an average day made to the Page Operators, including three STATS (emergencies) and one Code Call (Cardiac Arrest).



*Console operator takes a call*

This operation, with its two positions, serves almost 1,100 radio receivers plus the loudspeaker paging.

In the event of a Code Call, with just four minutes to get help to the patient before the brain is damaged, the appropriate Code Call teams of doctors, nurses, and oxygen therapists are radio-paged at once, along with a loudspeaker announcement. At such times, all nonemergency page requests are bypassed, put on hold, or asked to call back.

"Because of the demands and fast pace at this position," explained Barbara Miller, Assistant Communications Center Manager/Evenings, "Operators work Page only two hours at a time."

*An overview of the Communications Center with Patient Information in the forefront and the console operators in the background.*

"Anyone sitting here has to be able to keep calm," said Max Hess, who has been with the department for four years, first as a part-time operator while completing his education and now full time for the summer between teaching assignments at local universities. "You must be quick, and be something of a mind reader to help out those who are not clear in their requests. Sometimes people get excited in emergencies and don't give us the right information, and sometimes they don't know who it is they need. Instead of asking for a specific person, they may ask for Dr. so-and-so's resident or the head of Team number 1 in the Surgical Unit," Mr. Hess said. "We then have to check the many schedules."

Specifically to help the Paging function grow in a manageable way, the department acquired its own computer two years ago, and each console and page position has a scope and keyboard. At the consoles, they are used to look up the numbers of people being called. At Page, the scope and keyboard are used for information and the actual paging function. When the operator receives a call to have someone paged, the identification number of that person or function is entered into the computer. The scope then flashes up the name of the person, the ID number, the beeper number, the service or department, and whether or not that person is available.

If the individual is available, the operator pushes the "send" key, and the radio signal activates that person's "beeper." If the person requested is not available, the operator checks with the caller on what alternate action to take. If the person called does not respond within 10 minutes, this information is flashed onto the screen automatically, and the computer asks the operator whether or not to page again. Pages will be repeated twice more at 10 minute intervals, if unanswered, after which the original caller is contacted and so advised.

Routine calls are sent out in the order in which they are received. STAT calls and Code Calls, however, override all others, and flash back within three minutes if unanswered. Page requests from outside the hospital are handled in the same manner since these callers are waiting on the line.

Because work at Page is limited to two hours at a time, all operators in the department must be able to rotate through all three functions. Training for this flexibility is done mostly by Miss Miller and Group Chief Operators, June Walsh and Ann Houlihan, with help from Winifred Campbell, Assistant CCM/Days, and Group Chiefs Temperance Snow, Ailene Giglio, Diane Dowling (weekends), and Beverly Campbell (overnight).

Helping to insure that all department functions run smoothly is Donna Frederick, who has first responsibility for answering the information and scheduling lines. Included in her varied responsibilities are: fielding all requests concerning both inhouse and long-range page receivers; checking and swapping batteries and receivers; putting into the computer all information concerning on call schedules, hours of availability, beeper number changes, etc.; updating the computer list of all MGH employees, noting additions, deletions, and changes; procuring "scrub" lists from the Operating Rooms and calling the ORs every hour about who has come and who has gone, and getting that information into the computer for the Page Operators; maintaining the computerized lists of interpreters on-premise and off; and responding to the elevator alarm calls.

Additionally, since she is the first point

*Donna Frederick*

of answer for the lines in the Communications Center, she is the one who fields complaints and buffers frustrations related or not to the department. She also handles wake-up calls for house staff.

Communications Center personnel need the ability to think and act quickly, remain calm, and learn fast. In their dealings with the general public and hospital personnel, a premium is also placed on courtesy and patience. These traits, and not telephone experience, are the important ones. "It takes one day to learn how to use the equipment," says Mrs. Kintzing, "six months to get really comfortable and fast with it, and a year to know the hospital and its people and all the details of the job."

To augment the hospital staff, a minimum of four telephone company employees--often more--are assigned full time to the MGH to work on installations, repair, cabling, and general servicing.

Overseeing the entire operation is the administrative staff which, in addition to those already mentioned, includes Carlyle Flash, who manages records and billing; Otto Boegner, who handles systems designs; and Joanne Perry, Department Secretary.

(continued on page 3)

*Kathy Lally (second from left) of the Boston public school system presents Lois Garbutt (third from left) of the Dietary Department a progess and outstanding attendance award during a reception held recently for participants in the Adult Basic Education Program. Also shown are (from left): Carol Rinehart, Education and Training Coordinator; Ms. Lally; Ms. Garbutt; Rosa Quintero of Building Service, a participant in the program; Freddy White of Dispatch, another program participant; and Camille Punch of the Education and Training Office.*
*Twenty MGH employees participated in this year's program, which is sponsored jointly by the MGH Education and Training Office of the Human Resources Department and the Adult Basic Education Division of the Boston public school system. The hospital program has been designated a Satellite Center of the Boston School System Adult Education Program since 1975.*
*Courses in mathematics, social studies, natural sciences, reading, and English grammar are offered twice a week, two hours a day, during the academic school year. Participants, many of whom do not speak English as their primary language, work toward their high school diploma or their eighth grade certificate through General Educational Development testing.*

*Jane Wyllie of Clinical Hematology points to one of the 36 squares comprising the quilt presented her by members of the department in honor of her recent retirement. Each square was handmade by a member of the Clinical Hematology lab on Gray 2. The squares were then sewn together by Rosemary Jaromin, who is shown assisting in holding up the quilt. Mrs. Wyllie plans to open an inn in Bath, Maine.*

## Communications

(continued from page 2)

The first few pages of the MGH telephone directory provide further information about the department, its services, and how it can be used to best advantage by hospital personnel.

In working with the public, each person in the department has acquired his or her own favorite stories. "If I had taken notes over the years," Mrs. Kinsley said, "I could write a very funny book on all my experiences here."

"One of the more humorous happened only recently," said Mrs. Kintzing.

"A very proper and stately sounding woman called and asked to speak to someone in the Emergency Ward. Since we don't transfer calls there except for emergencies or for health questions when Ambulatory Screening is closed, the operator explained this to the woman and tried to get more information from her. The caller balked, asked again for the Emergency Ward, and finally said, 'It's for Cleo.'

"'Could you tell me Cleo's last name and what the emergency is,' the operator asked.

"'Well,' the woman said, 'Cleo is my cat and has a stomach ache.'

"When the operator asked if the caller had tried an animal hospital, the response, in a huffy tone of voice, was, 'But Cleo is a very special cat.'"

# Tumors Found Hiding Within Cocoons

A team of MGH researchers recently produced evidence that many tumors avoid the body's normal defenses by living in cocoons formed by substances secreted by the tumors themselves.

During three years of investigation using animal models, the researchers, led by Dr. Harold F. Dvorak, Chief of the MGH's Immunopathology Unit, succeeded in identifying a number of these substances and the function of each in fashioning the protective environment.

The team's work represents a bold new approach in the study of tumors and raises the long-range possibility of one day developing effective new forms of treating cancer.

Other members of the research team included Dr. Ann M. Dvorak, Chief of the MGH's Electron Microscopy Unit, who is the wife of Dr. Harold Dvorak, and Misses Eleanor J. Manseau and Linnea Wiberg, both research technicians. Also assisting in portions of the project was Dr. W. Hallowell Churchill of the Robert Breck Brigham and Peter Bent Brigham Hospitals in Boston.

The work was reported in the June issue of the Journal of the National Cancer Institute. Major articles and reports describing the findings have since appeared in national publications and network news in America and foreign countries.

People have hypothesized for years that many tumors could be destroyed simply by stimulating the body to reject them as foreign matter, but Dr. Harold Dvorak said, "I think most objective observers have to concede that this approach just hasn't worked all that well."

The team began studying the microenvironment of tumors because, he said, "this area had been totally neglected. We had never really looked at a tumor's immediate surroundings closely enough to see what might be there."

When they did look, employing such improved techniques as electron microscopy and immunofluorescence, the researchers found that many tumors lived within cocoons made of something called fibrin gel. Wrapped in this material, the tumors were safe from detection by the body's immune system.

To form a cocoon, Dr. Dvorak said, a tumor secretes an agent which causes blood vessels to leak. Many plasma proteins then escape from the vessels, among them fibrinogen, associated with clotting, and plasminogen, which is involved in dissolving clots.

Next, a clotting substance secreted by the tumor converts the fibrinogen into the fibrin gel, just as a clot forms in a wound after a person cuts himself.

"If the tumor only laid down the gel around it, it would trap itself and be unable to grow." Dr. Dvorak said. "So the tumor also produces material to convert the plasminogen into a very active enzyme [plasmin] which dissolves fibrin. The result is that as more gel collects on the outer fringe of the cocoon, fibrin closest to the tumor itself is eliminated, thus allowing the tumor to expand."

The fibrin gel probably has other important functions, Dr. Dvorak said. For example, to grow beyond a very limited and harmless size, tumors must acquire a blood supply. Fibrin itself, or perhaps one of its breakdown products, is a potent signal that the body itself uses when it requires new blood vessels in a particular area. For example in a healing wound. The study found that fibrin deposits alone induced a blood supply equivalent to that induced by tumors. Thus, by creating a fibrin gel, tumors trigger the body's own mechanisms for wound healing. The body then responds by providing the tumor with a generous blood supply, just as if the tumor were a cut in the finger that required new blood vessels for healing.

*Mr. and Mrs. Arthur Wellman receive the thanks and appreciation of Dr. John A. Parrish of Dermatology for their donation towards the establishment in Temporary Building #1 of a laboratory which will be used for experimental treatment of patients in the service's photomedicine research unit. The facility will be known as the "Wellman Laboratories."*

*Shown at the reception held for the Wellmans are (from left): Dr. Parrish; Dr. Thomas B. Fitzpatrick, Chief of the Dermatology Service; Mr. Wellman; Mrs. Wellman; W. Nicholas Thorndike (standing behind Mrs. Wellman), MGH Trustee; Mrs. Louise C. Riemer, Chairman of the Ladies' Visiting Committee; Joseph C. Donnelly, Jr., Director of Resources and Development; and Lawrence E. Martin, Associate General Director.*

*Mrs. Wellman has been a patient of Dr. Parrish's for several years. The donation was given as an expression of their gratitude to him, the Dermatology staff, and the hospital, she said. The Wellmans live in Florida and summer on Cape Cod.*

## Photo Contest

(continued from page 1)

white and in color print categories. To give people who do not have elaborate cameras an equal opportunity, we'll also have three winners each in black and white and color categories for photographs taken with box-type cameras.

The usual regulations about not taking photographs inside the hospital will remain in force. However, during the contest period we will have to suspend the regulation of no personal cameras within the hospital. Although erection of a fence will preclude good picture taking after about the middle of September, the contest won't close until October 20. That will give entrants plenty of time to finish up rolls of film on which they took photographs. Have fun!

The rules follow:

SUBJECT: Only Moseley Building exterior.

CATEGORIES:

1. 8 x 10 black and white prints taken with a non-box camera.
2. 8 x 10 color prints taken with a non-box camera.
3. 8 x 10 black and white prints taken with a box camera.*
4. 5 x 7 color prints taken with a box camera.*

* A box camera is here defined as one lacking devices permitting the photographer to adjust focus or vary exposure settings.

ELIGIBILITY: Any MGH employee except employees of the News Office, Photography Laboratory, or Television Production Office. Also ineligible are employees who regularly sell their photographs or use photography as part of their work.

All winning entries will become part of the MGH archives. Negatives and/or slides from which winning entries were made must be furnished if requested.

PRIZES: Suitable ribbon certificates. In addition, the first-prize winners will receive framed copies of their winning entries, and the first-place originals will be framed and displayed. Biographies of the first-place winners will appear in the HOT LINE.

IDENTIFICATION: In addition to the completed entry blank, which can be obtained in the Photography Laboratory in the Bulfinch Basement, each entry should have the following information printed clearly on the bottom rear: the entrant's name, department, job title, and hospital and home telephone numbers.

CAUTION: To prevent the possibility of an accident, employees are asked not to climb on rooftops or stand in trafficked areas when taking the picture.

DEADLINE: To be eligible, all entries together with completed forms must be submitted to the News and Archives Office on Bigelow 12 by October 20, 1979.

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The MGH HOT LINE is published three times a month by and for the employees of the Massachusetts General Hospital, Boston.

Charles A. Sanders, M.D.
*General Director*
Martin S. Bander
*Deputy to the General Director (News and Public Affairs)*
John J. Canny, *Editor*
Doris G. Schreckengaust, *Copy Editor*
Patricia Conlon, *Typist*

STRETCHING THINGS

Rolling stretchers and folding wheelchairs are built to carry patients. Too often people pile heavy equipment on these vehicles, equipment that is many times the weight of any patient. The result? Broken litters, brand new chairs with torn backs and seats. Unnecessary expense for the hospital. Delays in transporting patients when chairs and litters cannot be found to do their intended job.

Metal utility carts should be used to transport heavy objects.

## Moseley and Walcott Relocation Moves

All departments previously located in the Walcott Building have now been relocated to other areas. Interior equipment is being salvaged.

The Penthouse on the ninth floor of Bartlett Hall will be able to accommodate some of the smaller gatherings which formerly frequented the Walcott Living Room although not more than 42 people are allowed in the Bartlett Penthouse at a time. Scheduling requests should be directed to Ms. Shannon of the School of Nursing, Ext. 3184.

Departments that will be moving during the next few weeks and keeping their existing phone lines include:

During the week of Aug. 27: The Treadwell Library currently on Moseley 2 will be moving to the first and second floors of Bartlett Hall.

The Research Administration Office currently located on Moseley 1 will be moving to the third floor of Bartlett Hall.

On or about Aug. 31: The Social Service Department currently on Moseley 1 will be moving to the second floor of the Bulfinch Building.

On Aug. 31: The Assistant Director's Office currently located in the Moseley Basement will be moving to the third floor of Bartlett Hall.

On Sept. 5: The Patient Care Representatives currently located on Moseley 1 will be moving to the first floor of the Bulfinch Building.

The Ambulatory Care Division offices currently on Moseley 3 and Clinics Basement will be moving to MEEI, 13th floor.

The Clinical Administration office on Moseley 2 will be moving to Gray 1.

The Volunteer Office currently located on Moseley 1 will be moving to Gray 1.

The Chaplains' Office currently on Moseley 2 will be moving to Gray 1.

The Administration Offices currently on Moseley 1, 2, and 3 will be moving to Gray 1.

The Security Office currently in the Moseley Basement will be moving to Gray 1.

On or about Sept. 7: The Personnel Office currently located on Moseley 1 will be moving to the second floor of the Bulfinch Building.

On Sept. 7: Monthly Payroll currently on Moseley 4 will be moving to the second floor of the Bulfinch Building.

On Sept. 9: Weekly Payroll currently on Moseley 4 will be moving to the second floor of the Bulfinch Building.

During the week of Sept. 9: The Building Service Central Office currently located in the Moseley Basement will be moving to the ground floor of Temporary Building #1.

# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) August 30, 1979

## DON CRASCO PHOTO EXHIBIT RUNS THROUGH AUG. 31

The critically acclaimed photo exhibit of Donald Crasco of Purchasing will be on display through tomorrow, August 31, on the first floor corridor of the Gray Building.

Recently reviewed in the Boston Globe, the exhibit was cited as demonstrating that Mr. Crasco has "a keen eye for composition and an outstanding command of the tonal ranges epitomizing the capabilities of black-and-white film.

"(Mr.) Crasco's photographs of the Boston area are characterized either by architectural qualities or by the pregnant [illegible]ment of stilled motion a la Cartier-Bresson," the reviewer said.

One photo which accompanied the Globe story is of the Charles River, with the Prudential Center casting its reflection over a group of sailboats clustered about the picture's center. "Other buildings and sailboats on either side serve to create a sense of classical balance," the reviewer said.

(continued on page 2)

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## RECEPTION FOR RITA SIDMAN AUG. 31

Friends and fellow employees of Rita Sidman, Supervisor of the Staff Clinic, are invited to a reception honoring her 31 years of service to the hospital which will be held Friday, August 31, at 9 a.m. in the East Cafeteria.

[illegible]. Sidman will be taking a year's leave [illegible] absence beginning next month to join her husband during his sabbatical year at Johns Hopkins Hospital in Baltimore. She is expected to return to the hospital in the fall of 1980 in a part-time capacity.

## MGH EDUCATION DIVISION BEGINS NATIONAL SEARCH FOR DIRECTORS, FACULTY

This month, the MGH Education Division is beginning a national search for Program Directors and a small number of senior faculty for its first three degree programs: the Master of Science programs in Dietetics, Nursing, and Physical Therapy. Under the direction of Dr. Julian F. Haynes, Jr., newly appointed Provost of the Division (see HOT LINE, July 26, 1979), these positions are being advertised in national professional journals. However, the Division also hopes to have applications from qualified members of the present MGH staff.

Each Program Director should hold an earned doctorate, be fully qualified to practice in the professional field of the program, and have considerable experience in clinical practice, teaching, and research.

Faculty will be expected to hold an advanced degree or have equivalent advanced skills from continuing education and experience. They should also be professionally qualified in Dietetics, Nursing, or Physical Therapy and have substantial teaching and clinical experience.

(continued on page 2)

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## DR. ROBERT LINTON DIES AT AGE 79

A memorial service was held last month at the Second Church in Newton for Dr. Robert R. Linton, Honorary Surgeon at the MGH and former chief of the hospital's vascular unit, who died July 21 at his home in West Newton. He was 79.

(continued on page 2)

## DR. LINTON (continued from page 1)

Speaking at the service was Dr. Earle W. Wilkins, Jr., Chief of the Emergency Ward and Overnight Ward and a former colleague of Dr. Linton.

Born in Grangemouth, Scotland, Dr. Linton, the son of a physician, grew up in Portland, Ore. He was graduated from Washington University and in 1925 from Harvard Medical School. His brother, James, was also a member of that Harvard graduating class and went on to become a psychiatrist.

Dr. Robert Linton interned at Johns Hopkins Hospital before coming to the MGH for his surgical residency, which he completed in 1928.

A student of Dr. E.P. Richardson, Dr. Linton joined the Peripheral Vascular Clinic in the 1930s and was named its chief in 1946. He served in that position until his retirement in the 1960s, when he became an Honorary Surgeon.

Regarded as a pioneer in surgical technique for treating blood vessels, Dr. Linton was well known for his procedure for controlling portal hypertension and for his work in the use of a patient's veins to replace blocked arteries. Among his innovations were the Linton Tourniquet Clamp and the Linton Balloon used for controlling bleeding in the esophagus.

He was as famous for his teaching abilities as for his pioneering and skills in the operating room. In addition to his renowned pupils carrying on his tradition at the MGH, he taught numerous other surgeons now holding positions of leadership in hospital's around the country.

Dr. Linton wrote for many medical journals and authored a textbook, The Atlas of Vascular Surgery, published in 1973.

In addition to his duties here, he was past president of the Society for Vascular Surgery and of the New England Society of Vascular Surgeons and was a member of several other surgical societies and medical associations.

He leaves his wife, Emma (Buermann); four daughters; and 12 grandchildren.

## EDUCATION DIVISION (continued from page 1

Some part-time appointments will be available, particularly for faculty who spend the rest of their time in clinical practice or research in other units of the MGH.

The Division hopes to fill the three Program Director positions by early fall 1979. Faculty positions will be filled over the next 18 months, but inquiries are welcome immediately.

MGH staff members who would like more information about these positions should call the Education Division at Ext. 8000. The office would also welcome any suggestions of individuals who staff feel might be interested in these posts. Everyone recommended will be formally contacted and invited to apply.

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## PHOTO EXHIBIT (continued from page 1)

The exhibit, which includes both black-and-white and color prints, spans Mr. Crasco's 17-year career as an amateur photographer. A picture of the late President John F. Kennedy can be found among the almost dozen on display.

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## "GREAT BLIZZARD" PHOTOS NEEDED FOR NEW EMPLOYEE ORIENTATION FILM

The MGH Television Production Department, in cooperation with the Education and Training Office, is producing a new employee orientation film.

As part of the film, the department would like to incorporate still black-and-white and color photographs of the MGH during the "Great Blizzard" of February 1978. To do this, the producers need your help.

Persons with photos of the exterior of the hospital during and immediately following the storm are asked to contact Carol Rinehart, Education and Training Coordinator, at Ext. 2230 or in M.E.E.I. 13 by September 7 to discuss possible use of the pictures in the film.

Persons whose photos are used will receive due credit.

# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) September 13, 1979


## MGH FLAG TO FLY IN TOKYO IN HONOR OF DR. BARNETT'S SPEECH

The MGH flag will fly over Tokyo's International Congress Room Sept. 16 in honor of Dr. G. Octo Barnett's speech before a conference on medical professionals with interests in computer science.

Dr. Barnett, Director of the Laboratory of Computer Science, is scheduled to speak on "CO-STAR 5," a most recent Computer Ambulatory Record System the lab has worked on.

Conference officials asked Dr. Barnett and Frederic Van Deusen, also of the computer science lab, to bring with them the MGH flag and the flag of the City of Boston in what is believed to be a customary gesture.

Dr. Barnett is also scheduled to speak in Kyoto Sept. 15.

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## RECEPTION FOR DR. ZAMECNIK SEPT. 21

A reception for Dr. Paul C. Zamecnik, Director of the Huntington Laboratories, will be held Friday, Sept. 21, from 4 to 6 p.m. in the Medical Staff Room, Bigelow 7.

Dr. Zamecnik is retiring from the MGH after more than 40 years of service to the hospital and the Huntington Laboratories (see HOT LINE, Aug. 2, 1979). He has accepted a position with the Worcester Foundation for Experimental Biology.

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## SAFETY URGED NEAR DEMOLITION SITE

Hospital employees and visitors are asked to adhere to the signs posted on the fences surrounding the demolition site of the Walcott, and soon the Moseley, Buildings. To further insure pedestrian safety, the Administration is asking persons to use the yellow painted walkways when passing that area.

(continued on page 2)

## MOSELEY PHOTO CONTEST REMINDER

Shutterbugs are reminded that although the deadline for the Moseley Building photo contest is more than a month away, the building is scheduled for demolition late this month and early October. A restraining fence will soon be erected around the building, and this could hamper picture taking.

Therefore, photographers are advised to take their photographs of the building's exterior now if they haven't already. Entry forms are still available in the Photography Laboratory in the Bulfinch Basement. See the Aug. 23 HOT LINE for further details.

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## WEIGHT GROUP PROGRAM GIVEN BY NUTRITION CLINIC

The Nutrition Clinic is now enrolling persons into its 12-week Weight Group program beginning Sept. 27 at 9 a.m. A second group is scheduled to begin Oct. 16 at 4:30 p.m. Each group will meet for one hour per week.

Individuals interested in participating are reminded that they need a referral from an MGH physician or the Staff Clinic. They must also contact the Nutrition Clinic at Ext. 2779 to make an appointment with the program coordinators before the sessions begin. For more information, call the Clinic.

* * * * *

## FLOWER SHOP OFFERS ARRANGING COURSE

The MGH Flower Shop is offering a six-week flower-arranging course for volunteers beginning Tuesday, Sept. 25, at 10 a.m. in the Patio Dining Room, White Basement. The course will meet every Tuesday through Oct. 30.

Tuition is $25 and a pledge of three hours a week for six months to the MGH Flower Shop. The course is being taught by Barbara Quinchea, a local florist, who is returning by popular demand. For more information, call Ext. 4500.

## MOSELEY RELOCATION MOVES

Departments that will be moving during the next few weeks and keeping their existing phone lines include:

Sept. 9: The Archives Room on Moseley 1 has moved to Bartlett 3.

Sept. 12: The Staff Education Offices, formerly in the Basement of Temporary #1 Building, have moved to Phillips 1.

Sept. 13: The Administration Offices from Moseley Basement, 1, 2, and 3 will move to Gray 1.

Sept. 14: The Security Office in Moseley Basement will move to Gray 1.

The Patient Care Representatives on Moseley 1 will move to Gray 1.

Sept. 15: Monthly Payroll and Weekly Payroll on Moseley 4 will move to Bulfinch 2.

Sept. 17: The Personnel Office on Moseley 1 will move to Bulfinch 2.

Sept. 18: Management Engineering on Moseley 3 will move to #5 Whittier Place in Charles River Park.

The Volunteer Office on Moseley 1 will move to Gray 1.

The Clinical Administration Offices on Moseley 2 and classroom on the ground floor of Temporary #1 Building will move to Gray 1.

The Chaplains' Office on Moseley 2 will move to Gray 1.

Sept. 19: The Building Service Central Offices in the Moseley Basement will move to the ground floor of Temporary #1 Building.

The Social Service Interns on Bulfinch 2 will move to the ground floor of Temporary #1 Building.

The Safety Office in the Moseley Basement will move to the 2nd floor of the West End House.

From the Moseley Basement, the Maintenance Office, recently expanded to the Maintenance and Engineering Department, will move to the 2nd floor of the West End House.

## MGH PLAYERS NEEDED FOR TENNIS LEAGUE

A tennis league comprised of teams from several Boston area hospitals is beginning later this month. Men and women of all levels of ability interested in representing the MGH are asked to contact Panfilo Federico at Ext. 3966.

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## SAFETY (continued from page 1)

Also, because of the construction of the new Ambulatory Care Center, there will be several changes in the traffic patterns in the White Building Entrance Court which will be going into effect in the next few weeks. All parking of any kind will be banned in that area, and only emergency vehicles and those needed to pick up wheelchair patients will be allowed in the White Building Entrance Court. Special arrangements will be made for handling emergency parking other than ambulances.

In addition, there will be no pickup or dropping off of patients or personnel at the White Building Entrance. Instead, all discharged patients are urged to use the Gray Building Entrance on Blossom Street; all Ambulatory Care patients are asked to use the Ambulatory Care Entrance; and all other pick ups or drop offs are requested to be made at the corner of Parkman and North Grove Streets.

Additional information and a diagram further explaining these changes will be posted in the White Building Lobby soon.

* * * * *

The Maintenance telephone extension will remain 2411 while the new Engineering number will be 5169.

Sept. 20: The Educational Services Office in the Moseley Basement will move to the 2nd floor of the West End House.

The Planning Office in the Moseley Basement will move to the 2nd floor of the West End House.

Sept. 20 or 21: The Employees lockers in the Moseley Basement will relocate to the ground floor of Temporary #1 Building and the Phillips House Basement.

Demolition of the Moseley Building will begin upon completion of the relocation of departments currently in the building and upon completion of the Walcott demolition.

# The MGH Hot Line

Boston, Massachusetts
News Office, Bigelow 12 (2206)

September 27, 1979

## Walcott Building: Going . . . Going . . . Almost Gone

The demolition of the Moseley Building was scheduled to begin this week while the remains of the Walcott Building are being cleared as plans are proceeding for preliminary construction of the new Ambulatory Care Center (ACC) to begin in early November.

These developments were announced by Burgess P. Standley, Director of Planning, and William Ryan, Project Manager for Walsh Brothers, contractors for the ACC.

In advance of the Moseley Building demolition, all departments housed in that facility were scheduled to be moved by September 21. Previous issues of the HOT LINE provide their new locations.

The razing of the building is expected to take six weeks, Mr. Standley and Mr. Ryan said, and should be finished in early November. At that time, they said, excavation for the foundation of the ACC will begin.

A walkway spanning the east or Moseley Building side of the White Building Entrance Court will be erected in early October to protect pedestrians in that area. The walkway is expected to consume a portion of the access ramp. Work has been done on the opposite side of the area which will insure the present width of the ramp after the walkway is built.

Construction of the ACC is expected to take two years. Overseeing the division phase as head of the ACC Project Coordinating Committee is Lawrence E. Martin, Associate General Director. Also assisting in the planning of the new center is Dr. George L. Nardi of Surgery as chairman of the ACC Program Committee.

The ACC was approved by the Massachusetts Public Health Council in February 1978, nearly four years after the hospital first filed for a Certificate of Need to build the center.

The building will house the Ambulatory Care Division including physician offices from numerous current locations; ambulatory surgical and radiology suites; a pharmacy; some specialized laboratories; and appropriate administrative services.

**Ether Day**

**October 16**

see page 4 for details

## MGH Readies For Papal Visit

The MGH is planning to continue normal activities and work schedules on October 1 when the Pope visits Boston.

Arrangements have been made for added assistance in the Emergency Ward (EW) that day. Mondays are traditionally busy in the EW. With hundreds of thousands of people expected to congregate at Boston Common where the Pope is scheduled to celebrate Mass, the EW is being prepared for any possible increase in the usual number of patients.

All MGH employees and visitors with access to public transportation are asked to use the MBTA to reach the hospital that Monday. To insure access for employees and patients unable to use public transportation, Cambridge Street will be open to traffic as far as Sudbury Street.

Traffic will be allowed to travel on Storrow Drive, but streets leading up Beacon Hill will be closed.

Even with the special arrangements the traffic situation could change if there are any unexpected developments on October 1. For that reason all MGH employees are urged to wear their ID badges that day in case needed to gain access through police blockades. Those who have lost their badges should get new ones before then.

For those MGH personnel who require cars to get to work, every effort will be made

(continued on page 4)

*Jean T. Swaim browses through L'Inglese Nell'Ospedale, the second in a series of booklets aimed at aiding non-English speaking patients. See story on page 3.*

*Thirteen persons received certificates from the MGH Respiratory Therapy Technician School at its eighth graduation held August 30 at Blossom's Restaurant.*
*Pictured above, the graduates included: (bottom row, from left) Karen A. Simmons, John T. Carbine, Deborah A. Barker, and Stephen B. Nelson; (middle row) Christine M. Chiulli, Allen L. Panarese, Barbara J. Bresnahan, and Suzanne G. Letham; and (top row) Kevin M. McManus, Carol A. O'Brien, Jocelyne DiManche, Donna L. Wilkinson, and Louis C. Siriani, Jr.*
*After opening remarks from George A. West, M.S., R.R.T., Technical Director of the Department of Respiratory Care, the welcome address was given by Dr. Henning Pontoppidan, Chief of the Respiratory Intensive Care Unit and the Department of Respiratory Care. Dr. Barry Levine, Chairman of the Advisory Committee of the Respiratory Therapy Technician School and a member of the Medical Services staff, gave the commencement address. Presenting the certificates was Lillian P. Davis, RN, R.R.T., Program Director of the school. Colleen M. Kigin, R.P.T., M.S., Codirector of the Department of Respiratory Care, presented the awards. Cherryl Y. Ringgold, M.Ed., R.R.T., Clinical Education Coordinator of the school, also addressed the class.*
*Receiving special awards were Kevin M. McManus, who was presented the Clarence Smith Award for highest academic achievement, and Donna L. Wilkinson, who was selected by her classmates as recipient of the Jimmy A. Young Award for being "the most professional student." She also received the Edmund S. Banks Professionalism Award as chosen by the school's clinical instructors.*
*This year's graduates presented the Henning Pontoppidan Award for excellence in clinical teaching to instructors Susan M. Murray, C.R.T.T., a 1972 graduate of the school, and Michael Underwood, a 1973 graduate.*

*Susan Driver (left), R.D., performs the traditional snipping off of the intern patch from the shoulder of Laura Brabec during August 31 ceremonies marking the graduation of 15 postgraduate students from the Dietetic Internship program. This recent class brings to 28 the number of students who completed the program this year. Thirteen persons received graduation certificates June 29.*
*Presenting the students for graduation was Annie Galbraith, R.D., Director of the Dietary Department and Dietetic Internship. Addressing the class was Nancy Watts, R.P.T., Ph.D., Assistant Director of the Educational Planning Office. Louise Hatch, R.D., former Director of the Dietary Department and Dietetic Internship, presently serving as an advisor to the department, introduced James H. Staton, Director of Operations, who presented the certificates.*
*In addition to the certificates, the graduates received the American Dietetic Association pins to which are attached the MGH guards.*
*The graduates were joined by their families and friends at a reception held in the East Cafeteria.*

*Mary P. Rota (left), RN, Nursing Supervisor in the Blood Transfusion Service, chats with one of the many guests who attended a reception August 16 honoring her retirement from the MGH after 41 years of service.*

*A graduate of the MGH School of Nursing, Miss Rota joined the hospital staff in 1938 and began in the Blood Transfusion Service, then known as the Blood Bank, when it was established in 1942. She worked for several years with Dr. Morten Grove-Rasmussen on improving the quality of blood banking.*

*Earlier this year, in honor of her work in the Blood Transfusion Service and for having made a significant contribution to the blood banking profession, Miss Rota was named the 1979 recipient of the Morten Grove-Rasmussen Memorial Award.*

*"Mary has dedicated her life to teaching and promoting high professional standards essential with providing safe and efficacious products, while encouraging and making blood donations as safe, pleasant, and convenient as possible," the award committee said.*

*On hand at the reception were Lawrence E. Martin, Associate General Director, who spoke on behalf of the hospital and presented Miss Rota with the traditional portrait of the Bulfinch Building, and Dr. Charles E. Huggins, Director of the Blood Transfusion Service, who gave her a gift on behalf of the department.*

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GENERAL STORE VOLUNTEERS NEEDED
FOR WEEKNIGHTS, WEEKENDS

Volunteers are needed to work in the General Store, located on Gray 1, on Monday through Friday, 5 to 7 p.m. They are also needed Saturdays and Sundays from 9:30 a.m. to 1 p.m. and 1 to 5 p.m.

Persons interested in working any of these hours are asked to contact the Volunteer Department at Ext. 8540.

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The MGH HOT LINE is published three times a month by and for the employees of the Massachusetts General Hospital, Boston.

Charles A. Sanders, M.D.
*General Director*
Martin S. Bander
*Deputy to the General Director*
*(News and Public Affairs)*
John J. Canny, *Editor*
Doris G. Schreckengaust, *Copy Editor*
Patricia Conlon, *Typist*

*Nineteen-month-old Ellen Devine ponders the placement of a decorative sticker as she plays with some of the arts and crafts material donated to the Children's Service by the David Ossinger family of Holliston, Mass.*

*The Ossingers donated the material, as well as a large number of toys and games, to the hospital in appreciation of the care two of their sons received here. In addition, the family gave $200 worth of Bicentennial quarters to Dr. Allan Goldblatt of Pediatric Cardiology, the boys' physician. This gift will be used in the research of pediatric cardiac disease.*

*One of the Ossinger boys, 12-year-old Mark, has been treated for a minor heart ailment and, according to his parents, is doing very well. The other child, eight-year-old Kevin, died at the hospital two years ago from serious heart problems. A Citizens Ban radio enthusiast, Kevin, referred to as the "Little Teddy Bear," was well known over the local airwaves, and his death was marked by a minute of silence observed by what has been estimated as more than a thousand CBers.*

*New covered walkway leading from Charles-MGH MBTA stop*

# Covered Walkway Now A Reality

An MGH request for the Metropolitan District Commission (MDC) to build a covered walkway leading from the Charles-MGH MBTA station has reached fruition.

The footbridge (pictured above) was recently constructed by the MDC and will benefit MGH- and Massachusetts Eye and Ear-bound patients, visitors, and employees and others. In winter, the covered walkway will protect pedestrians from snow and ice underfoot as well as overhead and especially from the icy wind blasting across the Charles River.

In recent years many old and infirm patients have complained to the hospital that the wind and ice have made the footbridge treacherous. In turn the MGH has discussed the matter with the MDC since 1974.

Unfortunately the old walkway structure was not sufficiently strong to support an enclosed footbridge which would have been subject to increased buffeting from the wind. However, the MDC constructed a much sturdier walkway this summer and covered the side leading toward the hospital and Eye and Ear Infirmary with a transparent material as originally suggested by the MGH.

Thanks to the MDC, the footbridge will no longer pose the safety and antartic effect of past winters.

## Ether Day Corsages Can Be Ordered In MGH Flower Shop

Orders are now being taken in the MGH Flower Shop, located on Gray 1, for the specially designed Ether Day corsages.

Ether Day will be held October 16. See page 4 for additional details.

Persons interested in purchasing the corsages are asked to place their order as soon as possible.

The corsages cost $4.50 each and can be picked up on the morning of October 16 in the MGH Flower Shop.

The Personnel Office is making final plans for this year's event at which long-term employees will receive special pins.

EDUCATIONAL SERVICES OFFICE MOVES TO BARTLETT 5

The Educational Services Office, previously located in the Moseley Basement, has moved to the fifth floor of Bartlett Hall.

# English-Italian Translation Book Published, Portuguese Version Due In Near Future

The second in a series of publications aimed at making non-English speaking patients' visits to the hospital easier is now available in the General Store (Gift Shop). A third publication is due to be published in the near future.

L'Inglese Nell'Ospedale, produced by Jean T. Swaim, a member of the Ladies Visiting Committee, is a 24-page booklet written in both English and Italian. It contains scores of simple questions or comments that a patient might put to a doctor, nurse, or technician, or vice versa.

A Portuguese version of the book is now being made final and will be available in the coming months.

The first of the series, Ingles en el Hospital, was produced two years ago and has served as a model for the successive publications. The entire series is on sale in the General Store for $1.50 per booklet.

The concept of the series was developed by Mrs. Swaim when, while working with patients in the crafts program, she saw the difficulty some patients had in communicating with the staff in day-to-day interactions.

The Volunteer Department maintains a list of personnel and volunteers fluent in a total of 34 languages, but commitments and other responsibilities often limit their availability to serve as interpreters at important occasions. As a result, routine communication is often done without the benefit of an interpreter.

To help rectify the situation, Mrs. Swaim first composed a rough draft of the booklet in German and English. The focus was later changed to English and Spanish, the most common language found among MGH's non-English speaking patients. With the assistance of volunteers and professional interpreters, the initial project was published.

"The Massachusetts General Hospital has a long tradition of providing a warm and compassionate atmosphere to those patients who come for treatment," said Dr. Charles A. Sanders, General Director. "Many such patients are from another land, and not only do they feel ill at ease simply because they are in a strange hospital, but their concerns are often magnified by their inability to communicate effectively with the hospital staff.

"This (series) is an important attempt to bridge the gap in communications which may exist because of language barriers. So, these patients should feel more comfortable and reassured that the staff is committed to providing the very best care for them during their stay at the hospital."

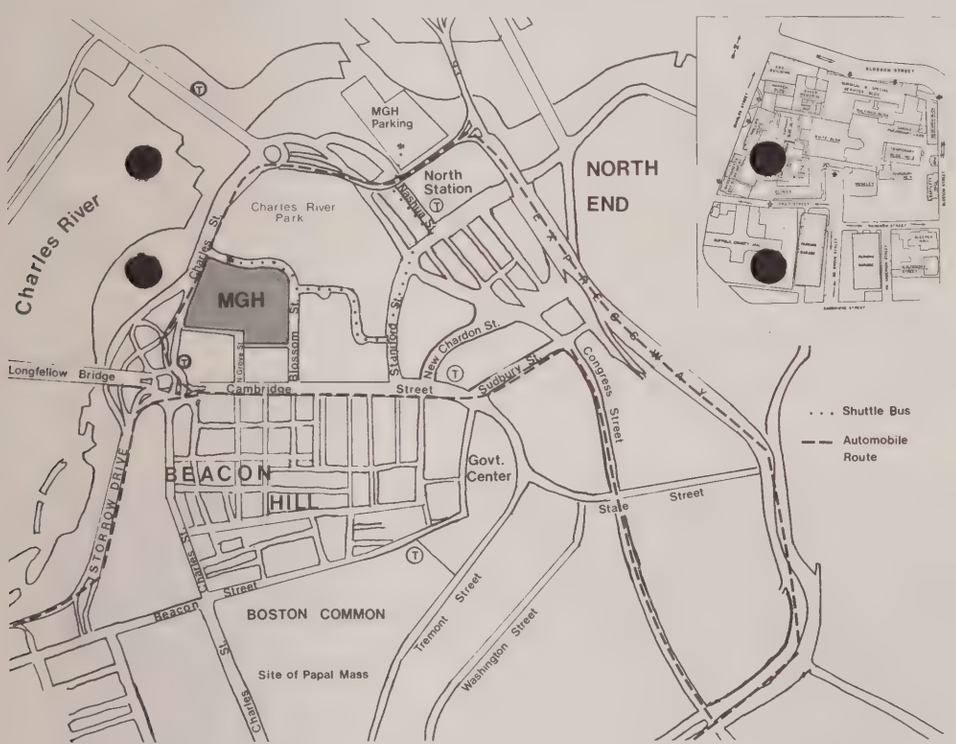
The booklets are given free of charge to appropriate patients as they come into the hospital. Proceeds generated from sales to others through the General Store help finance the printing of the series. Plans are being discussed for additional booklets, although it is not known at this time in what languages they will be published.

# An Original Tenant Moves From The Moseley Building

*One of the many departments which recently had to vacate the Moseley Building in advance of its soon-to-be-begun demolition was the Treadwell Library which had occupied part of the second floor since the building opened in 1916.*

*The job of moving the library's 37,000 volumes to its new quarters in Bartlett Hall forced the closing of the facility for a week.*

*Shown in the left photo is a workman dismantling one of the tables in the old library as carts of books await transportation to the new facility, where the books are shelved as seen in the right photo.*




*Map shows shuttle bus and automobile routes available to hospital on October 1*

## Papal Visit (continued from page 1)

to provide parking in the front garages, the Nashua Street lot, and for those on the evening shift, in the Hawthorne Place garage. Those turned away from the Hawthorne Place garage can park in the Nashua Street lot. Continuous service on the MGH shuttle buses will extend from Monday at 6:30 a.m. until Tuesday at 1 a.m.

Inpatients are urged to encourage potential visitors to avoid the MGH garages from 1 to 8 p.m. on Monday. Should the garages become full, visitors will be turned away. The front garages, however, will serve ambulatory patients with appointment cards to the ambulatory care division or to the offices of MGH physicians.

Mr. Thomas F. Sullivan, Chief of MGH Security, is maintaining daily contact with the office of the Boston Police Commissioner to insure the best possible arrangements for employees and patients.

While the hospital will operate essentially as usual, one exception will be the closing of day surgery.

Among the special arrangements being made for the EW is an increase in the number of volunteers who will serve there. Should any unexpected problem arise, the revised MGH disaster plan previously outlined in the HOT LINE can be effected. Like the traditional plan this can involve use of the White Building Lobby for triaging patients. In general the new plan allows more flexibility in using facilities according to various gradations of need.

"We hope and expect that we will not need to implement the disaster plan," said Dr. John F. Burke, Chairman of the Executive Committee on Disasters. "Nevertheless, we want to be prepared should the need arise."

# 800 To Receive Service Pins On Ether Day, Oct. 16

More than 800 staff members will receive service pins in recognition of their years of service as the MGH observes Ether Day on October 16 with ceremonies at 3 p.m. in the General Cafeteria.

October 16, 1846, marks the date of the first public demonstration of the use of anesthesia in a surgical operation. This milestone in the development of modern surgery occurred in the amphitheatre of the dome of the Bulfinch Building, the operating room of the hospital from 1821 to 1867.

Each year on the occasion of Ether Day, the hospital honors its long service staff members. This has been an MGH tradition since 1903. This year the hospital will be honoring staff members who have completed 5, 10, 20, 30, 40, and 50 years of service in 1979.

This year also marks the 40th anniversary of the dedication of the George Robert White Building. With the demolition of the Walcott and Moseley Buildings, the Administration thought it fitting to move this year's ceremony to the General Cafeteria. A video tape of the White Building dedication will be shown at the reception following the ceremony and for the remainder of the week in the General Cafeteria.

An Ether Day display will be posted on the Employee Information Bulletin Board outside the General Store prior to October 16. Included will be a photographic display of the construction of the White Building and a copy of the program containing the names of the service pin recipients. Those staff members you do not know by name will be recognized by the red carnation they will be wearing that day. Department managers will present staff members in their department with this symbol of recognition early in the day. In addition, during this week, a number of departments have made plans to recognize individual staff members being honored for their service.

Seating at the ceremony will be limited.

# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) October 4, 1979


## GENERAL CAFETERIA SERVING LINES TO CLOSE AT 1 P.M. ON ETHER DAY

Due to the Ether Day Service Pin Award Ceremony on October 16, Lines 1, 2, and 3 in the General Cafeteria will close at 1 p.m. Paper service will be used in all cafeterias that day. The East Cafeteria will remain open for lunch until 3 p.m. and for dinner between 4:15 to 8:30 and 9:30 to 11:30 p.m.

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## DR. MEDEARIS NAMED TO PRESIDENTIAL BOARD

Dr. Donald N. Medearis, Jr., Chief of the Children's Service, was recently appointed to the President's Commission for the Study of Ethical Problems in Medicine and Biomedical and Behavioral Research.

The commission was created to study issues such as the definition of death, genetic testing and counseling, and the differences in the availability of health services depending on income or residence.

* * * * *

## DR. RUTH GRAHAM, KNOWN FOR WORK IN 'PAP SMEAR' RESEARCH, DIES

Dr. Ruth M. Graham, former Director of the Cytology Laboratory of the Vincent Memorial Hospital and a pioneer and an acknowledged authority in the field of diagnostic cytology, died September 21.

During the 1940s, as Director of that lab, part of the Department of Gynecology headed by Dr. Joe V. Meigs, Dr. Graham worked with Dr. Maurice Fremont-Smith of the MGH on Dr. George Papanicolaou's method of detecting early vaginal cancer in women through the smear test. Their work has been credited

(continued on page 2)

## GEORGE TERZIDES NAMED GENERAL FOREMAN OF SERVICES

George Terzides, Foreman of the Carpenter Shop and a member of the Maintenance Department for 15 years, has been named General Foreman of Services, Anthony F. Giarrusso, Director of the Maintenance Department, announced recently.

In his new position, Mr. Terzides will oversee the Carpentry, Metal, Labor, and Paint Shops. The move is part of the realignment created by the establishment of the new Facilities Division (see HOT LINE, June 21, 1979) in which all eight maintenance departments and the new Hospital Engineering Department are now under the direction of William L. Clemons, Director of Facilities. Mr. Terzides and Ronald P. Prachniak, General Foreman of Plant Operations, which include the Electrical, Plumbing, and Refrigeration Shops and Operating Engineers, now report to Mr. Giarrusso.

(continued on page 2)

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## DR. EDWARD MESSNER CITED BY PSYCHIATRIC RESIDENTS ASSN.

Dr. Edward Messner of Psychiatry was recently presented with a plaque and citation from the Residents Association of the Psychiatry Department for his outstanding contributions to teaching. This is the second consecutive year that Dr. Messner has been cited by the association.

According to Dr. Stephen H. Romansky, President of the Residents Association, Dr. Messner received the honor for "his outstanding contributions and teaching ability and his skillful teaching of

(continued on page 2)

## MEDIA APPEARANCES BY MGH STAFF MEMBERS

Dr. Paul S. Russell of Surgical Services was recently interviewed by the CBS radio network on transplantation surgery. His appearance was in connection with a recent New England Journal of Medicine article he wrote on that subject.

In other media appearances by MGH staff members, Dr. Gary Jacobson of Psychiatry appeared September 14 on WNAC-TV's (Channel 7) "Womankind" program during which he discussed the psychological aspects of families where both parents have children from previous marriages.

Also, Dr. Ronald A. Malt and Dr. James W. May, Jr., both of Surgical Services, were on camera during the summer on ABC-TV's "20/20" news magazine program during which they spoke on replantation surgery and microsurgical procedures. Portions of that program were filmed at the MGH earlier in the summer. Dr. May had previously appeared on Channel 7's "Black News" to comment on the case of a 28-year-old Roxbury man who had lost four fingers and the top of his thumb in an industrial accident. Dr. May led the surgical team that reattached the fingers, the last of which was sewn on 28 hours after the accident.

Dr. Harold F. Dvorak, Chief of the MGH's Immunopathology Unit, appeared on the NBC network news as well as all local television news programs in recent weeks in wake of his and his fellow researchers' studies of tumors (see HOT LINE, August 23, 1979).

Also, Dr. Charles E. Huggins, Director of the Blood Transfusion Service, recently appeared on the nightly news of WCVB-TV (Channel 5) in Boston in which he followed a donor accompanied by consumer reporter Paula Lyons for a tour of the service's facilities.

In addition, two former MGH Rehabilitation Unit patients, Betsy Pillsbury and Paul Tupper, appeared on WBZ-TV's (Channel 4) "Woman '79" program September 19 to discuss problems faced by the handicapped.

## DR. GRAHAM (contined from page 1)

with hastening the acceptance by the medical world of this procedure, now commonly known as the "Pap smear." Dr. Fremont-Smith died last May (see HOT LINE, June 21, 1979).

In addition to her work in the laboratory, Dr. Graham, together with her late husband, Dr. John Graham, authored many articles for professional journals.

She leaves her mother, a son, and a daughter.

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## MR. TERZIDES (continued from page 1)

In announcing Mr. Terzides' appointment, Mr. Giarrusso said, "George has been one of the best workers throughout his career here, and we couldn't have found anyone better to fill this position. We feel it is a great accomplishment for him to have come to this country, begin where he did, and, through his own skill and dedication, progress to where he is now. Again, I think we could not have found anyone better."

A native of Katerini, Greece, Mr. Terzides came to the United States on June 5, 1964, and began his MGH career three days later as a Carpenter's Helper. He was made a First Class Carpenter three months later and was named Assistant Foreman of the shop in 1968. He was appointed Foreman last year (see HOT LINE, May 11, 1978).

Additional moves are expected within the Facilities Division and will be published as they are made.

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## DR. MESSNER (continued from page 1)

psychotherapy" as well as for his "devotion and for his exceptional supervisory capabilities."

More than 30 doctors belonging to the association are involved in the Psychiatry Department's residency program. The award, given annually, was begun two years ago.

# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) October 11, 1979

## THE 1 OUT OF 4 YOU HELP COULD BE YOU

The United Way Campaign will begin shortly. Dr. Charles A. Sanders, General Director, has appointed Lawrence E. Martin, Associate General Director, and Eleanor Clark, Director of Social Service, as MGH Chairmen for this year's drive.

The dates for the MGH campaign will be from October 15 to 31.

United Way's goal for this year is $21 million. Remember that 88¢ out of every dollar you give to this drive goes to agencies for human services while only 12¢ is spent on administration and fund raising. The money raised will enable 162 member agencies to provide human-care services for thousands of people. All human-care agencies are eligible to apply for membership in the United Way.

The services provided include counseling, Big Brother and Big Sister programs, adoption services, community center services for elderly and youth, home nursing care for the elderly, vocational rehabilitation, sheltered workshops for the retarded, and food, clothing, and shelter for people in emergencies. These services reach out to the residents of the 86 cities and towns in the Massachusetts Bay Area.

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## MOSELEY PHOTO CONTEST DEADLINE OCTOBER 20

Photography buffs are reminded that the deadline for the Moseley Building Photo Contest is October 20. See the August 23, 1979, HOT LINE for further information.

## ONLY 12 TREATED IN E.W. FROM PAPAL MASS OCTOBER 1

Although the hospital had prepared itself to take care of a larger than usual number of emergencies, only 12 persons came to the Emergency Ward from the Papal mass on the Boston Common October 1.

One of the 12, a National Guardsman who suffered an illness during the proceedings, was admitted. The other 11 were treated for minor illnesses, such as fainting, and released. Those coming from the Common augmented the nearly 150 other persons who arrived for treatment October 1. Even so, the combined effect was still lighter than on a typical Monday.

(continued on page 2)

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*ETHER DAY REMINDERS*

## GENERAL CAFETERIA SERVING LINES TO CLOSE AT 1 P.M.

Due to the Ether Day Service Pin Award Ceremony on October 16, Lines 1, 2, and 3 in the General Cafeteria will close at 1 p.m. Paper service will be used in all cafeterias that day. The East Cafeteria will remain open for lunch until 3 p.m. and for dinner between 4:15 to 8:30 and 9:30 to 11:30 p.m.

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## CORSAGES CAN BE ORDERED IN MGH FLOWER SHOP

The specially designed Ether Day corsages should be ordered in the MGH Flower Shop, located on Gray 1, before October 16. The corsages, costing $4.50 each, can be picked up that morning in the shop.

## THREE MEMBERS OF MEDICAL RECORDS NAMED OFFICERS IN STATE ASSOCIATION

Sharon M. Cohen of Medical Records was recently appointed Chairman of the 1979-80 Procedure Committee of the Massachusetts Medical Record Association. She has been active in the association for several years and previously served as cochairman of the Education Committee and the Planning Bylaws Committee.

Other members of Medical Records named officers in the association included Joyce E. Gormley, Director of the department, as a parliamentarian, and Linda A. Peterson, as a delegate.

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## 12 TREATED IN E.W. FROM PAPAL MASS

(continued from page 1)

The relative inactivity in the Emergency Ward was also experienced by the other two hospitals--Boston City and the New England Medical Center--designated as primary receivers for the ill and injured among the crowd. The massive preparations for treating people on the Common and along the parade route as well as the rain which somewhat reduced the number of spectators were cited as the reasons for the fairly light loads at the hospitals.

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## TO ALL UNION MUTUAL ANNUITY PARTICIPANTS

The Union Mutual Life Insurance Company will be crediting 9 percent per annum interest to all participant accounts under its Group Tax Sheltered Annuity Contract. This rate is effective July 1, 1979, and is guaranteed through December 31, 1980.

## RETIREMENTS

The hospital wishes health and happiness to the following members of the MGH family who have retired in the past few months:

Mary Ross, Staff Clinic
43 years

John Baltusis, Orthopaedic Shop
28 years

Robert Quarles, White O.R.
26 years

Marie Burns, Phillips House Nursing
24 years

Arthur Morgan, Huntington Labs
20 years

Sima Bordenstein, Building Services
16 years

Ruth Capers, Building Services
14 years

Augustus Lawlor, Materials Management
14 years

Sarah Warden, Dietary
14 years

Harvey Jaillet, Maintenance
10 years

George Charter, Maintenance
9 years

Ernest Alexandre, Clinical Labs
8 years

Ellen Ryan, Dietary
7 years

Hazel Abbott, Building Services
6 years

Goldburn Goodridge, Dietary
5 years

# The MGH Hot Line

BOSTON, MASSACHUSETTS

NEWS OFFICE, BIGELOW 12 (2206) October 25, 1979

## CLOCKS TURNED BACK ONE HOUR OCTOBER 28

On Sunday, October 28, at 2 a.m., Massachusetts will change from Daylight Saving Time to Eastern Standard Time, and clocks will be turned back one hour.

Those employees who are required to work an extra hour on Sunday due to the time change will be compensated for all time worked. Employees who are both eligible for overtime and required to work more than eight hours as a result of the shift to Eastern Standard Time will be compensated in accordance with the Overtime Policy.

If you have any questions regarding this matter, please check with your supervisor.

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## CHAD GREEN DIES IN MEXICO

Chad Green, the three-year-old whose treatment for childhood leukemia attracted attention nationally, died October 12 in Tijuana, Mexico, where his parents had taken him for treatment.

Chad's leukemia was in complete remission, and in late January he showed no sign of the disease or of side effects from his treatment when his parents defied a court order and took him to Tijuana. His chance for a complete cure in January was considered substantial.

Dr. Ernesto Contreras, head of the laetrile clinic in Tijuana, told reporters in August that the parents had taken Chad off chemotherapy against Contreras' strong urging.

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## UNITED WAY CAMPAIGN REMINDER

Employees are reminded to return their pledge cards or cash gifts by October 31 to the Social Service Department, located on Bulfinch 2.

## A DIFFERENT KIND OF GRADUATION

It was called "a graduation to remember," and the almost 40 guests of honor and their families wholeheartedly agreed.

The "graduates," ranging from three months to seven years old, are former patients of the MGH's Newborn Intensive Care Unit. They were brought together by the unit staff earlier this month from as far away as New Hampshire, Vermont, and New York to celebrate the remarkable recovery of each child.

(continued on page 2)

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## KEEP THOSE DONATIONS COMING

You say you've got old Popular Mechanics and Ladies Home Journals stacked in your basement? And you say your paperbacks haven't a space left on the shelves, that they're piled up in front of your bookcase?

It's time you cleaned up and tossed them out. The Warren Library always appreciates your contributions. This time the library is asking specifically for women's magazines such as McCalls, Vogue, Seventeen, Better Homes and Gardens, and Redbook, and men's magazines such as Sports Illustrated, Popular Mechanics, Field and Stream, and Road and Track. Others such as People and Us would also be appreciated.

These magazines are particularly in demand by hospital patients. Paperbacks that are special favorites are mysteries, spy stories, westerns, romances, and light fiction.

Library hours are 9 a.m. to 4:30 p.m., Monday through Friday, but bags and bundles of donations may be placed in front of the library door. The Warren Library is located in the Bulfinch Basement.

## ORAL SURGERY DEPT. CHANGES NAME TO DEPT. OF ORAL AND MAXILLOFACIAL SURGERY

In a move that will more exactly reflect the scope of its area of clinical concern, the Department of Oral Surgery has been renamed the Department of Oral and Maxillofacial Surgery.

In explaining the change, Dr. Walter C. Guralnick, Chief of the Department, recently said, "The term 'oral' connotes working only within the mouth and suggests to many people nothing more than the extraction of teeth.

"In fact, qualified oral surgeons are involved, among other things, in repair of trauma to all facial bones, the correction of many congenital and acquired facial deformities, treatment of various jaw tumors, and the management of salivary gland disease, as well as the extraction of teeth."

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## 1980 PATIO ROOM RESERVATIONS NOW BEING ACCEPTED BY DIETARY DEPT.

The Dietary Department is now accepting standing reservations for both sections of the Patio Room for 1980. This room can be partitioned into two sections, each with a seating capacity of 22.

If you wish to reserve space, please complete the form below and return it to Susan Barraclough, R.D., care of Dietary Department, Gray Basement. You will receive written confirmation of your reservation. Requests are accepted on a first-come first-served basis.

NAME _____
EXTENSION _____
UNIT _____
LOCATION _____
DATES REQUESTED _____
TIME _____
NUMBER OF PEOPLE _____

## TICKETS PLEASE

International visitors who are working at the MGH are always delighted to receive tickets to the Boston Symphony Orchestra and other concerts as well as the theater and various sporting events.

Such donations are tax deductible and will be gratefully received. Please contact the Service League Reception Center at 726-2225 between 10 a.m. and 2 p.m. weekdays, or drop by the office on Gray 1.

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## GRADUATION (continued from page 1)

The Newborn Intensive Care Unit, begun seven years ago by Dr. Daniel C. Shannon, now Director of Pulmonary Research in the Children's Service, treats only critically ill children. But the program, said Dr. David Todres, Director of the Unit, "is not just concerned with the crisis" of the sick child. Parents are encouraged to become as involved as possible with their children because the doctors and nurses feel it is essential to the patients' recovery, he said. Parents are also given guidance with any problems they might have after the child leaves the hospital. One of the ways in which the unit assists the parents is through the High Risk Infant Clinic, supervised by Dr. Kalpathy S. Krishnamoorthy, where the child receives follow-up neurodevelopment evaluations.

As part of the festivities, Dr. Todres and several other unit staff members, including Susan Stanhope, Diana Woolf, and John Favorito, dressed up as clowns to entertain partygoers.

The unit's services were widely praised by parents of the graduates, including Mr. and Mrs. Philip Salzman of Glouceter, Mass., whose daughter was born two and a half months prematurely with severe respiratory problems. "They let us bring in music for the baby, bathe her, put mobiles in her isolette, and bring in shirts with her name on them," Mr. Salzman said. A tape of sounds similar to to a mother's breathing and heartbeat were played to calm the baby, said Mrs. Salzman.

Mr. and Mrs. Mark Caruso of Brooklyn, N.Y., whose son was born prematurely with an enlarged heart, said the unit is "fantastic. If anything is wrong with him, we always bring him back here."

# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) November 1, 1979

## ELEANOR CLARK RECEIVES IDA CANNON AWARD

Eleanor Clark, Director of the Social Service Department, was awarded the Ida M. Cannon Award for distinguished leadership in hospital care and social work by the Society for Hospital Social Work Directors at its annual meeting held last month in Chicago.

Miss Clark, who has been Director of the department since 1964, has been influential in establishing several noteworthy programs at the MGH. Most recently she founded the foster home care program for elderly or frail patients. She was also influential in the establishment of the MGH-Chelsea Health Center. Among the several other honors she has received is the Smith College Medal, given to her in 1965 by her alma mater for her service to "the less privileged" citizens of the state.

Ida M. Cannon was Director of the Social Service Department at the MGH from 1907 until her retirement in 1945. In addition, she was renowned worldwide as a pioneer in the field of social work. She joined the MGH in 1906 as a volunteer in Dr. Richard C. Cabot's then newly organized Medical Social Service Department, the first of its kind in the world.

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## DR. WEBSTER IN NUCLEAR RADIATION FORUM

Dr. Edward W. Webster, MGH Radiation Safety Officer, recently participated in a forum regarding "Nuclear Radiation: How Dangerous Is It?" sponsored by the National Academy of Sciences in Washington, D.C. Dr. Webster has been active for more than two years in the National Academy of Science's Biological Effects Ionizing Radiation Committee.

## GREAT AMERICAN SMOKEOUT - 1979

On Thursday, November 15, from 10 a.m. to 4 p.m., the Cancer Control Office will sponsor another smoking education program in conjunction with this year's Great American Smokeout.

Tips and brochures on how to stop smoking will be available that day in the Gray Lobby, the General Cafeteria, the Clinics Building, and near the Coffee Shop. Pulmonary function tests will also be available. The location of the tests will be announced next week.

In addition, sign-up sheets for employee smokers' quit groups will be available. Last year 250 persons pledged to stop smoking during the Great American Smokeout campaign at the hospital.

The Cancer Control Office hopes that staff members will take advantage of this year's program and make a pledge to quit smoking.

Additional information, including a quiz on smoking, will appear in a future HOT LINE.

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## DR. BROWNELL DELIVERS DE HEVESY LECTURE

Dr. Gordon L. Brownell, Director of the Physics Research Laboratory of the Department of Radiology, recently presented the De Hevesy Memorial Lecture at the European Society of Nuclear Medicine meeting held in Innsbruck, Austria. Dr. Brownell spoke on "The State of the Positron Imaging in Nuclear Medicine," an area in which he has been active for several decades.

Dr. Brownell was also recently made a Fellow in the American Nuclear Society.

* HOLIDAY PARTIES *

1979

If the holiday party is held between December 3 and December 28, the Dietary Department can provide the following items Monday through Friday. Other items must be procured outside the hospital.

This form must be left at the Dietary Service Center Counter, Gray Basement, at least 3 days before the function.

This order will be picked up on:

Day of Week: _____ Date: _____

| | QUANTITY | UNIT | ITEM |
|---|---|---|---|
| BEVERAGES | | 1 qt | Egg Nog (1qt = 8 servings) |
| | | 1 qt | Ginger Ale (1 qt = 5 servings) |
| | | Fifth | Chablis (1 fifth = 5 servings) |
| SNACKS | | 1 pkg | Townhouse Crackers (1 pkg serves 25) |
| | | 1 box | Potato Chips (4 lbs serves 20) |
| COOKIES | | 13 oz pkg | Old Fashioned Sugar Cookies (13 oz pkg = 2 dozen cookies) |
| CHEESE | | 1 lb | Wine Cheese (1 lb serves 20) |
| ICE | | 1 bag | Ice Cubes-5 lb bag(5lbs serves 20) |
| PAPER & PLASTIC GOODS (Order by Count) | | each | Paper Napkins |
| | | each | Paper Cups (8 oz styrofoam) |
| | | each | Paper plates (6") |
| | | each | Paper Plates (9") |
| | | each | Plastic Spoons |
| | | each | Plastic Forks |
| | | each | Plastic Knives |
| | | each | Plastic Cups for wine and/or Egg Nog (4 oz) |

NOTE: You must be responsible for picking up your supplies on your own truck between 9:00 AM and 2:00 PM from the Dietary Service Center (Gray Basement).

PUNCH BOWLS, LADLES, PLATTERS, ETC. ARE NOT AVAILABLE.

We will pick up the above at _____ o'clock AM PM

PLEASE PRINT:

REQUESTED FOR: _____ (unit) BY: _____ (person) PHONE: _____

# The MGH Hot Line

Boston, Massachusetts
News Office, Bigelow 12 (2206)

November 8, 1979

*Regina Craffey, RN, CPR Coordinator, demonstrates child carrying-technique*

**Ext. 2245**

## Code Call: A Lifesaver

The man, middle-aged and appearing in good health, had habitually used the Gray and White corridors to go from his home on one side of the hospital to his place of employment on the other.

This practice went on unnoticed for a long period of time until, during one of his morning trips, the man collapsed while passing the Central Nursing Office on White 1.

Prompt action by the secretary in the Nursing Office, who dialed Ext. 2245, initiated a Code Call. A doctor and nurse who were behind the man began cardiopulmonary resuscitation (CPR). Within minutes, a team of medical personnel trained to handle cardiac arrest cases arrived at the scene and stabilized the man's condition before transporting him to the Emergency Ward and eventually the Coronary Care Unit.

"Because of the quick action of the hospital employee who initiated the Code Call, the doctor and nurse who applied CPR immediately, and the Code Call responding team, the man survived and was able to return home," said Regina A. Craffey, RN, CPR Coordinator.

"As was proven in this case and in numerous others involving patients, visitors, and staff members, it is very important for every hospital employee to know the Code Call number, Ext. 2245. The medical team involved in helping to save this man's life could have been ineffective had it be summoned too late, or not at all."

The Code Call system, employing a network of hospital departments and staff members trained to react quickly in the event of a cardiac arrest, was begun at the MGH in 1971. The hospital CPR Committee was charged with the responsibility of developing the Code Call system. The committee continues its responsibilities in the ongoing supervision and evaluation of the total CPR efforts at the MGH.

(continued on page 4)

**MGH Spotlight**

## Bacteriology Lab: 'Person Dependent'

*(EDITOR'S NOTE: The following is the first of two articles on the Chemistry and Bacteriology Laboratories. The second will be devoted entirely to the Chemistry Laboratory.)*

The urine specimen, contained in a sterile test tube, arrived at the Bacteriology Laboratory's Receiving Desk on Gray 4 shortly before 9 on a recent Wednesday morning. It would be one of almost 600 specimens that will arrive for testing that day.

Jay Maggiore "logged in" the specimen by detaching the request form accompanying the test tube and, using a time-clock device, recorded the date and time of arrival. The device also assigned the specimen an identification number which is entered into the lab's central computer. The computer quickly produced a four-by-six inch work card on which all testing and observations will be noted.

The specimen itself is given to a laboratory technologist who is seated nearby. The technologist makes a "plate" of it, which in the case of urine specimens involves smearing a small amount of the urine on both halves of a divided plastic petri dish measuring almost four inches across.

On one side of the dish is a blood-based substance which, according to Nancy Seigal, a laboratory technologist who will conduct the testing, will grow all bacteria present in the specimen. On the other half is MacConkey Agar, a medium enriched with lactose which selects out a certain class of bacteria most often implicated in urinary tract infections, she said.

The plate is then placed in an incubator where it is heated overnight at 37 degrees Centigrade, the optimum temperature for bacteria to grow.

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(continued on page 2)

*Vanessa DiFlumeri, Bacteriology Laboratory technologist, prepares a plate*

*Jean Sargent, 40-year pin recipient, is congratulated by Drs. Sanders, Cheever, and Hackett at Ether Day ceremony*

## 828 Honored On Ether Day

Eight hundred and twenty-eight MGH employees representing nearly 8,000 years of service to the hospital received service pins at Ether Day ceremonies held October 16 in the General Cafeteria. This year is the 133rd anniversary of the first demonstration to the world of the use of anesthesia in surgery.

This year's ceremony also honored the 40th anniversary of the dedication of the George Robert White Building. A video tape of the White Building dedication was shown at the conclusion of the service-pin presentation and was repeated throughout the week in the General Cafeteria.

Ether Day ceremonies, at which the hospital honors staff members who have completed 5, 10, 20, 30, 40, and 50 years of service, have been a tradition since 1903.

Presiding over this year's awards presentation was Dr. Charles A. Sanders, General Director. Dr. F. Sargent Cheever, Chairman of the Board of Trustees, presented the keynote address, "The MGH Looks Ahead." Mrs. R. Morton Claflin and W. Nicholas Thorndike, MGH Trustees, participated in the awarding of the service pins.

Richard C. Daggett, Director of Human Resources, served as Master of Ceremonies. Pins were presented by Dr. Sanders and Dr. Cheever. Dr. Thomas P. Hackett, Chairman of the General Executive Committee, read the names of the 40- and 50-year recipients. Dr. Robert T. McCluskey, Past Chairman of the General Executive Committee, read the names of the 30-year recipients. Reading the names of the 20-year recipients was James H. Staton, Director of Operations, and of the 10-year recipients was Stephen H. Kauffman, Director of Administrative Services. Pins were also awarded to the five-year recipients. Names were not read due to the large number of these persons.

Immediately following the ceremony, a reception was held for recipients and their guests. The Dietary Department provided a selection of hot and cold horsd'oeuvres served by department heads and administrators.

On October 23, employees with 20, 30, 40, and 50 years of service, accompanied by a guest of their choice, were honored at a dinner at the Parker House.

A list of recipients will be included in a future HOT LINE.

*Jean Spargo monitors sensitivity exam*

# Bacteriology

**(continued from page 1)**

"Bacteriology has been and still is a person-dependent science," said Lawrence J. Kunz, Ph.D., Director of the Bacteriology Laboratory. "This is in contrast to some labs which rely more on instruments to produce results.

"In bacteriology, the technologist's judgment will dictate what tests will be applied and how they will be done in order to achieve the result. The technologist therefore is vital not only to the laboratory, but also to the patient-care process as a whole."

Overly simplified, the technologist's job is to analyze material taken from the location in the body where a bacterial infection is considered to be a cause of the patient's problem, Dr. Kunz said.

"This material could vary from something as simple as the pus from a boil to spinal fluid from the base of the brain," he said.

First by observation, and later by using a variety of tests, he said, the technologist isolates and identifies the organism. Other tests will later indicate what drugs can be used in treatment.

"One of the early misconceptions about bacteriology was that bacteria were bad and shouldn't be found in the body," Dr. Kunz said. "Actually, bacteria are normal and should be expected in many instances, and their absence in those cases is abnormal. This is something the technologist must take into account in the identification process."

The Bacteriology Laboratory consists of about 30 persons headed by Dr. Kunz and Mary Jane Benfari, Ph.D., M.P.H., Assistant Director. Most of the staff members are technologists who rotate among the various sections of the lab. These sections include four work areas where the observation and testing is done; the central computer terminal where all work, testing, and observations are recorded; the receiving desk where the whole process begins; and the area where "sensitivity tests" are done to determine possible drug treatments.

"Our job is to inform the doctor of what bacteria are present and in what amounts," said Miss Seigal, who has been with the lab for three years. "This will assist him in diagnosis and treatment of the problem. We consider our job to be a vital part of the patient-care process.:

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On Thursday morning, Miss Seigal removed the plate from the incubator along with the other new specimens she will work on that day. These plates are in addition to those left over from the previous day's work which require additional testing.

She began the identification process by what appeared to be a simple visual examination of the plate. "Actually," she said, "a lot can be determined by just looking at the plate. This is where the technologist's training and experience can help greatly."

The examination found an abundance of shiny gray growths on the blood side with similar yet red-stained organisms on the MacConkey side. These findings were noted on the work card and a yellow preliminary report slip, which is later filed into the computer and becomes available to the attending physician.

Although, based on her experience, she predicted the bacteria would be a relatively common species known as "E. Coli," Miss Seigal prepared two tests which identify the organism and suggest possible drug treatments.

The test which identifies the bacteria is formally known as an Analytical Profile Index exam, more commonly called an "API." It is actually 20 separate tests which are housed in a two-by-ten inch plastic dish that closely resembles a child's paint tray.

A small amount of the bacteria is exposed to each of the 20 tests, and the whole tray is incubated overnight.

The exam to determine possible drug treatments is the "sensitivity test." Another small portion of the bacteria is applied to a nutrient medium contained in a large petri dish. The bacteria are spread evenly throughout the dish by using a centrifuge. Eleven small discs, each soaked with a particular antibiotic which could be used in treatment, are then placed evenly in the dish, which is also incubated overnight.

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On Friday morning, the initial blood/MacConkey plate is given another visual exam to check for additional growth. When nothing new is found, Miss Seigal begins the examination of the previous day's API and sensitivity tests.

In the API exam, several of the individual tests showed a marked color change, which in most cases signifies a positive reaction. The individual tests are grouped in seven sections which, after the positive reactions in each group are tabulated, will produce a seven-digit number. Each of these numbers corresponds to a known bacteria which can be identified by matching the number with the bacteria on a chart. In this instance, the organism was determined to be "E. Coli," her initial prediction.

The sensitivity exam showed all 11 discs to have been surrounded by clear rings in the otherwise brown-colored base. This suggested, Miss Seigal said, that all 11 drugs were sensitive; that is, they inhibited the bacteria and could be used in treatment.

The visual exam is substantiated by placing the plate under a camera which projects onto a video screen. One of the few machines used in the bacterial identification process, the device is able to determine the area of each ring by having an attending technologist draw with a light pen a diagonal across the screen's surface where the ring is displayed.

"Although each drug may produce a zone, it doesn't necessarily mean that it is sensitive," said Jeffrey Stiles, the technologist who ran the computer that day. "Through experimentation, each drug has been found to have a specific area measurement which determines its sensitivity. Anything less than this amount, even though a zone may be present, would mean the drug is not sensitive and cannot be used."

*Nancy Seigal examines day-old plate*

These determining areas have been programmed into the computer and, after the pen is drawn across the existing zone on the video screen, they are compared, and the result produced within seconds. In this instance, all drugs were found to be sensitive. These results then became part of the specimen's permanent record.

"This more or less finishes our work on this specimen," Miss Seigal said. "We have determined the organism and found the drugs to which it is susceptible."

The final results and observations are filed into the central computer where a report is prepared and sent to the attending physician. The original plate is kept for a week in the event other tests are required. The work card is filed in the laboratory's records.

"This particular case was more or less routine for urine specimens," Miss Seigal said. "The causative organism was easily isolated and identified."

For the more difficult cases, the laboratory has a wide variety of procedures, ranging from exposure to more complex drugs to storage in an oxygen-free environment, which can be used in the identification process. The more difficult cases may involve testing for several weeks, Miss Seigal said.

"Given the various types of specimens we receive, there are probably a couple of hundred different tests," she said. "Although we don't perform all of these each day, we must be familiar with them and be aware of when to utilize them."

All of the technologists working in the lab have a bachelor's degree in medical technology or a related field. A lot of them had previous experience in a laboratory environment before coming to the MGH, where they still had to undergo a six-month training program.

Being primarily a person-dependent laboratory, as Dr. Kunz noted, mistakes can be made, Miss Seigal said. "These are rare, and we have various checkpoints in the system to assist in their detection and correction. It is nice to know that the technologist is a vital contributor to the whole patient-care process."

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The MGH HOT LINE is published three times a month by and for the employees of the Massachusetts General Hospital, Boston.

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# Ether Day

1979

## New Traffic Pattern for White Building Entrance

A new traffic pattern for the White Building Entrance Court (see photo at left) is now in effect and will remain during the construction of the new Ambulatory Care Center. The construction is expected to take two years.

The new pattern allows ambulances and other emergency vehicles to make direct deliveries to the Emergency Ward entrance. It also allows handicapped persons to be dropped off directly at the White Building entrance doors.

A rotary has been designated for taxi and private vehicle delivery and pickup.

Patients of the Ambulatory Care Division are now to be delivered to the entrance on Fruit Street.

The new pattern was the result of several weeks of study by the Planning Office in cooperation with Security, Social Service, Nursing, and the Ambulatory Care Division.

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*Miss Craffey show Vincent Giannusa, Blood Transfusion Service, proper technique to restore heart beat*

## CPR

**(continued from page 1)**

In the event of a suspected cardiac arrest, resuscitation procedures should be instituted immediately by the floor team or first responder, who should also see to it that the page operator is contacted at Ext. 2245 and is alerted about the Code Call, she said.

CPR is a lifesaving procedure performed by an individual or group of individuals to provide artificial breathing and circulation of blood for a person whose own lung and heart mechanism have stopped. This could include victims of heart attack, choking, drug reaction or overdose, drowning, suffocation, smoke inhalation, poisoning, or electrocution.

"It is important for employees, especially those in high-risk or isolated areas of the hospital, to know at least the basic techniques of CPR."

High-risk areas are generally defined as emergency-care departments, patient-care areas, and diagnostic and treatment areas. CPR training should also be considered for employees who work with potentially hazardous equipment or material in areas where emergency medical care is not available, Miss Craffey said.

After being notified of the Code Call, the operator then activates five radio call units--two belonging to the regional team and three to the central team.

"A major consideration when phoning in a Code Call is to give the necessary information accurately so that the appropriate medical personnel and equipment can be deployed," Miss Craffey said. "When placing a Code Call, give the building, the floor, the office or department, and any other information that would make it easier to locate the stricken person.

"You are only dealing with a few minutes --four to six before brain damage may occur--so any unintentional delay can be crucial."

The regional team consists of a physician and a nurse in each of the major patient-care buildings. The central team includes an anesthesiologist, a senior medical resident, and a respiratory therapist who answer all Code Calls throughout the hospital. Once alerted, these five individuals proceed to the site of the cardiac arrest with the necessary equipment.

In addition to these teams, the attending physician is also notified, or in the event of a child, the Pediatric Resident on call at the time.

"The ability of such teams to respond to a situation has been remarkable," Miss Craffey said. "We completed a two-year study which found on an average our regional teams respond within two to three minutes and the central team within three to four. Again, brain damage can occur after four to six minutes."

Once arriving at the scene, she said, the ability to save the individual with even basic CPR techniques has been high. Nationally, she said, half of the more than 500,000 persons who die every year from cardiac arrest could have survived had CPR been used.

"In the case of the man discussed earlier, the importance of the CPR administered by the doctor and nurse should not be overlooked," Miss Craffey said. "They were the man's heart and lungs until other means of reviving him came. Without CPR, the man could have died.

"It is because of the recognition that CPR is the single most effective means of first aid in the event of cardiac arrest that the hospital has undertaken various programs to introduce it to employees," she said. "Not only will it serve to strengthen our Code Call system, but it will also be a very valuable resource to the community as a whole."

The Education and Training Office of the Human Resources Division, which includes Miss Craffey's office, offers two programs in lifesaving techniques and another in learning to be an instructor. All programs presented meet the standards and guidelines of the American Heart Association and are taught by certified instructors.

A four-hour Lifesaver course is offered to teach the risk factors and early warning signs of a heart attack and the steps to take when such symptoms are recognized. The program is geared for persons who work in low-risk, or non-patient-care areas or who are interested in an introductory type of course. Participants receive a card upon completion of the course.

The second is Basic Life Support, an eight-hour course spread over two four-hour sessions which deals more in depth with the CPR concepts introduced in the Lifesaver program. Included among the technical training offered in Basic Life Support are one- and two-man CPR rescue techniques, infant and child rescue, and methods to handle an obstructive airway. Persons working in a high-risk or isolated area are encouraged to take this course, although it is open to all employees.

Participants receive a card at the course's end which proves certification at that level. This information is kept by both the MGH CPR Coordinator and the Greater Boston Division of the American Heart Association. A three-hour recertification session is required yearly in order to maintain this status.

The CPR instructors' course is a 12-hour program in which persons are trained to coordinate and teach the Lifesaver and Basic Life Support programs. Participants in the instructors' course must have a current Basic Life Support certification in order to enroll.

"CPR is not difficult to learn," Miss Craffey said. "A person as young as 12 years of age can learn it. The only requirement is that you show an interest."

For further information on the CPR courses or the Code Call system, contact the Education and Training Office at Ext. 2230 or stop by the office on the 13th floor of M.E.E.I.

# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) November 15, 1979

## REV. HORSTMAN TO BE INSTALLED AS DIRECTOR OF PASTORAL SERVICES NOV. 27

The Rev. Robert T. Horstman will be installed as Director of Pastoral Services at a brief interfaith service on Tuesday, November 27, at 3 p.m. in the Chapel. Following the ceremony, all members of the MGH community are invited to a reception in the Penthouse, White 13, where refreshments will be served until 5:30 p.m.

In addition to providing a welcome to Chaplain Horstman, the reception will afford an opportunity for the MGH community to bid farewell to Acting Chaplains Nancy Reed and Scott Glidden, who will be leaving December 1. Chaplains Reed and Glidden wish to say "good-bye" personally to those who have supported and shared in their work during the past two and one-half years. They have been Acting Chaplains since the Rev. Allan W. Reed left the MGH in the summer of 1978 after 17 years of service to become Director of Clinical Education at a group of hospitals in Houston, Texas.

* * * * *

## NOV. 14 "OPERATING ROOM NURSE DAY"

The nearly 90 registered nurses of the MGH Operating Room nursing staff are among such nurses all over the Commonwealth honored by a proclamation by Gov. Edward J. King making November 14 "Operating Room Nurse Day" in Massachusetts.

"The registered nurse in the operating room is a highly skilled expert in providing nursing care and managing the operating room environment," the proclamation read, and "the registered nurse acts as the patient's advocate during surgery."

As part of the hospital's observance of the day, Dr. W. Gerald Austen, Chief of the General Surgical Services, has presented the staff a written commendation.

## GREAT AMERICAN SMOKEOUT TODAY

The Great American Smokeout Smoking Education Program at the MGH will be held today, November 15, from 10 a.m. to 4 p.m.

Tables will be set up in the Gray Lobby, the General Cafeteria, the Clinics Building, and near the Coffee Shop to provide informational material and sign-up sheets for employees smokers' quit groups. In addition, sign-up sheets for pulmonary function tests will be available. These tests will be given November 15 and 16 from 12 to 1 p.m.

As part of the program, a dietitian will be available in the General Cafeteria November 15 from 11:30 a.m. to 1:30 p.m. to answer questions about weight gain after quitting smoking.

The Cancer Control Office, sponsors of the Smoking Education Program, encourage all smokers, especially hospital employees, to stop by the tables and make a concerted effort to quit smoking during the Great American Smokeout. To assist in this effort, the office has included a quiz on page 2. Answers will follow in next week's HOT LINE.

* * * * *

## DR. GURALNICK RENAMED TO NATIONAL POST OVERSEEING RESIDENCY EDUCATION & TRAINING

Dr. Walter C. Guralnick, Chief of the Department of Oral and Maxillofacial Surgery, has been renamed chairman of the American Association of Oral and Maxillofacial Surgeons' Committee on Residency Education and Training.

Dr. Guralnick will oversee the review of the quality of oral and maxillofacial surgery residency programs and the development of criteria for the establishment of acceptable training. The association is the oldest organization of dental specialists in the country.

## SMOKING QUIZ

Questions and answers are based in information from brochures published by the National Cancer Institute and the American Cancer Society.

1.) _____ is the leading single known cause of cancer.
   A. environmental pollution
   B. cigarettes
   C. exposure to radiation
   D. viruses

2.) Recent evidence links smoking while pregnant to:
   A. stillbirths
   B. increased mortality among newborns
   C. low birth weight
   D. all of the above

3.) Death rates of cigarette smokers from coronary heart disease are __ % higher than for nonsmokers?
   A. 20
   B. 50
   C. 30
   D. no difference

4.) When you quit smoking, damage to the lungs from cigarettes:
   A. never completely heals
   B. is repaired starting almost immediately
   C. is repaired after several months
   D. none of the above

5.) In the past 10 years, death rates from lung cancer for female smokers have:
   A. remained the same
   B. increased 5%
   C. doubled
   D. increased by 25%

6.) Facial wrinkles are caused more by:
   A. sun
   B. wind
   C. cigarettes
   D. none of the above

7.) In a poorly ventilated room filled with cigarette smoke, the amount of carbon monoxide in a nonsmoker's blood:
   A. increases slightly
   B. remains the same
   C. decreases
   D. doubles

## RETIREMENTS

The hospital wishes health and happiness to the following members of the MGH family who have retired in the past few months:

Henry Murphy
Administration
31 years

Mary Zamecnik
Huntington Laboratories
20 years

Margaret Finlay
Resources and Development
16 years

Rita Abrams
G.I. Lab
14 years

Agnes Reilly
Building Service
14 years

Odell Chaffold
Dietary
12 years

* * * * *

QUIZ (continued from left column)

8.) After quitting smoking:
   A. one third of ex-smokers gain weight; one third lose weight; and one third remain the same
   B. all ex-smokers gain less than 5 pounds
   C. all ex-smokers gain between 5 and 10 pounds
   D. none of the above

9.) Switching from cigarettes to pipe and cigar smoking:
   A. eliminates the risk of cancer
   B. increases the risk of cancer of the mouth, throat, and stomach
   C. may cause lip cancer
   D. answers B and C

10.) After quitting, nicotine leaves the bloodstream:
   A. within 1 hour
   B. within 72 hours
   C. after 1 week
   D. within 24 hours

# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) November 21, 1979

## MEMORIAL SERVICE FOR DR. JOHN RAKER TODAY

A memorial service for Dr. John William Raker, Chairman of the MGH Tumor Clinic, will be held today, November 21, at 1 p.m. at Harvard Memorial Church. Dr. Raker died suddenly November 15 at his home in Concord. He was 62.

The MGH Tumor Clinic was the first hospital facility of its kind in the country to study certain types of cancer, having been formally established in 1925. A nationally known surgeon, Dr. Raker had been associated with the clinic since 1957 and had been chairman since 1965.

Born in Tyrone, Pa., Dr. Raker received a Bachelor of Science degree in 1937 from Bucknell University and the M.D. in 1941 from Havard Medical School. While a student at Harvard, he served as a Student House Officer in the Huntington Memorial Hospital and later the Vincent Memorial Hospital, both affiliated with the MGH.

He first joined the Surgical House staff at the MGH in 1941, leaving a year later to begin a four-year stint as a Lieutenant Commander in the U.S. Naval Reserve Medical Corps.

Dr. Raker returned to the hospital in 1946 as a Resident in Surgery. He left in January 1948 to begin a year of research in the then Department of Biochemistry at Harvard Medical School. He rejoined the hospital staff in 1949 as Chief Resident of the East Surgical Service, later becoming an Assistant in Surgery before resigning in September 1954 to become Director of the Division of Surgery at Pennsylvania Hospital in Philadelphia.

Dr. Raker came back to the MGH in 1957 as an Assistant Surgeon and Associate Chairman of the Tumor Clinic. He was named Associate Visiting Surgeon in 1961 before becoming a Visiting Surgeon nine years later. He held that position at the time of his death.

(continued on page 2)

## JAMES CANDITO NAMED TO NEHOSTA POST

James P. Candito Assistant Director of Communications, has been elected Program Chairman of the New England Hospital Telecommunications Association (NEHOSTA) for 1979-80. Last year he was the association's Membership Chairman for eastern Massachusetts. NEHOSTA was founded in 1971 by Evelyn Olschewski, Director of Communications at the MGH.

* * * * *

## HARVARD DIRECTORIES NOW AVAILABLE

Harvard University directories are now available in the Communications Office, White 13.

* * * * *

### *HAPPY THANKSGIVING*

Tomorrow, November 22, is Thanksgiving Day. The traditional holiday meal will be served from 10:45 a.m. to 3 p.m., and from 4:15 p.m. to 8 p.m.

The menu will include:

Hot Mulled Cider

Roast Turkey/Cranberry Sauce/
Giblet Gravy.....$1.05
Sage Dressing.....30¢
or
Beefsteak Pie.....$1.05

Mashed Potatoes.....30¢
Candied Sweet Potato.....35¢
Mashed Squash.....35¢
Peas and Onions.....35¢
Relishes

Pumpkin Pie.....35¢
Apple Pie.....35¢
Mince Pie.....35¢

## SMOKING QUIZ ANSWERS

Last week, in conjunction with the Great American Smokeout and the MGH Cancer Control Office, the HOT LINE published a quiz testing how much you know about smoking. Questions and answers are based on information from brochures published by the National Cancer Institute and the American Cancer Society. Here are the answers.

1.) B Cigarette smoking is the leading single known cause of cancer. It has been associated with cancer of the lung, mouth, larynx, esophagus, kidney, and bladder and may be associated with pancreatic cancer.

2.) D Still births, increased mortality among newborns, and low birth weight are all linked to smoking during pregnancy. Lower than normal birth weight is also associated with a child's poor physical and emotional development.

3.) B Death rates of cigarette smokers from coronary heart disease are at least 50 percent higher than for nonsmokers.

4.) B When you quit smoking, damage to the lungs from cigarettes is repaired starting almost immediately.

5.) C In the past 10 years, death rates from lung cancer for female smokers have doubled.

6.) C Facial wrinkles are caused more by cigarettes than by exposure to sun and wind.

7.) D In a poorly ventilated room filled with cigarette smoke, the amount of carbon monoxide in a nonsmoker's blood doubles. Carbon monoxide drives oxygen from red blood cells.

8.) A After quitting smoking, one third of ex-smokers gain weight; one third lose weight; and one third remain the same.

9.) D Switching from cigarettes to pipe and cigar smoking increases the risk of cancer of the mouth, throat, and stomach and may cause lip cancer.

10.) B After you quit, nicotine leaves the bloodstream within 72 hours.

## DR. RAKER (continued from page 1)

In an April 1975 MGH News article commemorating the 50th anniversary of the founding of the Tumor Clinic, Dr. Raker explained the approach taken in making the clinic a pioneer in the field of cancer treatment and a model for hundreds of similar units.

"The clinic's unique feature was the thesis that multiple disciplines should be brought to bear on the planning for and execution of treatment for people with malignant disease," he said. "In general, this has been the established mode of operation here ever since."

In addition to his MGH duties, Dr. Raker was an Associate Clinical Professor of Surgery at Harvard Medical School and a member of several local, national, and international professional organizations.

A noted authority on medical management of civilian disasters, he formerly served as Surgical Consultant to the Advisory Committee on Civil Defense of the National Research Council, National Academy of Sciences. He was involved in the examination of the manner in which various groups responded to the tornado which killed 94 persons in Worcester, Mass., in 1953. He was also involved in developing Boston's emergency disaster relief plans and was the city's primary coordinator from police headquarters in the event of an emergency.

He was also a noted authority in the treatment of pheochromocytoma, a certain type of malignant tumor, and of melanoma, a very malignant form of skin cancer.

He authored or coauthored scores of journal articles concerning the field of the medical study of disasters. He also wrote on a great diversity of subjects within the field of surgical disease.

Dr. Raker is survived by his wife, Elda Jane (Rieder); two sons, Dr. Edmond J. Raker of Arlington, a Surgical Resident at the MGH, and Mr. Christopher W. Raker of San Francisco, an architect; a brother, Dr. Ned T. Raker of Los Angelese, a surgeon; and two grandsons.

# The MGH Hot Line

Boston, Massachusetts
News Office, Bigelow 12 (2206)

December 6, 1979

*Dr. John Knowles*

## Knowles Fellowship Fund Established

A $500,000 student fellowship fund in the name of the late Dr. John H. Knowles, former General Director of the MGH, was established recently at the hospital by the Rockefeller Foundation.

Dr. Knowles was President of the Rockefeller Foundation, one of the country's largest private charitable organizations, up until his death in March. He was 52. Dr. Knowles left the MGH to join the Rockefeller Foundation in 1972 after having been associated with the hospital for 20 years, the last 10 as General Director.

In announcing the grant, Dr. Charles A. Sanders, General Director, said that the fellowships, to be awarded by the Education Division, will be earmarked for students in nursing, social work, and allied health fields. Recipients will be chosen nationally on the basis of merit.

Dr. Sanders said that the Education Division will use income from and, if necessary, principal of the fund primarily to benefit minority-group students, women, and students from developing countries.

The Education Division will award a minimum of five fellowships annually during a five-year period beginning next fall when it will launch degree-granting programs of instruction in various areas of health care.

The division initially will offer courses in dietetics and physical therapy, leading to master's degrees, and will later begin a master's program in nursing. Other courses will commence as arrangements are completed, including speech pathology, leading to a master's; radiologic technology and respiratory therapy, for which a bachelor's degree will be awarded; and social work, for which a graduate certificate will be given.

An eventual enrollment of 350 is expected in the division when all of the programs are fully operational within three or four years.

Assuming duties in September as Provost of the Education Division was Dr. Julian F. Haynes, former Associate Dean at the University of Maine. He said that the many other educational programs offered by the MGH, including the Shepard-Gill School of Practical Nursing, will not be affected by the hospital's new undertaking.

In addition to the student fellowship fund, Dr. Sanders announced a one-million-dollar goal to provide a John Hilton Knowles chair to the division's Provost's position. He said that more than $400,000 has been committed to date.

## A Winner!

*This unusual picture of the Moseley Building taken by Ann Cahill, MGH School of Nursing, won first place in the "color, non-box camera" category of the Moseley Photo Contest. Other winners appear on page 4. So that they could appear in the HOT LINE, black-and-white prints were made from the color photo winners, which may cause some to lose a bit of their aesthetic quality. Profiles of the winning photographers will appear in an upcoming HOT LINE.*

*Bob Clark, Chemistry Lab technician, monitors results from Centrifichem, one of several instruments used in the lab*

MGH Spotlight

## Automation Vital To Chem Lab

"Accuracy is, of course, of prime importance," said Robert Sawicki, supervisor in the Chemistry Laboratory. "Our cardinal rule is never sacrifice accuracy for speed.

"But, given our work load, speed sure helps. That is why automation is so vital to our function."

Located on Gray 4, the Chemistry Laboratory is comprised of almost a dozen small units. In these areas, testing is done to determine the chemical compositions, and changes of those compositions, of more than 1,000 specimens a day. In order to achieve such a daily accomplishment, staff members rely heavily on high-speed technology coupled with a blend of their own personal dexterity.

"We act as a diagnostic tool for the physician," said Herb Henderson, a supervisor who has been with the lab for 15 years. "Basically, we are given a specimen from a patient and asked to conduct various tests to determine in what amounts certain substances appear.

"For example, we receive a blood sample from a diabetic patient and are asked to determine the glucose level. In most people, there is a range which is considered normal. If the sample we test shows a deviation from the norm, that could be a signal that something is

(continued on page 2)

## MGH Research Symposium Today

The MGH Research Symposium IV will be held Thursday, December 6, from 8:30 to 11 a.m. and 1:30 to 5 p.m. in the Shriners Burns Institute Auditorium.

Some 23 presentations will be given representing many aspects of the research being undertaken at the MGH. All are encouraged to attend this event.

On Friday, December 7, the Scientific Advisory Committee will be meeting to discuss the "Future of the Neurosciences at the MGH." From 9 a.m. to 12 p.m., 12 specific presentations from the Neurology, Neurosurgery, and Psychiatry Services will be made to the committee in the Ether Dome. From 1:30 to 5 p.m., discussions on the proposals and plans will be held in the Medical Staff Room, Bigelow 7. Interested individuals in all services, departments, and disciplines are invited to attend both committee sessions.

# Chem Lab

(continued from page 1)

wrong. But we only alert the physician, or whoever requested the test, of the glucose level in that sample. We do not say 'the reason for the problem is that the glucose level is too high.' We report what the glucose level is, and the medical personnel diagnose the problem using that information.

"Our information plays a large part in the diagnostic process."

The testing for glucose is only one of about a hundred different types of tests the lab is capable of performing, Mr. Sawicki said.

"On an average, about five separate tests are requested for each of the 1,000 to 1,200 specimens we receive a day," he said. "So on any given weekday, we do between 5,000 to 5,200 individual tests. To do each manually would be impossible. Automation is a necessity."

A case in point, said Lapman Chan, a lab supervisor, is that "30 years ago, it would have taken a technician a couple of hours to perform a single potassium test. Today, we can do 7 separate types of tests on 70 individual specimens in an hour. And sometimes that is not fast enough."

To handle the busy weekday work load, the lab is staffed by 39 technicians, including supervisory personnel. Technicians set up and monitor the instruments as well as perform the unique or "special chemistry" tests. Eight clinical lab assistants, who prepare specimens for testing, are also on duty at that time. Smaller crews staff the lab on weekends and at night, when only emergency work is done.

"As you can see," said Mr. Sawicki, "we are a 24-hour-a-day, seven-day-a-week operation. We never close."

- - -

It is shortly after 9 a.m. on the Tuesday following a long Veterans Day weekend as Cheryl Visconti, clinical lab assistant, begins processing the first batch of specimens that arrive for testing. Each is contained in a test tube.

"Close to 90 percent of the specimens we receive here are blood samples," she said, "We do get a lot of urine and spinal fluid specimens and an occasional stool or some other type of sample."

The testing process begins here at the Receiving Desk where the specimen's time of arrival is noted on an accompanying request slip and where it is assigned a four-digit identification number. This number is recorded automatically in the lab's central computer and written prominently on the test tube which holds the specimen.

The request slip, containing information about the patient, the forwarding location, the physician's name, and what tests are required, is given to another lab assistant who enters this data in the computer. A "spin sheet" is then produced which gives the identification number, patient's name, and tests to be performed. This sheet will be used by still another lab assistant in the preparation of the specimen for testing.

Meantime, the specimen itself is placed in a centrifuge, where it is spun at 2,500 revolutions-per-minute for five to 10 minutes.

Donna Bell, clinical lab assistant, said that in the case of a blood sample the spinning separates the serum, or fluid portion, from the clots, or solid material. "The longer the sample is spun, the more pronounced and distinct the separation," she said. "The clots fall to the bottom of the test tube and will eventually be thrown away. The serum rises to the top and will be used for testing."

After the spinning process is complete, the lab assistant consults the "spin sheet" to determine how many different types of tests are to be done. A separate test tube, each containing a small amount of the specimen's serum, is prepared for each test and placed in the appropriate rack. Different tests are done in different sections of the lab, and a technician assigned to each area will later pick up the specimens earmarked for that section.

"In all, it would take 20 to 30 minutes to process, spin, and prepare the specimen for testing," Mr. Sawicki said. "But in an emergency, the preparation can be quickened, usually by assigning a lab assistant specifically to those requests and cutting down the amount of time in the centrifuge.

"In a SUPER STAT, or life-threatening situation, all else is dropped, and immediate attention is given to that request."

"Although we process a very large volume of samples each day, we are aware of the significance and of the importance of the test results in the case of each patient," said Eliot Jekowsky, Ph.D., Assistant

*Beth Rubin performs test manually*

Director of the Chemistry Laboratory. "We are always concerned that our work is accurate and reliable in order to provide the best care for the patient."

- - -

"About 70 percent of the entire Chemistry Lab's work load is done in these two rooms," said Mr. Chan, his sweeping arm indicating one of the two rooms comprising the "electrolyte analyzer" section of the lab. "It is here where we perform the more frequently requested tests and where we depend most on automation."

This particular section, as its name suggests, determines the levels of "electrolytes," materials which are capable of conducting electricity. These substances include sodium, potassium, chloride, and

*Donna Bell prepares specimen for testing*

carbon dioxide. In addition, analysis of calcium, glucose, uric acid, acid and alkaline phosphatase, as well as urea and creatinine, are performed. Results from tests on these subtances would be needed in the diagnosis and treatment of such illnesses as diabetes and of such surgical procedures as kidney transplants.

"Because of the high volume, and the frequent emergency request, this section is and has to be almost completely automated," Mr. Chan said.

One of the newer instruments in the section is the "Centrifichem," a device capable of conducting a single test on 29 separate specimens in slightly more than a minute.

"All a technician has to do with this instrument is set it up and monitor the results," said Bob Clark, lab technician.

The setting up of the machine requires placing a portion of each specimen in small individual cups housed in a wheel-like unit. The unit is placed on a machine which mechanically puts the specimen, a reagent used in the test, and water in the Centrifichem, which spins the specimen at 960 revolutions-per-minute for 80 seconds while being heated at 30 degrees centigrade.

With a light beam, the Centrifichem is able to measure the contents of the particular substance being tested for in each of the 29 specimens, Mr. Clark said. The instrument then produces the results on a tape which the technician monitors for accuracy. These results are entered into the computer by the push of a button.

Similar instruments capable of producing quick and accurate results, although somewhat older and bulkier, are found throughout this section. In all, Mr. Sawicki said, the Chemistry Lab utilizes between 15 and 20 instruments in the various testing phases.

- - -

"This has been traditionally called the 'odd-jobs' room," said Ela Dhanak, a supervisor, pointing towards a room almost void of the products of modern technology found elsewhere in the lab. "But it actually is our 'special chemistry' section.

"Only about five percent of the lab's work load is carried out here, but this section is capable of performing almost half of the tests the lab can do. Unlike the other sections, each test completed here must be handled manually, which is more time-consuming."

To illustrate, said Ken Giannino, lab technician, a single isc-enzyme test, critical to the diagnosis of heart disease and other disorders, could take about an hour to perform.

"We usually test several specimens simultaneously, which takes only slightly longer than performing a test on only one specimen," he said. "But to do just one would take about an hour."

Other tests performed in this section include the determination of ammonia levels, which would be important in the diagnosis and treatment of kidney ailments, and of fibrogen levels, crucial to blood clotting.

"We don't receive enough requests for each particular test to warrant automation of this section," said Miss Dhanak. "Besides, the human input can be a refreshing change."

- - -

Although the laboratory is divided into different sections, all technicians are assigned rotationally and seldom spend more than two weeks in any one area, Mr. Sawicki said.

"The almost never-ending flow of specimens, the pressure to produce accurate results quickly, and emergency situations make this a difficult job."

In addition, the clinical lab assistants frequently move from one phase of their job to another, usually handling each aspect at least once a day. An ability to learn quickly, operate efficiently in a hectic environment, and work well with others are all requirements of this position, Mr. Sawicki said. A knowledge of chemistry or medical technology, while not required, would be a plus for the lab assistant, he said.

A laboratory technician must have a bachelor's degree in chemistry, biology, or medical technology, he said. Even with experience, a training period of between eight months to a year is required so that the technician can become familiar with all tests.

"In addition to knowing the test procedure, the technician must know the chemistry and the theory behind it," Mr. Sawicki said. "Automation is great, and it would be impossible to perform 5,000 tests a day without it. Technicians are needed to operate and monitor the equipment, and technicians are needed to be there if something goes wrong.

"Automation, as great as it is, can only be as useful as the people behind it."

# Ether Day Service Pin Recipients

## FOR FIFTY YEARS

Charles L. Short, M.D.
Judson A. Smith, M.D.
Benjamin Tenney, Jr., M.D.
James H. Townsend, M.D.

## FOR FORTY YEARS

Eleanor F. Dempsey
Daniel S. Ellis, M.D.
John E. Gordon, M.D.
Samuel B. Kirkwood, M.D.
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The MGH HOT LINE is published three times a month by and for the employees of the Massachusetts General Hospital, Boston.

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# Moseley Photo Contest Winners

*ANNA MARIA TAMBURENO, Central Nursing, First Place, Black-and-White, Non-box*

*STEPHEN DRETLER, Urology, Second Place, Color, Non-box*

*PAUL VAN OCKEN, Radiation Medicine, Third Place, Color, Non-box*

*DON CRASCO, Purchasing, Second Place, Black-and-White, Non-box*

*WALTER MICHALIK, Private Accounts, First Place, Color, Box*

*DEMETREOS LAMBRENOS, JR., Electrical Shop, First Place, Black-and-White, Box*

# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) December 13, 1979

## DR. TRUMAN, MISS FOLEY TO APPEAR ON "DONAHUE" SHOW DECEMBER 21

Dr. John T. Truman, Chief of Pediatric Hematology, and Genevieve Foley, RN, Pediatric Nurse Clinician, are guests on the "Donahue" program scheduled to be aired locally December 21 at 10:30 a.m. on WCVB-TV (Channel 5) in Boston.

Appearing with Dr. Truman, Miss Foley, and host Phil Donahue are Mr. and Mrs. David Terry of Scituate, Mass., and their son, David Jr., age 9, and Mr. and Mrs. Peter Hahn of Pelham, N.H., and their daughter, Denise, age 8. Both children have overcome childhood

(continued on page 2)

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## CHRISTMAS BAND INVITES PLAYERS

The MGH Christmas Band will once again be leading caroling in the White Building Lobby. Caroling will be held on Thursday, December 20, from 12 to 1 p.m.; Friday, December 21, from 1 to 2 p.m.; and Monday, December 24, from 12 to 1 p.m.

Accomplished instrumentalists are invited to join the band for any or all of the three hours. Interested persons are asked to contact Mary Quay, Department of Pastoral Services, Ext. 2220.

* * * * *

## SPEECH LANGUAGE PATHOLOGY CHRISTMAS PARTY TODAY

The Speech Language Pathology's annual Christmas Party will be held Thursday, December 13, from 11 a.m. to 1 p.m., in the Penthouse, White 13.

## SCHEDULE OF CHRISTMAS EVENTS

The following is a list of activities scheduled to take place in the MGH during the holiday season:

Thursday, December 13

MGH Student Nurses Concert for patients, families, and friends, 6:30 to 7:30 p.m., Warren Lobby

MGH Student Nurses carol singing on units, 7:30 p.m.

Friday, December 14

Winsor School Glee Club, Christmas carols on units, 2:30 p.m.

Tuesday, December 18

Beaver Country Day School Glee Club, Christmas carols on units, 3:30 p.m.

Wednesday, December 19

Needham Handbell Ringers, 3 p.m., MGH Chapel

Thursday, December 20

Carol singing, 12 to 1 p.m., White Building Lobby

Friday, December 21

Carol singing, 1 to 2 p.m., White Building Lobby

Christmas Party, 3 p.m., Burnham 5

Monday, December 24

Carol singing, 12 to 1 p.m., White Building Lobby

## DR. TRUMAN (continued from page 1)

leukemia and remain free of the disease several years after their three-year MGH drug treatment (chemotherapy) program was completed.

In the taped program, the Terrys and Hahns strongly supported chemotherapy. David Terry Jr. now plays soccer on his school team.

This program comes in the wake of the latest of three appearances by Gerald and Diana Green on the Donahue show, seen locally on Channel 5 the week of November 26. On that show, the Greens reiterated their support of laetrile in the treatment of leukemia. Their son, Chad, age 3, a former patient of Dr. Truman, died October 12 in Tijuana, Mexico, where his parents had taken him for treatment of childhood leukemia (see HOT LINE, October 25, 1979).

According to the head of the laetrile clinic in Tijuana, Dr. Ernesto Contreras, the Greens had gone against his advice and had taken Chad off chemotherapy a couple of months before the child died.

The Greens told their version of Chad's story in all three Donahue program appearances in which no one represented the MGH.

The thrust of the December 21 program is the difficulty in understanding the Greens' actions since Chad was doing so well on chemotherapy and had a minimum of side effects.

In a related development, Dr. G. Timothy Johnson of the Medical Service appeared with Mr. and Mrs. Ronald Andrews of Pittsfield, Mass., and their 11-year-old son, Kim, on ABC-TV's "Good Morning America" program December 5. Dr. Johnson, medical consultant for the show, was first interviewed by host David Hartman in regard to present treatment for childhood leukemia, and later joined Mr. Hartman during a discussion with the Andrews. Kim, a patient of Dr. Truman, has been cured of childhood leukemia and has been off chemotherapy for about five years. The Andrews' appearance came a week after the Greens were interviewed by Mr. Hartman on the show. The Andrews said Kim's chemotherapy involved little pain.

## MOSELEY PHOTO CONTEST WINNERS ON DISPLAY DECEMBER 15

The winning entries in the Moseley Building Photo Contest will be on exhibit in the display cases opposite the General Store, Gray 1, beginning December 15. The photos will be on display for two weeks.

* * * * *

## "FOOD FOR THOUGHT" DEBUTS THIS MONTH

A new monthly newsletter designed to update MGH staff members about various policies and procedures used throughout the hospital will make its debut this month.

"Food for Thought" will be published by the Patient and Personnel Welfare Committee. It will be distributed to patient care areas via Clinical Administration and the Nursing Department.

The Patient and Personnel Welfare Committee was established in 1970 as a standing committee of the Nursing Executive Committee. Its purpose has always been to design and evaluate means of providing the best patient care possible, said Helen Kukuk, RN, Committee Chairwoman. Since its inception, the panel has expanded to include representatives from several non-nursing areas of the hospital. Approximately 20 persons now sit on the committee.

"Food for Thought," conceived by Jim Correale, Clinical Administration, is designed as an avenue to disseminate information that staff members may need to be reminded of or updated on, Miss Kukuk said. The question-and-answer format used in the maiden publication will be maintained, she said.

Persons or departments wanting copies of the publication should call Ext. 3147.

# The MGH Hot Line

BOSTON, MASSACHUSETTS

News Office, Bigelow 12 (2206) December 20, 1979


## *A CHRISTMAS MESSAGE*

*To all of you--patients, employees, volunteers, and your families--at this season of the year when the air is filled with joy and the spirit of giving, and sharing, my warmest wishes for the very best holiday season you have ever had, and, for the year ahead, fulfillment in all your wishes and plans.*

*Charles A. Sanders, M.D.*
*General Director*

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## CHRISTMAS DINNER ON THE HOUSE

Dr. Charles A. Sanders, General Director, invites all personnel who are scheduled "on duty" December 25 to be the hospital's guests at Christmas Dinner.

Meals will be served in the General Cafeteria between 10:45 a.m. and 3 p.m. and from 4:15 to 8 p.m. On that day only the cafeteria will be open for breakfast service at 7 a.m. and will close at 10 a.m. to allow for the set up of Christmas dinner. The "night supper," served at regular hours of 9:30 to 11:30 p.m., will be a light snack-type meal.

The Christmas Dinner menu will include:

Holiday Punch

Roast Turkey - Giblet Gravy
Sage Dressing
Mashed Potatoes
Cranberry Sauce

OR

Beefsteak Pie

Candied Sweet Potatoes
Green Peas & Mushrooms
Mashed Winter Squash
Assorted Relishes
Plum Pudding/Hard Sauce
Beverages

## DR. TRUMAN, MISS FOLEY TO APPEAR ON "DONAHUE" SHOW TOMORROW

Dr. John T. Truman, Chief of Pediatric Hematology, and Genevieve V. Foley, RN, Pediatric Nurse Clinician, are guests on the "Donahue" program scheduled to be aired locally tomorrow, December 21, at 10:30 a.m. on WCVB-TV (Channel 5) in Boston. Appearing with Dr. Truman, Miss Foley, and host Phil Donahue are the families of two of the many children who have overcome childhood leukemia and remain free of the disease several years after their three-year MGH drug treatment (chemotherapy) program was completed. See the December 13, 1979, HOT LINE for additional information.

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## BLOOD DONATIONS NEEDED FOR HOLIDAYS

The holiday season is traditionally one of the slower times for blood donations, but the need for blood is as great, and often greater, as for any other time of year.

To keep up with the demand and to replenish what may become an exhausted supply, the Blood Transfusion Service is asking for donations from employees. Located next to the Gray Lobby, the service is open Monday through Thursday from 8:30 a.m. to 7:30 p.m.; on Friday from 8:30 a.m. to 4:30 p.m.; and on Saturday from 8:30 a.m. to 4 p.m.

Donations will be particularly welcome on Saturday, December 22, and Monday, December 24, as well as on December 29 and 31.

The Blood Transfusion Service wishes a happy holiday season to all members of the MGH community and reminds them that no gift will be more appreciated by our patients than a gift of blood.

## GREAT AMERICAN SMOKEOUT A SUCCESS, NEW SMOKERS' QUIT GROUP IN JANUARY

The Great American Smokeout education program on smoking held last month at the MGH was declared a success by the Cancer Control Office, sponsors of the event.

As a result of the day's activities, 40 hospital employees signed up for smokers' quit groups, 150 persons pledged to quit smoking, and approximately 4,500 informational brochures were distributed. In all, the sponsors said, the program reached between 2,000 and 3,000 persons at the MGH.

The Cancer Control Office would like to thank all those involved in making the Great American Smokeout a success. The office wishes to especially thank the volunteers who staffed the information tables.

In a related note, the office is planning to begin a smokers' quit group for MGH employees in January. The program will meet for two one-hour sessions a week for three weeks.

For further information, please contact Christine Minet or Donna Deflumere in the Cancer Control Office, Ext. 5130.

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## WEIGHT CONTROL GROUPS BEGIN IN JANUARY

The Nutrition Clinic will sponsor two 12-week weight control groups beginning in January. The first group will commence Thursday, January 10, at 9 a.m. The second will begin Tuesday, January 29, at 5 p.m.

The weight control program will consist of behavior modification, diet, and exercise.

To enroll, persons must be referred by an MGH physician or the Staff Clinic. They must also come for an individual diet counseling session prior to beginning the program.

To arrange an interview, or for more information, call Mary Spencer, Ext. 2779.

## PERSONAL CALLS DISCOURAGED DURING HOLIDAYS

The Communications Department reminds MGH employees that it discourages the placing of personal long-distance calls through hospital operators. Because of minimal staffing during the holidays, the department makes a special request that persons wanting to make long-distance calls use the pay phones and dial direct. This saves time for both the caller and the hospital operator and does not cost any more money.

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## ROBERT BURROUGHS RENAMED VICE-PRESIDENT OF LOCAL UNITED CEREBRAL PALSY ASSOCIATION

Robert H. Burroughs of Dispatch was recently renamed Vice-President of the United Cerebral Palsy Association of the metropolitan Boston area. A member of the organization for six years, Mr. Burroughs has been particularly active in regard to the problem of housing for the disabled and with the association's finance committee. He has also been involved in various televised United Cerebral Palsy appeals. In addition, he has spoken at several Boston area colleges and universities about the problems faced by disab persons.

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## EARNED INCOME CREDIT ADVANCE PAYMENT

Any MGH employee who wishes to take advantage of the Earned Income Credit Payment on federal taxes must sign a new 1980 Form W-5. These forms are available in Weekly Payroll, Bulfinch 2.

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